

## MSO 2008 Local Records

(updated OCTOBER 2008)

\*All Swimming records were newly set in 2000 because distance is in yards

EVENT	SEX	AGE	RECORD	RECORD HOLDER	CITY	YEAR SET
<b>Archery</b>						
Compound Finger	F	50	<b>720</b>	<b>BLAKEY-TAYLOR, LYNN</b>	<b>NORTH BRANCH, MI</b>	<b>2008</b>
Compound Finger	F	55	696	WISSER, SHRERRI	BRIGHTON, MI	2004
Compound Finger	F	60	650	WISSER, SHRERRI	BRIGHTON, MI	2006
Compound Finger	F	65				
Compound Finger	F	70				
Compound Finger	F	75				
Compound Finger	F	80				
Compound Finger	F	85				
Compound Finger	F	90				
Compound Finger	M	50	695	KERSJES, ROBERT	CORUNNA, MI	2000
Compound Finger	M	55	796	TAYLOR, DENNIS	NORTH BRANCH, MI	2003
Compound Finger	M	60	<b>790</b>	<b>TAYLOR, DENNIS</b>	<b>NORTH BRANCH, MI</b>	<b>2008</b>
Compound Finger	M	65	742	KELLY, THOMAS	FRANKENMUTH, MI	2003
Compound Finger	M	70	758	KELLY, THOMAS	FRANKENMUTH, MI	2007
Compound Finger	M	75	529	TEMPLE, AL	LIVONIA, MI	2005
Compound Finger	M	80				
Compound Finger	M	85				
Compound Finger	M	90	604	HOBACK, SILAS	DEARBORN, MI	2000
Compound Release	F	50	846	COLLINS, JANET	WESTLAND, MI	2004
Compound Release	F	55	839	PHELPS, LYNNE R	BRIGHTON, MI	2007
Compound Release	F	60	754	FRANK, JANET	LIVONIA, MI	1999
Compound Release	F	65	798	THOMAS, DOLORES	ATLANTA, MI	1996
Compound Release	F	70				
Compound Release	F	75	238	WEYHING, JUNE B	WATERFORD, MI	2007
Compound Release	F	80				
Compound Release	F	85				
Compound Release	F	90				
Compound Release	M	50	873	GOODRICH, MIKE	PORTAGE, MI	2005
Compound Release	M	55	884	CAMPBELL, GLENN	LINCOLN PARK, MI	2003
Compound Release	M	60	872	SANDERS, GARY	PAW PAW, MI	2003
Compound Release	M	65	847	LOVASZ, GENE	LIVONIA, MI	2003
Compound Release	M	70	851	BUSCH, JACK	YPSILANTI, MI	2006
Compound Release	M	75	770	SINGLE, CHARLES	ANN ARBOR, MI	2004
Compound Release	M	80	706	SINGLE, CHARLES	ANN ARBOR, MI	2006
Compound Release	M	85				
Compound Release	M	90	589	HOBACK, SILAS	DEARBORN, MI	2003
Recurve	F	50	494	HELLER, JANICE	WARREN, MI	2004
Recurve	F	55	556	SERRA, PAULA	WATERFORD, MI	2006
Recurve	F	60	<b>512</b>	<b>SERRA, PAULA</b>	<b>WATERFORD, MI</b>	<b>2008</b>
Recurve	F	65				
Recurve	F	70				
Recurve	F	75				

Recurve	F	80				
Recurve	F	85				
Recurve	F	90				
Recurve	M	50	838	BOOTH, THOMAS	BRIGHTON, MI	2005
Recurve	M	55	<b>806</b>	<b>BOOTH, THOMAS</b>	<b>BRIGHTON, MI</b>	<b>2008</b>
Recurve	M	60	760	WISSER, MICHAEL	BRIGHTON, MI	2006
Recurve	M	65	819	ROBINSON, STEVE	BUCYRUS, MI	2006
Recurve	M	70	771	RIDER, ROY	JACKSON, MI	2003
Recurve	M	75	<b>650</b>	<b>RIDER, ROY</b>	<b>JACKSON, MI</b>	<b>2008</b>
Recurve	M	80	577	WICKMAN, EARL	ALMA, MI	2003
Recurve	M	85				
Recurve	M	90				
Barebow Recurve	F	50				
Barebow Recurve	F	55				
Barebow Recurve	F	60	515	VASKO, WANDA	RIVERDALE, MI	2004
Barebow Recurve	F	65				
Barebow Recurve	F	70				
Barebow Recurve	F	75				
Barebow Recurve	F	80				
Barebow Recurve	F	85				
Barebow Recurve	F	90				
Barebow Recurve	M	50	750	POWELL, JAMES	GRAND LEDGE, MI	2004
Barebow Recurve	M	55	701	POWELL, BILL	ROSE CITY, MI	2006
Barebow Recurve	M	60	<b>704</b>	<b>POWELL, WILFRED</b>	<b>ROSE CITY, MI</b>	<b>2008</b>
Barebow Recurve	M	65				
Barebow Recurve	M	70				
Barebow Recurve	M	75				
Barebow Recurve	M	80				
Barebow Recurve	M	85				
Barebow Recurve	M	90				
<b>Bowling</b>						
Doubles	F	50	974	SPENCER, PRISCILLA	FLINT, MI	1999
Doubles	F	50	974	FRIEND, PAT	FLINT, MI	1999
Doubles	F	55	1060	COBB, TORY	KALAMAZOO, MI	1994
Doubles	F	55	1060	THORNTON, RUTH	KALAMAZOO, MI	1994
Doubles	F	60	1044	COBB, TORY	KALAMAZOO, MI	1996
Doubles	F	60	1044	THORNTON, RUTH	KALAMAZOO, MI	1996
Doubles	F	65	1022	REVOLDT, LEONA	CLARKSTON, MI	1991
Doubles	F	65	1022			1991
Doubles	F	70	1001	GLUSAC, EDITH	DETROIT, MI	1996
Doubles	F	70	1001	KALTZ, LORRIE	DECKERVILLE, MI	1996
Doubles	F	75	917	LEVERETT, RACHEL	LANSING, MI	2000
Doubles	F	75	917	WILKINSON, MARY	LANSING, MI	2000
Doubles	F	80	960	HIGGINBOTHAM, LUPHILIA	INKSTER, MI	1996
Doubles	F	80	960	MCNEIL, PECIE	DETROIT, MI	1996
Doubles	F	85				
Doubles	F	85				
Doubles	F	90	697	KIRKEGAARD, ESTHER	PORT HURON, MI	1996

Doubles	F	90	697	SIMMONS, DOROTHY	MARYSVILLE, MI	1996
Doubles	M	50	1340	LAREGINA, JOSE	MIDLAND, MI	2001
Doubles	M	50	1340	REBANT, JAMES	MIDLAND, MI	2001
Doubles	M	55	1355	FRIEDMAN, MORT	WEST BLOOMFIELD, MI	1996
Doubles	M	55	1355	HOROWITZ, PHILIP	WEST BLOOMFIELD, MI	1996
Doubles	M	60	1297	FREIDMAN, MORT	WEST BLOOMFIELD, MI	2002
Doubles	M	60	1297	HOROWITZ, PHILIP	WEST BLOOMFIELD, MI	2002
Doubles	M	65	1291	SWORDS, DOUGLAS	OXFORD, MI	2000
Doubles	M	65	1291	FUNKE, WILLIAM	LIVONIA, MI	2000
Doubles	M	70	1337	LAUGHLAND, WILLIAM	WINDSOR ONTARIO	2002
Doubles	M	70	1337	MCNABB, LLOYD	WARREN, MI	2002
Doubles	M	75	1275	BELL, ROBERT	WARREN, MI	2001
Doubles	M	75	1275	FOSTER, JOE	PONTIAC, MI	2001
Doubles	M	80	833	LESNEK, JOSEPH	WALLED LAKE, MI	2002
Doubles	M	80	833	RUSSELL, NILE	WALLED LAKE, MI	2002
Doubles	M	85	970	BOESENHOFER, JOHN	TOLEDO, OH	1996
Doubles	M	85	970	BROWN, RUSSELL	TOLEDO, OH	1996
Doubles	M	90				
Doubles	M	90				
Mixed Doubles		50	1049	CARD, JAN	LINWOOD, MI	2001
Mixed Doubles		50	1049	CARD, DONALD	LINWOOD, MI	2001
Mixed Doubles		55	1090	TEASLEY, GAINELL	PONTIAC, MI	2002
Mixed Doubles		55	1090	BRADLEY, OTIS	PONTIAC, MI	2002
Mixed Doubles		60	1317	MOHACSI, MARY	LIVONIA, MI	1996
Mixed Doubles		60	1317	FUNKE, WILLIAM	LIVONIA, MI	1996
Mixed Doubles		65	1203	MOHACSI, MARY	LIVONIA, MI	2000
Mixed Doubles		65	1203	FUNKE, WILLIAM	LIVONIA, MI	2000
Mixed Doubles		70	1112	CONVERSE, MARION	TROY, MI	1996
Mixed Doubles		70	1112	CONVERSE, JACK	TROY, MI	1996
Mixed Doubles		75	1056	CARR, ALICE	REDFORD, MI	1999
Mixed Doubles		75	1056	CARR, LEONARD	REDFORD, MI	1999
Mixed Doubles		80	972	HUBENTHAL, MYRTLE	GRAND RAPIDS, MI	1999
Mixed Doubles		80	972	HUBENTHAL, EARL	GRAND RAPIDS, MI	1999
Mixed Doubles		85	797	HUBENTHAL, EARL	GRAND RAPIDS, MI	2003
Mixed Doubles		85	797	HUBENTHAL, MYRTLE	GRAND RAPIDS, MI	2003
Mixed Doubles		90				
Mixed Doubles		90				
Singles	F	50	527	SHELTON, CAROLYN	LATHRUP VILLAGE, MI	1996
Singles	F	55	575	THORNTON, RUTH	KALAMAZOO, MI	1996
Singles	F	60	640	MOHACSI, MARY	LIVONIA, MI	1996
Singles	F	65	593	VIEIRA, MARIE	CLARKSTON, MI	2002
Singles	F	70	524	ALLEN, MARY	WAYNE, MI	1991
Singles	F	75	521	OGG, ANNABELLE	WATERFORD, MI	1996
Singles	F	80	505	HIGGINBOTHAM, LUPHILIA	LANSING, MI	1999
Singles	F	85	421	SIMMONS, DOROTHY	MARYSVILLE, MI	1996
Singles	F	90	391	CROUCH, PAT	HOWELL, MI	1999
Singles	M	50	<b>715</b>	<b>EATMON, DAVID</b>	<b>FERNDALE, MI</b>	<b>2008</b>
Singles	M	55	708	REBANT, JAMES	MIDLAND, MI	2001

Singles	M	60	733	HOROWITZ, PHILIP	WEST BLOOMFIELD, MI	2002
Singles	M	65	711	WELLS, GENE	OSSES, MI	2002
Singles	M	70	756	LAUGHLAND, WILLIAM	WINDSOR ONTARIO	2002
Singles	M	75	<b>691</b>	<b>LEAVY, EDWARD</b>	<b>ROSEVILLE, MI</b>	<b>2008</b>
Singles	M	80	597	GRANT, EDMUND	ROCHESTER HILLS, MI	2007
Singles	M	85	583	HUBENTHAL, EARL	GRAND RAPIDS, MI	2002
Singles	M	90	<b>549</b>	<b>LOKERS, RAYMOND</b>	<b>HAMILTON, MI</b>	<b>2008</b>
Cycling						
5K Time Trial	F	50	<b>8:18.88</b>	<b>CAVENDER, DEBRA</b>	<b>TROY, MI</b>	<b>2008</b>
5K Time Trial	F	55	<b>8:15.62</b>	<b>ANDREWS, LEE</b>	<b>AURORA, ON</b>	<b>2008</b>
5K Time Trial	F	60	9:09.27	ACTON, PEGGY	BEAR LAKE, MI	1996
5K Time Trial	F	65	8:25.00	DOUD, LORIS	BATTLE CREEK, MI	1991
5K Time Trial	F	70	10:26.95	SANDERSON, JANET	QUINCY, MI	2006
5K Time Trial	F	75	11:08.00	BRENNAN, JANICE	FARMINGTON HILLS, MI	2004
5K Time Trial	F	80	<b>11:56.76</b>	<b>BRENNAN, JANICE</b>	<b>FARMINGTON HILLS, MI</b>	<b>2008</b>
5K Time Trial	F	85				
5K Time Trial	F	90				
5K Time Trial	M	50	7:01.00	BAUMAN, MICHAEL	HILLSDALE, MI	2000
5K Time Trial	M	55	7:27.00	HUYGHE, ANTOON	DETROIT, MI	1991
5K Time Trial	M	60	6:52.00	WEBB, TEDD	ONTARIO, CANADA	1993
5K Time Trial	M	65	7:23.00	HOGARTH, EDWARD	PORT PERRY ONTARIO	2000
5K Time Trial	M	70	7:38.00	HOGARTH, EDWARD	PORT PERRY ONTARIO	2002
5K Time Trial	M	75	8:27.00	GEORGAS, JAMES	COLLINGWOOD, ON	2004
5K Time Trial	M	80	<b>9:07.53</b>	<b>GEORGAS, JAMES</b>	<b>COLLINGWOOD, ON</b>	<b>2008</b>
5K Time Trial	M	85	10:07.00	MCGRATH, BRIAN	ONTARIO, CANADA	1999
5K Time Trial	M	90	27:18.00	BUTTERS, EDWIN	COLDWATER, MI	2003
5K Time Trial	M	95	29:39.00	BUTTERS, EDWIN	COLDWATER, MI	2004
10K Time Trial	F	50	16:25.51	RHEA, FONDA	PORTAGE, MI	1996
10K Time Trial	F	55	<b>16:56.65</b>	<b>ANDREWS, LEE</b>	<b>AURORA, ON</b>	<b>2008</b>
10K Time Trial	F	60	18:20.01	ACTON, PEGGY	BEAR LAKE, MI	1996
10K Time Trial	F	65	17:06.00	STRALEY, SUE	FLUSHING, MI	2001
10K Time Trial	F	70	19:48.00	BRENNAN, JANICE	FARMINGTON HILLS, MI	2001
10K Time Trial	F	75	23:28.00	BRENNAN, JANICE	FARMINGTON HILLS, MI	2004
10K Time Trial	F	80	26:53.91	QUIGLEY, PEG	NOVI, MI	2007
10K Time Trial	F	85				
10K Time Trial	F	90				
10K Time Trial	M	50	14:12.43	GILBOE, WILLIAM	OAKLAND, MI	2007
10K Time Trial	M	55	14:14.00	GREGG, ROBERT	ESCANABA, MI	2001
10K Time Trial	M	60	14:38.01	PENNINGTON, GORDON	ONTARIO, CANADA	1996
10K Time Trial	M	65	14:06.00	SHULL, SAMUEL	MIDLAND, MI	2001
10K Time Trial	M	70	14:44.00	HUYGHE, ANTOON	DETROIT, MI	2001
10K Time Trial	M	75	16:17.00	FEDRIGON, DON	ELK RAPIDS, MI	2001
10K Time Trial	M	80	18:21.24	GEORGAS, JAMES	COLLINGWOOD, ON	2007
10K Time Trial	M	85	17:52.00	MCGRATH, BRIAN	ONTARIO, CANADA	2001
10K Time Trial	M	90				
20K Road Race	F	50	36:49.00	BAYNE, MARIANE	WESTLAND, MI	1996
20K Road Race	F	55	<b>36:01.86</b>	<b>ANDREWS, LEE</b>	<b>AURORA, ON</b>	<b>2008</b>
20K Road Race	F	60	37:44.00	ACTON, PEGGY	BEAR LAKE, MI	1996

20K Road Race	F	65	47:21.00	DASEN, MARY	PERRY, MI	1996
20K Road Race	F	70	44:41.14	SANDERSON, JANET	QUINCY, MI	2007
20K Road Race	F	75				
20K Road Race	F	80				
20K Road Race	F	85				
20K Road Race	F	90				
20K Road Race	M	50	31:57.52	GILBOE, WILLIAM	OAKLAND, MI	2007
20K Road Race	M	55	31:32.00	BARTELS, GERALD	MT CLEMENS, MI	1993
20K Road Race	M	60	29:36.00	HOGARTH, EDWARD	ONTARIO, CANADA	1993
20K Road Race	M	65	30:28.00	GEORGAS, JIMMIE	ONTARIO, CANADA	1994
20K Road Race	M	70	33:48.00	FEDRIGON, DON	LIVONIA, MI	1994
20K Road Race	M	75	34:26.36	HUYGHE, ANTOON	DETROIT, MI	2007
20K Road Race	M	80	38:45.44	GEORGAS, JAMES	COLLINGWOOD, ON	2007
20K Road Race	M	85	42:35.00	MCGRATH, BRIAN	ONTARIO, CANADA	1999
20K Road Race	M	90				
40K Road Race	F	50	<b>1:13:31.06</b>	<b>CAVENDER, DEBRA</b>	<b>TROY, MI</b>	<b>2008</b>
40K Road Race	F	55	<b>1:13:19.60</b>	<b>ANDREWS, LEE</b>	<b>AURORA, ON</b>	<b>2008</b>
40K Road Race	F	60	1:54:05.00	GRAVES, SYLVIA	TRAVERSE CITY, MI	2001
40K Road Race	F	65	1:54:20.00	PHILLIPS, VIVIAN	YPSILANTI, MI	2001
40K Road Race	F	70	1:30:22.04	KOHNEN, ROBETTA	FRANKFORT, MI	2007
40K Road Race	F	75	1:57:00.00	CONSTAS, YVONNE	LIVONIA, MI	1996
40K Road Race	M	50	1:03:51.28	GILBOE, WILLIAM	OAKLAND, MI	2007
40K Road Race	M	55	<b>1:06:15.65</b>	<b>TOWNSEND, DALLAS</b>	<b>PAW PAW, MI</b>	<b>2008</b>
40K Road Race	M	60	<b>1:06:09.99</b>	<b>MCCLELLAN, DOUGLAS</b>	<b>WATERFORD, MI</b>	<b>2008</b>
40K Road Race	M	65	<b>1:06:20.97</b>	<b>SMITH, JEFFREY</b>	<b>EAST LANSING, MI</b>	<b>2008</b>
40K Road Race	M	70	<b>1:10:14.07</b>	<b>OROURKE, THOMAS</b>	<b>WEST BLOOMFIELD</b>	<b>2008</b>
40K Road Race	M	75	<b>1:06:59.22</b>	<b>HUYGHE, ANTOON</b>	<b>DETROIT, MI</b>	<b>2008</b>
40K Road Race	M	80	1:17:42.67	GEORGAS, JAMES	COLLINGWOOD, ON	2007
CYC1M	F	50				
CYC1M	F	55	3:01.22	ACTON, PEGGY	BEAR LAKE, MI	1995
CYC1M	F	60	2:51.00	DASEN, MARY	PERRY, MI	1991
CYC1M	F	65	3:19.77	GRINNELL, ELAINE	DETROIT, MI	1995
CYC1M	F	70	3:32.00	YOUNG, NORA	ONTARIO, CANADA	1992
CYC1M	F	75	4:43.65	MILLER, HELEN	ROMEO, MI	1995
CYC1M	F	80				
CYC1M	F	85				
CYC1M	F	90				
CYC1M	M	50				
CYC1M	M	55	2:15.00	HUYGHE, ANTOON	DETROIT, MI	1991
CYC1M	M	60	2:27.00	HOGARTH, EDWARD	ONTARIO, CANADA	1993
CYC1M	M	65	2:35.00	GEORGAS, JIMMIE	ONTARIO, CANADA	1993
CYC1M	M	70	2:44.00	JUKES, EARLE	ONTARIO, CANADA	1993
CYC1M	M	75	2:39.00	MCGRATH, BRIAN	ONTARIO, CANADA	1991
CYC1M	M	80	3:09.61	MCGRATH, BRIAN	ONTARIO, CANADA	1995
CYC1M	M	85				
CYC1M	M	90				
<b>GOLF</b>						
GOLF	F	50	<b>75</b>	<b>GRABLE, KATHLEEN</b>	<b>FLAT ROCK, MI</b>	<b>2008</b>

GOLF	F	55	80	FIGA, JUDITH	WEST BLOOMFIELD, MI	1996
GOLF	F	55	80	HAMILTON, JUDITH	MT MORRIS, MI	2004
GOLF	F	60	<b>72</b>	<b>KANG, SOPHIA</b>	<b>WEST BLOOMFIELD, MI</b>	<b>2008</b>
GOLF	F	65	<b>78</b>	<b>PETRAITIS, YUN</b>	<b>TAYLOR, MI</b>	<b>2008</b>
GOLF	F	70	84	VANDEBROKER, LILLIAN	DEARBORN HEIGHTS, MI	1994
GOLF	F	70	84	KLEINHEKSEL, CELIA	ZEELAND, MI	2004
GOLF	F	75	86	VANDEBROKER, LILLIAN	DEARBORN HEIGHTS, MI	1996
GOLF	F	80	82	VANDEBROKER, LILLIAN	DEARBORN HEIGHTS, MI	2003
GOLF	F	85	89	VANDEBROKER, LILLIAN	DEARBORN HEIGHTS, MI	2006
GOLF	F	90	56	BARHITTE, GENEIVE	DAVISON, MI	2006
GOLF	M	50	72	MCCORMICK, MARK	KALAMAZOO, MI	2006
GOLF	M	55	<b>70</b>	<b>GRABLE, BOB</b>	<b>FLAT ROCK, MI</b>	<b>2008</b>
GOLF	M	60	71	ODORICO, ENRICO	MACOMB, MI	2004
GOLF	M	65	71	ODORICO, ENRICO	MACOMB, MI	2006
GOLF	M	70	75	WHITED, ALVIN	TAYLOR, MI	2006
GOLF	M	75	74	LIBBY, CHARLES	PORT HURON, MI	1996
GOLF	M	80	81	WRONSKI, STANLEY	OKEMOS, MI	2001
GOLF	M	85	86	BAUER, ERV	ROCHESTER, MI	2006
GOLF	M	90	<b>101</b>	<b>LOKERS, RAYMOND</b>	<b>HAMILTON, MI</b>	<b>2008</b>
GOLF	M	95	103	OWEN, WILLIAM	FLINT, MI	2002
<b>Racewalk</b>						
1500Racewalk	F	50	8:15.00	TOPHAM, DEBBIE	MAYVILLE, MI	2006
1500Racewalk	F	55	<b>8:25.79</b>	<b>TOPHAM, DEBBIE</b>	<b>MAYVILLE, MI</b>	<b>2008</b>
1500Racewalk	F	60	8:20.70	PARKS, JOANNE	LAPEER, MI	1996
1500Racewalk	F	65	10:34.50	LONG, PATRICIA	DEARBORN, MI	1996
1500Racewalk	F	70	10:34.00	KENNEY, FRANCES	GRAND RAPIDS, MI	1994
1500Racewalk	F	75	11:39.02	NICHOLS, MARY	DEARBORN, MI	1991
1500Racewalk	F	80	12:04.90	SEGAR, ALICE	WEST BRANCH, MI	2005
1500Racewalk	F	85	11:55.00	SEGAR, ALICE	WEST BRANCH, MI	2007
1500Racewalk	F	90				
1500Racewalk	F	95				
1500Racewalk	M	50	7:34.10	REED, BILL	SCOTTS, MI	2005
1500Racewalk	M	55	6:51.00	ELWARNER, JOHN	STERLING HEIGHTS, MI	1996
1500Racewalk	M	60	6:59.30	GREEN, MAX	TAYLOR, MI	1996
1500Racewalk	M	65	8:20.80	MCKAY, KENNETH	MT MORRIS, MI	1996
1500Racewalk	M	70	8:26.50	ACTON, HUGH	AUGUSTA, MI	1996
1500Racewalk	M	75	9:17.00	FERGUSON, ROBERT	ST JOSEPH, MI	2007
1500Racewalk	M	80	9:52.50	ULANOFF, ABE	SOUTHFIELD, MI	1996
1500Racewalk	M	85	10:59.00	ULANOFF, ABE	SOUTHFIELD, MI	2002
1500Racewalk	M	90	12:07.00	ULANOFF, ABE	SOUTHFIELD, MI	2007
1500Racewalk	M	95	13:10.00	HAUER, MANNY	WEST BLOOMFIELD, MI	2007
5000Racewalk	F	50	29:34.70	TOPHAM, DEBBIE	MAYVILLE, MI	2007
5000Racewalk	F	55	30:38.10	TICHY, WALDA	WHITE LAKE, MI	1996
5000Racewalk	F	60	30:55.10	PARKS, JOANNE	LAPEER, MI	1996
5000Racewalk	F	65	35:44.00	SELBY, CAROLYN	PORTAGE, MI	1996
5000Racewalk	F	70	36:13.05	KENNY, FRANCES	GRAND RAPIDS, MI	1993
5000Racewalk	F	75	39:08.00	NICHOLS, MARY	DEARBORN, MI	1991
5000Racewalk	F	80	41:24.00	SEGAR, ALICE	WEST BRANCH, MI	2005

5000Racewalk	F	85	41:14.20	SEGAR, ALICE	WEST BRANCH, MI	2007
5000Racewalk	F	90				
5000Racewalk	M	50	28:57.00	REED, BILL	SCOTTS, MI	2006
5000Racewalk	M	55	29:16.00	SACK, RICK	PARCHMENT, MI	2004
5000Racewalk	M	60	25:18.10	GREEN, MAX	TAYLOR, MI	1996
5000Racewalk	M	65	30:45.00	ELWARNER, JOHN	STERLING HEIGHTS, MI	2004
5000Racewalk	M	70	32:13.00	JEROME, JERRY	BIRMINGHAM, MI	1991
5000Racewalk	M	75	35:06.00	FERGUSON, ROBERT	ST JOSEPH, MI	2006
5000Racewalk	M	80	36:24.60	ULANOFF, ABE	SOUTHFIELD, MI	1996
5000Racewalk	M	85	37:75.00	ULANOFF, ABE	SOUTHFIELD, MI	2005
5000Racewalk	M	90	44:04.00	ULANOFF, ABE	SOUTHFIELD, MI	2007
<b>Road Race</b>						
10K Road Race	F	50	<b>44:43.00</b>	<b>BLAIR, JACQUELINE</b>	<b>DETROIT, MI</b>	<b>2008</b>
10K Road Race	F	55	<b>46:22.00</b>	<b>ZIDAR, MAGGY</b>	<b>PONTIAC, MI</b>	<b>2008</b>
10K Road Race	F	60	46:37:00	DOLAN, SHARON	FOWLER, MI	2006
10K Road Race	F	65	<b>48:23.00</b>	<b>DOLAN, SHARON</b>	<b>WESTPHALIA, MI</b>	<b>2008</b>
10K Road Race	F	70	1:26:25.00	BENDER, CAROL	ALBION, MI	2006
10K Road Race	F	75	1:07:15.00	VARANI, MARY	STERLING HEIGHTS, MI	1996
10K Road Race	F	80				
10K Road Race	F	85				
10K Road Race	F	90				
10K Road Race	M	50	37:05.00	RUFFIN, RONALD	DETROIT, MI	1999
10K Road Race	M	50	37:05.00	CAUGHEY, CURTIS	KETERING, OH	2006
10K Road Race	M	55	37:04.00	NICHOLSON, LARRY	ROCKFORD, MI	1992
10K Road Race	M	60	39:01.00	TELLMAN, HARRY	HOLLAND, MI	1999
10K Road Race	M	65	40:00.04	FORSHEE, JIM	ANN ARBOR, MI	1991
10K Road Race	M	70	42:27.00	FORSHEE, JIM	ANN ARBOR, MI	1996
10K Road Race	M	75	47:55.00	EVANS, JOHN	GRANDVILLE, MI	1992
10K Road Race	M	80	1:02:01.00	THORNBURG, JOE	TROY, MI	1996
10K Road Race	M	85				
10K Road Race	M	90				
5K Road Race	F	50	<b>21:04.00</b>	<b>BLAIR, JACQUELINE</b>	<b>DETROIT, MI</b>	<b>2008</b>
5K Road Race	F	55	<b>22:25.00</b>	<b>ZIDAR, MAGGY</b>	<b>PONTIAC, MI</b>	<b>2008</b>
5K Road Race	F	60	21:49.00	DOLAN, SHARON	FOWLER, MI	2005
5K Road Race	F	65	<b>22:25.00</b>	<b>DOLAN, SHARON</b>	<b>WESTPHALIA, MI</b>	<b>2008</b>
5K Road Race	F	70	<b>31:39.00</b>	<b>PAWLYN, CLEO</b>	<b>WARREN, MI</b>	<b>2008</b>
5K Road Race	F	75	31:36.00	VARANI, MARY	STERLING HEIGHTS, MI	1995
5K Road Race	F	80	42:19.00	NICHOLS, MARY	DEARBORN, MI	1995
5K Road Race	F	85	39:56.50	LUGERS, LEONA	HOLLAND, MI	1993
5K Road Race	F	90	51:02.00	DAVID, CATHERINE	ANN ARBOR, MI	1995
5K Road Race	M	50	17:59.00	WASHBURN, DANIEL	TEKONSHA, MI	2005
5K Road Race	M	55	17:30.00	NICHOLSON, LARRY	ROCKFORD, MI	1992
5K Road Race	M	60	18:35.00	MALACZYNSKI, GERARD	BLOOMFIELD HILLS, MI	2006
5K Road Race	M	65	19:27.10	JOHNCOCK, JERRY	GRAND RAPIDS, MI	1993
5K Road Race	M	70	20:09.00	FORSHEE, JIM	ANN ARBOR, MI	1996
5K Road Race	M	75	22:41.00	EVANS, JOHN	GRANDVILLE, MI	1992
5K Road Race	M	80	28:35.00	THORNBURG, JOE	TROY, MI	1996
5K Road Race	M	85	<b>31:45.00</b>	<b>GELMAN, ROBERT</b>	<b>ANN ARBOR, MI</b>	<b>2008</b>

5K Road Race	M	90				
<b>Swimming</b>						
50Backstroke	F	50	<b>00:37.47</b>	<b>DIEDO, MADDIE</b>	<b>DEARBORN HEIGHTS, MI</b>	<b>2008</b>
50Backstroke	F	55	<b>00:50.67</b>	<b>LUYENDYK, CYNTHIA</b>	<b>PLAINWELL, MI</b>	<b>2008</b>
50Backstroke	F	60	00:47.27	BUCK, KITTY	GRANDVILLE, MI	2000
50Backstroke	F	65	00:44.85	STRALEY, SUE	FLUSHING, MI	2001
50Backstroke	F	70	00:48.68	CLARKE, MARY	GRAND RAPIDS, MI	2002
50Backstroke	F	75	00:50.51	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2001
50Backstroke	F	80	00:56.03	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2007
50Backstroke	F	85	01:09.44	GLUSAC, EDITH	TROY, MI	2006
50Backstroke	F	90				
50Backstroke	M	50	<b>00:31.70</b>	<b>MANGE, DAVE</b>	<b>KALAMAZOO, MI</b>	<b>2008</b>
50Backstroke	M	55	<b>00:33.85</b>	<b>SLOAN, JOHN</b>	<b>LAKE FOREST, IL</b>	<b>2008</b>
50Backstroke	M	60	00:33.70	DIGET, DAVID	MATTAWAN, MI	2003
50Backstroke	M	65	00:34.31	MARTIN, RAY	NORTHVILLE, MI	2002
50Backstroke	M	70	00:36.64	DOBLER, WALLY	LANSING, MI	2006
50Backstroke	M	75	00:48.37	CHOPP,CARLTON	ALLEGAN, MI	2005
50Backstroke	M	80	<b>00:51.09</b>	<b>CHOPP,CARLTON</b>	<b>ALLEGAN, MI</b>	<b>2008</b>
50Backstroke	M	85	01:01.10	CLASS, HARRY	KITCHNER, MI	2005
50Backstroke	M	90	01:50.31	CLARK, WELDON	NORTHVILLE, MI	2003
50Breaststroke	F	50	<b>00:41.13</b>	<b>STEIL, TAMARA</b>	<b>GRANDVILLE, MI</b>	<b>2008</b>
50Breaststroke	F	55	00:47.46	JOHNSON, BETTY	OKEMOS, MI	2000
50Breaststroke	F	60	00:47.43	EWERS, SIGRID	LAPEER, MI	2000
50Breaststroke	F	65	00:53.19	KOPPERUD, TOVA	AMARILLO, TX	2002
50Breaststroke	F	70	00:54.24	CLARKE, MARY	GRAND RAPIDS, MI	2002
50Breaststroke	F	75	00:53.97	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2001
50Breaststroke	F	80	00:59.40	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2007
50Breaststroke	F	85	01:15.79	GLUSAC, EDITH	DETROIT, MI	2005
50Breaststroke	F	90				
50Breaststroke	M	50	00:33.56	VARANASI, SEKHAR	TROY, MI	2004
50Breaststroke	M	55	<b>00:33.81</b>	<b>VARANASI, SEKHAR</b>	<b>TROY, MI</b>	<b>2008</b>
50Breaststroke	M	60	00:35.86	MARTIN, RAY	STURGIS, MI	2006
50Breaststroke	M	65	00:38.53	DOBLER, WALLY	LANSING, MI	2002
50Breaststroke	M	70	00:39.65	DOBLER, WALLY	LANSING, MI	2007
50Breaststroke	M	75	00:48.07	EDWARDS, FREDDY	DETROIT, MI	2000
50Breaststroke	M	80	00:59.26	QUIGLEY, ARLON	NOVI, MI	2005
50Breaststroke	M	85	01:23.33	EATON, JEFF	ST CLAIR SHORES, MI	2000
50Breaststroke	M	90				
50Butterfly	F	50	00:38.35	STEIL, TAMARA	GRANDVILLE, MI	2006
50Butterfly	F	55	00:47.58	TEICHMAN, KAREN	MARQUETTE, MI	2006
50Butterfly	F	60	<b>00:48.17</b>	<b>LAFERRIERE, LORRAINE</b>	<b>HALE, MI</b>	<b>2008</b>
50Butterfly	F	65	00:51.78	BRUIN, PEGGY	BYRON CENTER, MI	2006
50Butterfly	F	70	<b>00:59.22</b>	<b>GOGOLA, LAURA</b>	<b>BERKLEY, MI</b>	<b>2008</b>
50Butterfly	F	75	00:49.81	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2000
50Butterfly	F	80	<b>00:55.13</b>	<b>NOCHMAN, LOIS</b>	<b>HUNTINGTON WOODS, MI</b>	<b>2008</b>
50Butterfly	F	85	1:27:05.00	GLUSAC, EDITH	DETROIT, MI	2004
50Butterfly	F	90				
50Butterfly	M	50	<b>00:26.85</b>	<b>FORT JR, ROBERT</b>	<b>STERLING HEIGHTS, MI</b>	<b>2008</b>

50Butterfly	M	55	00:28.37	PAWLOWSKI, MARK	THREE RIVERS, MI	2005
50Butterfly	M	60	00:28.24	PAWLOWSKI, MARK	THREE RIVERS, MI	2006
50Butterfly	M	65	00:32.45	DOBLER, WALLY	LANSING, MI	2003
50Butterfly	M	70	00:33.29	DOBLER, WALLY	LANSING, MI	2007
50Butterfly	M	75	00:51.22	EDWARDS, FREDDY	DETROIT, MI	2002
50Butterfly	M	80	01:03.57	DOUD, ROBERT	BATTLE CREEK, MI	2004
50Butterfly	M	85				
50Butterfly	M	90				
50Freestyle	F	50	<b>00:31.64</b>	<b>DIEDO, MADDIE</b>	<b>DEARBORN HEIGHTS, MI</b>	<b>2008</b>
50Freestyle	F	55	<b>00:35.11</b>	<b>SMITH, SUSAN</b>	<b>GRAND RAPIDS, MI</b>	<b>2008</b>
50Freestyle	F	60	<b>00:36.72</b>	<b>TEICHMAN, KAREN</b>	<b>MARQUETTE, MI</b>	<b>2008</b>
50Freestyle	F	65	00:39.11	STRALEY, SUE	FLUSHING, MI	2001
50Freestyle	F	70	00:44.90	BUCK, KITTY	GRANDVILLE, MI	2006
50Freestyle	F	75	00:42.36	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2001
50Freestyle	F	80	00:45.60	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2007
50Freestyle	F	85	01:22.26	GLUSAC, EDITH	TROY, MI	2006
50Freestyle	F	90				
50Freestyle	M	50	<b>00:24.45</b>	<b>FORT JR, ROBERT</b>	<b>STERLING HEIGHTS, MI</b>	<b>2008</b>
50Freestyle	M	55	00:27.16	PAWLOWSKI, MARK	THREE RIVERS, MI	2000
50Freestyle	M	60	00:26.81	CHAFFEE, PAUL	OWOSSO, MI	2002
50Freestyle	M	65	00:30.09	DOBLER, WALLY	LANSING, MI	2002
50Freestyle	M	70	00:30.22	DOBLER, WALLY	LANSING, MI	2006
50Freestyle	M	75	00:33.33	MUCK, DUANE	ADRIAN, MI	2003
50Freestyle	M	80	<b>00:44.94</b>	<b>CHOPP, CARLTON</b>	<b>ALLEGAN, MI</b>	<b>2008</b>
50Freestyle	M	85	00:34.22	EATON, JEFF	ST CLAIR SHORES, MI	2000
50Freestyle	M	90	01:02.90	SHEATELM, REX	MUSKEGON, MI	2002
100Backstroke	F	50	<b>01:24.87</b>	<b>DIEDO, MADDIE</b>	<b>DEARBORN HEIGHTS, MI</b>	<b>2008</b>
100Backstroke	F	55	01:44.30	JOHNSON, BETTY	OKEMOS, MI	2000
100Backstroke	F	60	01:54.80	BUCK, KITTY	GRANDVILLE, MI	2000
100Backstroke	F	65	01:39.79	STRALEY, SUE	FLUSHING, MI	2001
100Backstroke	F	70	01:47.14	CLARKE, MARY	GRAND RAPIDS, MI	2003
100Backstroke	F	75	01:57.14	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2002
100Backstroke	F	80	<b>02:06.47</b>	<b>NOCHMAN, LOIS</b>	<b>HUNTINGTON WOODS, MI</b>	<b>2008</b>
100Backstroke	F	85	02:33.03	GLUSAC, EDITH	DETROIT, MI	2004
100Backstroke	F	90				
100Backstroke	M	50	01:09.90	BEERS, JOHN	JENISON, MI	2000
100Backstroke	M	55	<b>01:18.47</b>	<b>SLOAN, JOHN</b>	<b>LAKE FOREST, IL</b>	<b>2008</b>
100Backstroke	M	60	01:15.39	DIGET, DAVID	MATTAWAM, MI	2003
100Backstroke	M	65	01:16.00	MARTIN, RAY	NORTHVILLE, MI	2002
100Backstroke	M	70	01:21.27	WEDDELL, ROBERT	BRIGHTON, MI	2001
100Backstroke	M	75	01:47.78	CHOPP,CARLTON	ALLEGAN, MI	2005
100Backstroke	M	80	05:21.94	LOVELESS, RALPH	ROCKFORD, MI	2004
100Backstroke	M	85	02:39.69	CLASS, HARRY	KITCHNER, MI	2005
100Backstroke	M	90				
100Breaststroke	F	50	<b>01:30.81</b>	<b>STEIL, TAMARA</b>	<b>GRANDVILLE, MI</b>	<b>2008</b>
100Breaststroke	F	55	01:46.00	STILLWELL, MICKEY	GRAND RAPIDS, MI	2004
100Breaststroke	F	60	01:40.80	EWERS, SIGRID	LAPEER, MI	2000

100Breaststroke	F	65	01:59.84	KOPPERUD, TOVA	AMARILLO, TX	2002
100Breaststroke	F	70	02:11.72	VANZOEREN, JOAN	KALAMAZOO, MI	2006
100Breaststroke	F	75	01:56.20	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2000
100Breaststroke	F	80	02:07.26	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2006
100Breaststroke	F	85				
100Breaststroke	F	90				
100Breaststroke	M	50	01:16.36	VARANASI,SEKHAR	TROY, MI	2004
100Breaststroke	M	55	01:16.23	DUBOIS, RONALD	PORTAGE, MI	2006
100Breaststroke	M	60	01:31.38	CLAIR, RUSSELL	ROCHESTER, MI	2004
100Breaststroke	M	65	01:27.46	CODY, FRANK	KALAMAZOO, MI	2007
100Breaststroke	M	70	01:30.62	DOBLER, WALLY	LANSING, MI	2007
100Breaststroke	M	75	01:55.96	EDWARDS, FREDDY	DETROIT, MI	2000
100Breaststroke	M	80				
100Breaststroke	M	85	03:24.97	EATON, JEFF	ST CLAIR SHORES, MI	2000
100Breaststroke	M	90				
100Butterfly	F	50	<b>01:31.32</b>	<b>STEIL, TAMARA</b>	<b>GRANDVILLE, MI</b>	<b>2008</b>
100Butterfly	F	55	<b>01:42.56</b>	<b>SMITH, SUSAN</b>	<b>GRAND RAPIDS, MI</b>	<b>2008</b>
100Butterfly	F	60	01:54.83	BRUIN, PEGGY	BYRON CENTER, MI	2004
100Butterfly	F	65	01:53.10	BRUIN, PEGGY	BYRON CENTER, MI	2006
100Butterfly	F	70	02:17.96	GOGOLA, LAURA	BERKLEY, MI	2006
100Butterfly	F	75	01:53.31	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2001
100Butterfly	F	80	<b>02:04.29</b>	<b>NOCHMAN, LOIS</b>	<b>HUNTINGTON WOODS, MI</b>	<b>2008</b>
100Butterfly	F	85				
100Butterfly	F	90				
100Butterfly	M	50	01:08.47	MANGE, KENNETH	PORTAGE, MI	2005
100Butterfly	M	55	01:08.16	PASH, GREGORY	TRAVERSE CITY, MI	2005
100Butterfly	M	60	01:22.76	BUYS, JOE	ST CLAIR SHORES, MI	2007
100Butterfly	M	65	01:15.26	DOBLER, WALLY	LANSING, MI	2002
100Butterfly	M	70	01:21.54	DOBLER, WALLY	LANSING, MI	2004
100Butterfly	M	75	01:52.08	EDWARDS, FREDDY	DETROIT, MI	2000
100Butterfly	M	80	02:14.45	DOUD, ROBERT	BATTLE CREEK, MI	2003
100Butterfly	M	85				
100Butterfly	M	90				
100Freestyle	F	50	<b>01:12.32</b>	<b>DIEDO, MADDIE</b>	<b>DEARBORN HEIGHTS, MI</b>	<b>2008</b>
100Freestyle	F	55	01:21.66	KOWALSKI, JOYCE	MARINE CITY, MI	2000
100Freestyle	F	60	<b>01:23.09</b>	<b>TEICHMAN, KAREN</b>	<b>MARQUETTE, MI</b>	<b>2008</b>
100Freestyle	F	65	01:36.08	MCINTOSH, FRANCES	GUELPH, OT	2000
100Freestyle	F	70	01:40.00	GOGOLA, LAURA	BERKLEY, MI	2007
100Freestyle	F	75	01:33.12	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2000
100Freestyle	F	80	<b>01:52.36</b>	<b>NOCHMAN, LOIS</b>	<b>HUNTINGTON WOODS, MI</b>	<b>2008</b>
100Freestyle	F	85	03:14.50	FORSTER, MARTHA	TRAVERSE CITY, MI	2002
100Freestyle	F	90				
100Freestyle	M	50	00:58.04	WILLER,STECEN	PERRYSBURG, OH	2006
100Freestyle	M	55	01:01.50	PAWLOWSKI, MARK	THREE RIVERS, MI	2005
100Freestyle	M	60	01:03.00	DIGET, DAVID	MATTAWAN, MI	2003
100Freestyle	M	65	01:06.76	DIGET, DAVID	MATTAWAN, MI	2006
100Freestyle	M	70	01:08.25	DOBLER, WALLY	LANSING, MI	2006
100Freestyle	M	75	01:17.25	MUCK, DUANE	ADRIAN, MI	2003

100Freestyle	M	80	01:44.18	DOUD, ROBERT	BATTLE CREEK, MI	2003
100Freestyle	M	85	01:58.75	CLASS, HARRY	KITCHNER, MI	2005
100Freestyle	M	90	02:31.99	SHEATELM, REX	MUSKEGON, MI	2002
100Ind Medley	F	50	01:30.39	STEIL, TAMARA	GRANDVILLE, MI	2006
100Ind Medley	F	55	01:42.70	JANSEN, JUDITH	KALAMAZOO, MI	2005
100Ind Medley	F	60	<b>01:43.79</b>	<b>TEICHMAN, KAREN</b>	<b>MARQUETTE, MI</b>	<b>2008</b>
100Ind Medley	F	65	01:58.33	GOGOLA, LAURA	BERKLEY, MI	2002
100Ind Medley	F	70	01:53.36	GOGOLA, LAURA	BERKLEY, MI	2007
100Ind Medley	F	75	01:53.08	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2002
100Ind Medley	F	80	02:05.02	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2006
100Ind Medley	F	85	02:51.47	GLUSAC, EDITH	TROY, MI	2004
100Ind Medley	F	90				
100Ind Medley	F	95				
100Ind Medley	M	50	01:10.27	MANGE, KENNETH	PORTAGE, MI	2006
100Ind Medley	M	55	01:15.43	BRENNER, THOMAS	STURGIS, MI	2005
100Ind Medley	M	60	<b>01:12.62</b>	<b>OLZMANN, KURT</b>	<b>ROCHESTER, MI</b>	<b>2008</b>
100Ind Medley	M	65	01:13.15	DOBLER, WALLY	LANSING, MI	2002
100Ind Medley	M	70	01:22.71	DOBLER, WALLY	LANSING, MI	2006
100Ind Medley	M	75	01:46.94	MARTIN, ROBERT	ATTICA, MI	2006
100Ind Medley	M	80	02:18.01	DOUD, ROBERT	BATTLE CREEK, MI	2003
100Ind Medley	M	85				
100Ind Medley	M	90				
100Ind Medley	M	95				
200Backstroke	F	50	<b>03:00.31</b>	<b>DIEDO, MADDIE</b>	<b>DEARBORN HEIGHTS, MI</b>	<b>2008</b>
200Backstroke	F	55	<b>03:25.16</b>	<b>SMITH, SUSAN</b>	<b>GRAND RAPIDS, MI</b>	<b>2008</b>
200Backstroke	F	60	03:59.90	RATTRAY, KATHRYN	BURLINGTON, OT	2000
200Backstroke	F	60	03:59.90	BRUIN, PEGGY	BYRON CENTER, MI	2004
200Backstroke	F	65	03:46.21	CLARKE, MARY	GRAND RAPIDS, MI	2001
200Backstroke	F	70	03:43.11	CLARKE, MARY	GRAND RAPIDS, MI	2002
200Backstroke	F	75	03:57.16	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2001
200Backstroke	F	80	04:18.42	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2007
200Backstroke	F	85	05:48.36	GLUSAC, EDITH	DETROIT, MI	2004
200Backstroke	F	90				
200Backstroke	F	95				
200Backstroke	M	50	02:26.11	THOMPSON, FRANK	WEST BLOOMFIELD, MI	2002
200Backstroke	M	55	02:47.96	PASH, GREGORY	TRAVERSE CITY, MI	2006
200Backstroke	M	60	02:51.84	DIGET, DAVID	MATTAWAN, MI	2003
200Backstroke	M	65	02:49.26	DIGET, DAVID	MATTAWAN, MI	2006
200Backstroke	M	70	03:11.68	DOBLER, WALLY	LANSING, MI	2004
200Backstroke	M	75	04:04.63	LESAGE, WILLIAM	ROCKWOOD, MI	2007
200Backstroke	M	80	05:44.92	SPREEN, JOHANNES	MARINE CITY, MI	2000
200Backstroke	M	85				
200Backstroke	M	90				
200Breaststroke	F	50	<b>03:26.23</b>	<b>STEIL, TAMARA</b>	<b>GRANDVILLE, MI</b>	<b>2008</b>
200Breaststroke	F	55	<b>03:49.25</b>	<b>SMITH, SUSAN</b>	<b>GRAND RAPIDS</b>	<b>2008</b>
200Breaststroke	F	60	02:24.18	GROSS, JANICE	LANSING, MI	2007
200Breaststroke	F	65	<b>04:16.49</b>	<b>BRUIN, PEGGY</b>	<b>BYRON CENTER, MI</b>	<b>2008</b>

200Breaststroke	F	70	04:48.79	VANZOEREN, JOAN	KALAMAZOO, MI	2005
200Breaststroke	F	75	04:37.06	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2003
200Breaststroke	F	80	04:49.68	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2006
200Breaststroke	F	85				
200Breaststroke	F	90				
200Breaststroke	M	50	02:50.51	VARANASI, SEKHAR	TROY, MI	2004
200Breaststroke	M	55	02:44.94	DUBOIS, RONALD	PORTAGE, MI	2006
200Breaststroke	M	60	<b>02:52.25</b>	<b>OLZMANN, KURT</b>	<b>ROCHESTER, MI</b>	<b>2008</b>
200Breaststroke	M	65	<b>03:10.58</b>	<b>CODY, FRANK</b>	<b>KALAMAZOO, MI</b>	<b>2008</b>
200Breaststroke	M	70	<b>03:48.07</b>	<b>MEDVEZKY, MICHAEL</b>	<b>FORT GRATIOT, MI</b>	<b>2008</b>
200Breaststroke	M	75	03:01.73	QUIGLEY, ARLON	TROY, MI	2002
200Breaststroke	M	80	05:10.19	DOUD, ROBERT	BATTLE CREEK, MI	2004
200Breaststroke	M	85	06:57.54	EATON, JEFF	ST CLAIR SHORES, MI	2000
200Breaststroke	M	90				
200Freestyle	F	50	<b>02:37.32</b>	<b>CHILDS, MARTHA</b>	<b>TROY, MI</b>	<b>2008</b>
200Freestyle	F	55	03:10.97	TEICHMAN, KAREN	MARQUETTE, MI	2005
200Freestyle	F	60	03:15.63	RATTRAY, KATHRYN	BURLINGTON, OT	2000
200Freestyle	F	65	03:17.92	MCINTOSH, FRANCES	GUELPH, OT	2000
200Freestyle	F	70	03:48.31	MORRISSETTE, DARLA	BAY CITY, MI	2006
200Freestyle	F	75	03:29.84	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2001
200Freestyle	F	80	<b>03:55.57</b>	<b>NOCHMAN, LOIS</b>	<b>HUNTINGTON WOODS, MI</b>	<b>2008</b>
200Freestyle	F	85	06:04.62	FORSTER, MARTHA	TRAVERSE CITY, MI	2002
200Freestyle	F	90				
200Freestyle	M	50	02:17.25	BAECKEROOT, MARSHAL	LAPEER, MI	2007
200Freestyle	M	55	02:17.64	PASH, GREGORY	TRAVERSE CITY, MI	2005
200Freestyle	M	60	02:20.48	BUYS, JOE	ST CLAIR SHORES, MI	2006
200Freestyle	M	65	02:39.84	DOBLER, WALLY	LANSING, MI	2003
200Freestyle	M	70	02:36.40	DOBLER, WALLY	LANSING, MI	2006
200Freestyle	M	75	03:15.88	MUCK, DUANE	ADRIAN, MI	2003
200Freestyle	M	80	04:24.82	DOUD, ROBERT	BATTLE CREEK, MI	2006
200Freestyle	M	85	06:13.62	MCCONNELL, ROBERT	HILLSDALE, MI	2001
200Freestyle	M	90	06:16.20	SHEATHELM, REX	MUSKEGON, MI	2003
200Ind Medley	F	50	<b>03:04.89</b>	<b>STEIL, TAMARA</b>	<b>GRANDVILLE, MI</b>	<b>2008</b>
200Ind Medley	F	55	<b>03:23.06</b>	<b>SMITH, SUSAN</b>	<b>GRAND RAPIDS, MI</b>	<b>2008</b>
200Ind Medley	F	60	03:47.34	BRUIN, PEGGY	BYRON CENTER, MI	2004
200Ind Medley	F	65	03:56.52	BRUIN, PEGGY	BYRON CENTER, MI	2006
200Ind Medley	F	70	03:58.83	CLARKE, MARY	GRAND RAPIDS, MI	2002
200Ind Medley	F	75	03:52.30	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2000
200Ind Medley	F	80	04:08.97	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2006
200Ind Medley	F	85	06:25.37	GLUSAC, EDITH	DETROIT, MI	2004
200Ind Medley	F	90				
200Ind Medley	M	50	02:30.37	THOMPSON, FRANK	WEST BLOOMFIELD, MI	2002
200Ind Medley	M	55	02:40.03	PASH, GREG	TRAVERSE CITY, MI	2006
200Ind Medley	M	60	02:52.95	DIGET, DAVID	MATTAWAN, MI	2003
200Ind Medley	M	65	02:50.66	DOBLER, WALLY	LANSING, MI	2001
200Ind Medley	M	70	02:56.95	DOBLER, WALLY	LANSING, MI	2006
200Ind Medley	M	75	<b>04:00.28</b>	<b>SCHILLINGER, ERNEST</b>	<b>ROCHESTER, MI</b>	<b>2008</b>
200Ind Medley	M	80	04:57.48	DOUD, ROBERT	BATTLE CREEK, MI	2004

200Ind Medley	M	85				
200Ind Medley	M	90				
400Freestyle	F	50				
400Freestyle	F	55	08:59.64	BRUIN, PEGGY	BYRON CENTER, MI	2000
400Freestyle	F	60	08:39.39	RATTRAY, KATHRYN	BURLINGTON, OT	2000
400Freestyle	F	65	08:44.21	MCINTOSH, FRANCES	GUELPH, OT	2000
400Freestyle	F	70				
400Freestyle	F	75				
400Freestyle	F	80				
400Freestyle	F	85				
400Freestyle	F	90				
400Freestyle	M	50				
400Freestyle	M	55	11:58.87	FLAKER, MICHAEL	SHELBY TWP, MI	2000
400Freestyle	M	60				
400Freestyle	M	65	07:34.58	DOBLER, WALLY	LANSING, MI	2000
400Freestyle	M	70	09:33.80	ANDERSON, WAYNE	KALAMAZOO, MI	2000
400Freestyle	M	75	11:03.24	DOUD, ROBERT	BATTLE CREEK, MI	2000
400Freestyle	M	80	11:59.64	SPREEN, JOHANNES	MARINE CITY, MI	2000
400Freestyle	M	85	14:35.37	EATON, JEFF	ST CLAIR SHORES, MI	2000
400Freestyle	M	90				
500Freestyle	F	50	<b>06:53.03</b>	<b>CHILDS, MARTHA</b>	<b>TROY, MI</b>	<b>2008</b>
500Freestyle	F	55	<b>07:47.17</b>	<b>SMITH, SUSAN K</b>	<b>GRAND RAPIDS</b>	<b>2008</b>
500Freestyle	F	60	<b>08:37.28</b>	<b>TEICHMAN, KAREN</b>	<b>MARQUETTE, MI</b>	<b>2008</b>
500Freestyle	F	65	08:38.86	GOGOLA, LAURA	BERKLEY, MI	2002
500Freestyle	F	70	09:22.21	GOGOLA, LAURA	BERKLEY, MI	2006
500Freestyle	F	75	10:09.23	KUTSCHER, LOUISE	ROCHESTER HILLS, MI	2007
500Freestyle	F	80	10:05.37	NOCHMAN, LOIS	HUNTINGTON WOODS, MI	2007
500Freestyle	F	85	16:09.95	FORSTER, MARTHA	TRAVERSE CITY, MI	2002
500Freestyle	F	90				
500Freestyle	M	50	06:23.23	BRINKER, JOHN	STEVENSVILLE, MI	2006
500Freestyle	M	55	06:12.98	PASH, GREG	TRAVERSE CITY, MI	2006
500Freestyle	M	60	06:27.53	BUYS, JOE	ST CLAIR SHORES, MI	2006
500Freestyle	M	65	06:59.61	DOBLER, WALLY	LANSING, MI	2002
500Freestyle	M	70	07:13.67	DOBLER, WALLY	LANSING, MI	2007
500Freestyle	M	75	09:37.95	GRAVES, RICHARD	TRAVERSE CITY, MI	2005
500Freestyle	M	80	11:51.82	DOUD, ROBERT	BATTLE CREEK, MI	2006
500Freestyle	M	85				
500Freestyle	M	90				
<b>Track &amp; Field</b>						
100 Track	F	50	00:14.45	KANTAK, GAIL	MIDLAND, MI	2004
100 Track	F	55	00:15.75	SARNAIK, SHARADA	GROSSE POINTE, MI	2003
100 Track	F	60	00:16.40	EISENBRAUN, CAROL	BATTLE CREEK, MI	1996
100 Track	F	65	00:18.40	HINSHON, NANCY	NORTHVILLE, MI	2007
100 Track	F	70	00:17.08	HOLLAND, MARY	COMSTOCK PARK, MI	1994
100 Track	F	75	00:18.35	HOLLAND, MARY	COMSTOCK PARK, MI	1999
100 Track	F	80	00:21.08	HOLLAND, MARY	COMSTOCK PARK, MI	2004
100 Track	F	85	00:27.56	SEGAR, ALICE	WEST BRANCH, MI	2006
100 Track	F	90				

100 Track	M	50	00:12.28	ZLOBICKI, ZIGGY	FARMINGTON HILLS, MI	2004
100 Track	M	55	00:12.57	WALLACE, RALPH	ANN ARBOR, MI	2002
100 Track	M	60	00:12.81	BUTTS, TIM	FERNDALE, MI	2003
100 Track	M	65	00:13.06	SOCHOR, CHUCK	GOWEN, MI	1994
100 Track	M	70	<b>00:14.68</b>	<b>OHEARN, JIMMY</b>	<b>MUSKEGON, MI</b>	<b>2008</b>
100 Track	M	75	00:14.78	SHAW, DEAN	HIGHLAND, MI	2002
100 Track	M	80	00:15.50	KENNEL, TOM	SANTA ROSA BEACH, FL	2001
100 Track	M	85	00:18.40	BOESENHOFER, JOHN	TOLEDO, OH	2000
100 Track	M	90	00:22.10	ULANOFF, ABE	SOUTHFIELD, MI	2007
200 Track	F	50	00:30.97	KANTAK, GAIL	MIDLAND, MI	2002
200 Track	F	55	00:32.96	ROBINSON, MARY	GAHANNA, OH	1999
200 Track	F	60	00:34.90	EISENBRAUN, CAROL	BATTLE CREEK, MI	1996
200 Track	F	65	<b>00:38.64</b>	<b>ROBINSON, MARY</b>	<b>GAHANNA, OH</b>	<b>2008</b>
200 Track	F	70	00:41.10	JOHNSON, GEORGIA	LANSING, MI	2001
200 Track	F	75	00:43.47	HOLLAND, MARY	COMSTOCK PARK, MI	1999
200 Track	F	80	00:58.04	HOLLAND, MARY	COMSTOCK PARK, MI	2004
200 Track	F	85	01:20.64	RAY, DOROTHY	PORTAGE, MI	2002
200 Track	F	90				
200 Track	M	50	00:25.84	ZLOBICKI, ZBIGY	FARMINGTON, MI	2003
200 Track	M	55	00:25.85	LLOYD, ROBERT	FENNVILLE, MI	1999
200 Track	M	60	<b>00:26.88</b>	<b>COVEY, BRUCE</b>	<b>SOUTH HAVEN, MI</b>	<b>2008</b>
200 Track	M	65	00:28.01	SOCHOR, CHUCK	LINCOLN LAKE, MI	1994
200 Track	M	70	00:30.04	HIPPLE, JACK	SOUTH LYON, MI	1994
200 Track	M	75	00:31.29	SHAW, DEAN	HIGHLAND, MI	2002
200 Track	M	80	00:35.20	KENNEL, TOM	SANTA ROSA BEACH, FL	2001
200 Track	M	85	00:43.80	BOESENHOFER, JOHN	TOLEDO, OH	2000
200 Track	M	90	00:54.10	ULANOFF, ABE	SOUTHFIELD, MI	2007
400 Track	F	50	01:12.40	KANTAK, GAIL	MIDLAND, MI	2007
400 Track	F	55	01:14.29	ROBINSON, MARY	GAHANNA, OH	1999
400 Track	F	60	<b>01:21.25</b>	<b>THELEN, RUTH</b>	<b>ST JOHNS, MI</b>	<b>2008</b>
400 Track	F	65	01:35.60	HINSHON, NANCY	NORTHVILLE, MI	2007
400 Track	F	70	01:43.95	DUGAL, CAROL	GRAND BLANC, MI	2002
400 Track	F	75	01:57.04	HOLLAND, MARY	COMSTOCK PARK, MI	1999
400 Track	F	80	02:18.30	HOLLAND, MARY	COMSTOCK PARK, MI	2004
400 Track	F	85	03:24.25	RAY, DOROTHY	PORTAGE, MI	2002
400 Track	F	90				
400 Track	M	50	<b>00:54.86</b>	<b>WASSON, CHARLES</b>	<b>ORCHARD LAKE, MI</b>	<b>2008</b>
400 Track	M	55	00:57.75	LLOYD, ROBERT	FENNVILLE, MI	1999
400 Track	M	60	01:01.30	COVEY, BRUCE	SOUTH HAVEN, MI	2007
400 Track	M	65	01:03.00	SOCHOR, CHUCK	GOWEN, MI	1993
400 Track	M	70	01:11.40	BEALL, JAMES	WATERFORD, MI	2000
400 Track	M	75	01:21.41	HIPPLE, JACK	SOUTH LYON, MI	1999
400 Track	M	80	<b>01:31.79</b>	<b>BYERS, HOWARD</b>	<b>DEERFIELD, IL</b>	<b>2008</b>
400 Track	M	85	02:05.40	LAWRENCE, PHIL	SUN LAKES, AZ	2001
400 Track	M	90	02:08.30	WINTER, FREDERICK	HOLLAND, MI	2005
800 Track	F	50	<b>02:49.34</b>	<b>BLAIR, JACQUELINE</b>	<b>DETROIT, MI</b>	<b>2008</b>

800 Track	F	55	02:52.48	THELEN, RUTH	ST JOHNS, MI	1999
800 Track	F	60	03:12.00	THELEN, RUTH	ST JOHNS, MI	2006
800 Track	F	65	04:30.30	HARDY, ANNETTE	TRAVERSE CITY, MI	1999
800 Track	F	70	04:13.02	DEAN, CAROL	ROCHESTER, MI	2004
800 Track	F	75	04:39.10	VARANI, MARY	STERLING HEIGHTS, MI	1996
800 Track	F	80				
800 Track	F	85	07:15.58	RAY, DOROTHY	PORTAGE, MI	2002
800 Track	F	90				
800 Track	M	50	<b>02:15.70</b>	<b>BARBER, BILL</b>	<b>LAINGSBURG, MI</b>	<b>2008</b>
800 Track	M	55	02:18.29	GAIDE, DALE	PARMA, MI	2002
800 Track	M	60	02:28.93	MILLER, JACK	LEWIS CENTER, OH	1999
800 Track	M	65	<b>02:39.50</b>	<b>MALACZYNSKI, GERALD</b>	<b>BLOOMFIELD, MI</b>	<b>2008</b>
800 Track	M	70	02:43.30	BEALL, JAMES	WATERFORD, MI	2000
800 Track	M	75	03:23.90	GOLDSTEIN, IRWIN	ANN ARBOR, MI	2006
800 Track	M	80	04:34.40	WINTER, FREDERICK	HOLLAND, MI	1996
800 Track	M	85	04:32.55	LAWRENCE, PHIL	SUN LAKES, AZ	1999
800 Track	M	90	05:42.00	WINTER, FREDERICK	HOLLAND, MI	2006

1500 Track	F	50	<b>05:37.18</b>	<b>BLAIR, JACQUELINE</b>	<b>DETROIT, MI</b>	<b>2008</b>
1500 Track	F	55	<b>06:15.15</b>	<b>YAEGER, JUNE</b>	<b>WASHINGTON, MI</b>	<b>2008</b>
1500 Track	F	60	06:34.50	THELEN, RUTH	ST JOHNS, MI	2006
1500 Track	F	65	09:02.60	HARDY, ANNETTE	TRAVERSE CITY, MI	2001
1500 Track	F	70	08:18.00	VARANI, MARY	STERLING HEIGHTS, MI	1992
1500 Track	F	75	<b>09:04.75</b>	<b>DEAN, CAROL</b>	<b>ROCHESTER, MI</b>	<b>2008</b>
1500 Track	F	80	12:53.07	NICHOLS, MARY	DEARBORN, MI	1994
1500 Track	F	85	14:43.53	RAY, DOROTHY	PORTAGE, MI	2002
1500 Track	F	90	28:06.00	SAGE, ELEANOR	CLARE, MI	2002
1500 Track	M	50	<b>04:40.88</b>	<b>BARBER, BILL</b>	<b>LAINGSBURG, MI</b>	<b>2008</b>
1500 Track	M	55	05:05.00	RAVINS CROFT, ALVIN	GRAND RAPIDS, MI	1993
1500 Track	M	60	05:07.03	MALACZYNSKI, GERARD	BLOOMFIELD, MI	2006
1500 Track	M	65	<b>05:10.55</b>	<b>MALACZYNSKI, GERARD</b>	<b>BLOOMFIELD, MI</b>	<b>2008</b>
1500 Track	M	70	05:51.40	BEALL, JAMES E	WATERFORD, MI	2000
1500 Track	M	75	06:32.88	EVANS, JOHN	GRANDVILLE, MI	1992
1500 Track	M	80	<b>07:34.30</b>	<b>SEARS, KINGSLEY</b>	<b>WARREN, MI</b>	<b>2008</b>
1500 Track	M	85	11:49.80	STEELE, HERBERT	ST PETERSBURG, FL	1996
1500 Track	M	90				

Feet & Inches						Meters	
Discus	F	50	92'14.00"	MCGINESS, LINDA	LAKE CITY, MI	2003	28.397
Discus	F	55		<b>HARTZLER, MARY</b>	<b>GAHANNA, OH</b>	<b>2008</b>	<b>26.670</b>
Discus	F	60	82'10.00"	GRIFFITH, CAROL	STURGIS, MI	2005	25.2476
Discus	F	65	60'08.00"	SAMPSON, LUCILLE	CARLISLE, MI	1996	18.491
Discus	F	70	55'08.00"	LEMANSKI, PATRICIA	KALAMAZOO, MI	2005	16.9672
Discus	F	75		<b>LEMANSKI, PATRICIA</b>	<b>KALAMAZOO, MI</b>	<b>2008</b>	<b>16.750</b>
Discus	F	80	51'04.00"	GAWURA, JERRY	CANTON, MI	2000	15.6464
Discus	F	85	39'09.00"	GAWURA, JERRY	CANTON, MI	2005	12.1158
Discus	F	90					
Discus	M	50		<b>MICHAYLUK, MICHAEL</b>	<b>DAVISBURG, MI</b>	<b>2008</b>	<b>44.220</b>
Discus	M	55	147'02.00"	GOERGE, HILARY	LANSING, MI	2004	44.8564
Discus	M	60		<b>GOERGE, HILARY</b>	<b>LANSING, MI</b>	<b>2008</b>	<b>47.380</b>

Discus	M	65		<b>BITSKO, MICKEY</b>	<b>DAYTON, OH</b>	<b>2008</b>	<b>37.900</b>
Discus	M	70	117'07.00"	SAMPSON, CLIFFORD	CARLISLE, MI	1996	35.8394
Discus	M	75	113'08.50"	EZERINS, KARLIS	THREE RIVERS, MI	2001	34.6583
Discus	M	80	84'04.00"	ELLIOTT, KENNETH	GOOD HART, MI	1997	25.7048
Discus	M	85	70'07.00"	ELLIOTT, KENNETH	GOOD HART, MI	1999	21.5138
Discus	M	90	69'05.00"	SIMMONS, KENNETH	ANN ARBOR, MI	2000	21.1582
High Jump	F	50	3'10.00"	KANTAK, GAIL	MIDLAND, MI	2005	1.1684
High Jump	F	55	4'02.00"	MARTIN, CHERIE ANN	LASALLE ONTARIO	2000	1.27
High Jump	F	60	3'06.00"	HINSHON, NANCY	NORTHVILLE, MI	1999	1.0668
High Jump	F	65	3'00.00"	HOLLAND, MARY	COMSTOCK PARK, MI	1991	0.9144
High Jump	F	70	3'03.00"	QUIGLEY, PEG	TROY, MI	2000	0.9906
High Jump	F	75					
High Jump	F	80					
High Jump	F	85					
High Jump	F	90					
High Jump	M	50		<b>KRAKER, MIKE</b>	<b>HAMILTON, MI</b>	<b>2008</b>	<b>1.626</b>
High Jump	M	55	4'08.00"	RICHARDSON, REUBEN	GRAND RAPIDS, MI	2000	1.4224
High Jump	M	60	4'08.00"	NEWMAN, ROGER	OTSEGO, MI	1996	1.4224
High Jump	M	65	4'08.00"	MONROE, LOREN	DETROIT, MI	2000	1.4224
High Jump	M	70	4'04.00"	GREEN, FRANCIS	NILES, MI	1994	1.3208
High Jump	M	75	4'00.00"	BOESENHOFER, JOHN	TOLEDO, OH	1991	1.2192
High Jump	M	75	4'00.00"	MORNIGSTAR, HAMILTON	YPSILANTI, MI	1994	1.2192
High Jump	M	80	3'20.00"	BUSCHMAN, MELVIN	EAST LANSING, MI	2004	1.4224
High Jump	M	85	3'08.00"	BOESENHOFER, JOHN	TOLEDO, OH	2000	1.1176
High Jump	M	90					
Javelin	F	50	63'06.50"	SHERROD, DEBORAH	HARRISON, MI	2006	19.3675
Javelin	F	55	89'02.75"	GRIFFITH, CAROL	STURGIS, MI	2000	27.1971
Javelin	F	60	83'00.00"	GRIFFITH, CAROL	STURGIS, MI	2005	25.2984
Javelin	F	65	67'00.00"	LEMANSKI, PATRICIA	KALAMAZOO, MI	2002	20.4216
Javelin	F	70	57'08.00"	LEMANSKI, PATRICIA	KALAMAZOO, MI	2004	17.5768
Javelin	F	75	50'02.00"	GAWURA, JERRY	CANTON, MI	1994	15.2908
Javelin	F	80		<b>GAMBLE, CLARA</b>	<b>KALAMAZOO, MI</b>	<b>2008</b>	<b>13.000</b>
Javelin	F	85	35'11.00"	GAWURA, JERRY	CANTON, MI	2004	10.9474
Javelin	F	90					
Javelin	M	50	146'08.50"	GOERGE, HILARY	LANSING, MI	2001	44.7167
Javelin	M	55	144'10.25"	SCHROCK, JOHN	STURGIS, MI	2006	44.1516
Javelin	M	60		<b>BLOWERS, MICHAEL</b>	<b>PORTAGE, MI</b>	<b>2008</b>	<b>44.550</b>
Javelin	M	65	140'00.00"	KOSTER, STANLEY	HOLLAND, MI	2001	42.672
Javelin	M	70	131'05.00"	KOSTER, STANLEY	ZEELAND, MI	2006	40.0558
Javelin	M	75	98'01.00"	EZERINS, KARLIS	THREE RIVERS, MI	2002	29.8958
Javelin	M	80	76'07.50"	ELLIOTT, KENNETH	GOOD HART, MI	1996	23.3553
Javelin	M	85	66'06.00"	SIMMONS, KENNETH	ANN ARBOR, MI	1995	20.2692
Javelin	M	90	43'04.05"	WINTER, FREDRICK	HOLLAND, MI	2005	13.2093
Javelin	M	95	25'06.00"	BUTTERS, EDWIN	COLDWATER, MI	2004	7.7724
Long Jump	F	50	15'42.00"	GOTHRO-DEFEVER, KATHY	ASHLEY, MI	2003	5.6388
Long Jump	F	55	12'14.00"	SARNAIK, SHARADA	GROSSE POINTE, MI	2003	4.0132

Long Jump	F	60		<b>SARNAIK, SHARADA</b>	<b>GROSSE POINTE, MI</b>	<b>2008</b>	<b>3.569</b>
Long Jump	F	65	9'05.50"	LEMANSKI, PATRICIA	KALAMAZOO, MI	2000	2.8829
Long Jump	F	70	9'02.75"	DUGAL, CAROL	GRAND BLANC, MI	2002	2.81305
Long Jump	F	75	9'05.00"	HOLLAND, MARY	COMSTOCK PARK, MI	1999	2.8702
Long Jump	F	80	8"70.00"	HOLLAND, MARY	COMSTOCK PARK, MI	2004	4.2164
Long Jump	F	85					
Long Jump	F	90					
Long Jump	M	50	<b>17'00.75</b>	<b>BARBER, WILLIAM</b>	<b>LAINGSBURG, MI</b>	<b>2008</b>	<b>5.200</b>
Long Jump	M	55	15'42.00"	PAKIET, ZIGGY	TROY, MI	2003	5.6388
Long Jump	M	60		<b>COVEY, BRUCE</b>	<b>SOUTH HAVEN, MI</b>	<b>2008</b>	<b>5.022</b>
Long Jump	M	65	14'09.00"	ROTHLEY, WILLIAM	LIVONIA, MI	1999	4.4958
Long Jump	M	70	13'10.00"	ROTHLEY, WILLIAM	LIVONIA, MI	2004	4.2164
Long Jump	M	75		<b>ROTHLEY, WILLIAM</b>	<b>LIVONIA, MI</b>	<b>2008</b>	<b>4.222</b>
Long Jump	M	80	10'40.00"	RUSSELL, NILE	WALLED LAKE, MI	2003	4.064
Long Jump	M	85	9'04.50"	BOESENHOFER, JOHN	TOLEDO, OH	2002	2.8575
Long Jump	M	90	8'07.00"	BOESENHOFER, JOHN	TOLEDO, OH	2005	2.6162
Pole Vault	F	50	5'06.00"	MCGINESS, LINDA	LAKE CITY, MI	2003	1.6764
Pole Vault	F	55	5'06.00"	MCGINESS, LINDA	LAKE CITY, MI	2006	1.6764
Pole Vault	F	60	5'01.00"	HINSHON, NANCY	NORTHVILLE, MI	2001	1.5494
Pole Vault	F	65					
Pole Vault	F	70					
Pole Vault	F	75					
Pole Vault	F	80					
Pole Vault	F	85					
Pole Vault	F	90					
Pole Vault	M	50	11'00.00"	KOOYER, WALT	HOLLAND, MI	2000	3.5052
Pole Vault	M	55	11'04.00"	KOOYER, WALT	HOLLAND, MI	2004	3.3528
Pole Vault	M	60	10'00.00"	BOOTH, HOWARD	GREGORY, MI	2006	3.048
Pole Vault	M	65		<b>BOOTH, HOWARD</b>	<b>GREGORY, MI</b>	<b>2008</b>	<b>3.048</b>
Pole Vault	M	70	8'05.00"	LAMB, JOHN	HOLLAND, MI	2004	2.5654
Pole Vault	M	75	6'06.00"	MORNIGSTAR, HAMILTON	YPSILANTI, MI	1994	1.9812
Pole Vault	M	80	5'06.00"	BOESENHOFER, JOHN	TOLEDO, OH	1995	1.6764
Pole Vault	M	85	5'00.00"	BOESENHOFER, JOHN	TOLEDO, OH	2000	1.524
Pole Vault	M	90	3'06.00"	BOESENHOFER, JOHN	TOLEDO, OH	2005	1.0668
Shot Put	F	50	37'09.00"	SZANTO, ERIKA	OLMSTEAD FALLS, OH	1996	11.5062
Shot Put	F	55		<b>HARTZLER, MARY</b>	<b>GAHANNA, OH</b>	<b>2008</b>	<b>10.390</b>
Shot Put	F	60	28'01.25"	GRIFFITH, CAROL	STURGIS, MI	2006	8.56615
Shot Put	F	65	26'03.20"	SAMPSON, LUCILLE	CARLISLE, MI	1996	8.00608
Shot Put	F	70	24'00.00"	GAMBLE, CLARA	KALAMAZOO, MI	2000	7.3152
Shot Put	F	75		<b>LEMANSKI, PATRICIA</b>	<b>KALAMAZOO, MI</b>	<b>2008</b>	<b>7.080</b>
Shot Put	F	80		<b>GAMBLE, CLARA</b>	<b>KALAMAZOO, MI</b>	<b>2008</b>	<b>5.730</b>
Shot Put	F	85	17'00.00"	GAWURA, DOROTHY	PORTAGE, MI	2005	5.1816
Shot Put	F	90					
Shot Put	M	50	45'10.00"	GOERGE, HILARY	LANSING, MI	1999	13.97
Shot Put	M	55	45'02.75"	GOERGE, HILARY	LANSING, MI	2006	13.7859
Shot Put	M	60		<b>GOERGE, HILARY</b>	<b>LANSING, MI</b>	<b>2008</b>	<b>14.940</b>
Shot Put	M	65		<b>CAVOTTA, MICHAEL</b>	<b>THOMPSON, OH</b>	<b>2008</b>	<b>12.250</b>

Shot Put	M	70	46'08.00"	LOOMAN, HERBERT	KENTWOOD, MI	1991	14.224
Shot Put	M	75	34'04.50"	EZERINS, KARLIS	THREE RIVERS, MI	2001	10.4775
Shot Put	M	80	32'04.00"	SIMMONS, KENNETH	ANN ARBOR, MI	1991	9.8552
Shot Put	M	85	26'07.00"	SIMMONS, KENNETH	ANN ARBOR, MI	1995	8.1026
Shot Put	M	90	22'04.25"	SIMMONS, KENNETH	ANN ARBOR, MI	2000	6.81355
Triple Jump	F	50					
Triple Jump	F	55					
Triple Jump	F	60		<b>SARNAIK, SHARADA</b>	<b>GROSSE POINTE, MI</b>	<b>2008</b>	<b>7.277</b>
Triple Jump	F	65		HINSHON, NANCY	NORTHVILLE, MI	2007	5.850
Triple Jump	F	70		LEMANSKI, PATRICIA	KALAMAZOO, MI	2007	4.430
Triple Jump	F	75		<b>LEMANSKI, PATRICIA</b>	<b>KALAMAZOO, MI</b>	<b>2008</b>	<b>4.337</b>
Triple Jump	F	80		MCCREA, ELIZABETH	MILAN, MI	2007	2.900
Triple Jump	F	85					
Triple Jump	F	90					
Triple Jump	M	50	31'03.00"	FULGONI, JOHN	KALAMAZOO, MI	2006	9.525
Triple Jump	M	55		<b>GUSTOVICH, GEORGE</b>	<b>NILES, OH</b>	<b>2008</b>	<b>9.500</b>
Triple Jump	M	60		PAKIET, ZIGGY	TROY, MI	2007	9.1300
Triple Jump	M	65		<b>DANA, RICHARD</b>	<b>CALUMET, MI</b>	<b>2008</b>	<b>8.261</b>
Triple Jump	M	70		<b>BECKMAN, PAUL</b>	<b>GRANBERRY, TX</b>	<b>2008</b>	<b>7.442</b>
Triple Jump	M	75		<b>ROTHLEY, WILLIAM</b>	<b>LIVONIA, MI</b>	<b>2008</b>	<b>7.334</b>
Triple Jump	M	80					
Triple Jump	M	85		LOVELESS, RALPH	ROCKFORD, MI	2007	4.368
Triple Jump	M	90		<b>KALES, JAMES</b>	<b>WHITMORE LAKE, MI</b>	<b>2008</b>	<b>4.570</b>
Hammer Throw	F	50					
Hammer Throw	F	55		<b>HARTZLER, MARY</b>	<b>GAHANNA, OH</b>	<b>2008</b>	<b>38.460</b>
Hammer Throw	F	60	63'02.00"	GRIFFITH, CAROL	STURGIS, MI	2006	19.2532
Hammer Throw	F	65					
Hammer Throw	F	70					
Hammer Throw	F	75					
Hammer Throw	F	80					
Hammer Throw	F	85					
Hammer Throw	M	50		<b>WETENHALL, JIM</b>	<b>SYLVANIA, OH</b>	<b>2008</b>	<b>52.990</b>
Hammer Throw	M	55		<b>SHIELDS, CARL</b>	<b>BROOKHAVEN, PA</b>	<b>2008</b>	<b>45.690</b>
Hammer Throw	M	60		<b>GOERGE, HILARY</b>	<b>LANSING, MI</b>	<b>2008</b>	<b>41.920</b>
Hammer Throw	M	65		<b>BITSKO, MICKEY</b>	<b>DAYTON, OH</b>	<b>2008</b>	<b>40.490</b>
Hammer Throw	M	70	68'04.00"	DILLING, WENDELL	MIDLAND, MI	2006	20.828
Hammer Throw	M	75					
Hammer Throw	M	80					
Hammer Throw	M	85					
Hammer Throw	M	90	24'08.00"	WINTER, FREDERICK	HOLLAND, MI	2006	7.5184
<b>Triathlon</b>							
Triathlon	F	50	1:09:24.00	STEIL, TAMARA	GRANDVILLE, MI	2006	
Triathlon	F	55	1:16:52.00	ACTON, PEGGY	MANISTEE, MI	1995	
Triathlon	F	60	1:20:53.00	ACTON, PEGGY	MANISTEE, MI	1996	
Triathlon	F	65	1:26:09.00	STRALEY, SUE	FLUSHING, MI	2004	
Triathlon	F	70	1:23:30.00	ACTON, PEGGY	MANISTEE, MI	2006	

Triathlon	F	75				
Triathlon	F	80				
Triathlon	F	85				
Triathlon	F	90				
Triathlon	M	50	0:57:57.00	BRINKER, JOHN	STEVENSVILLE, MI	2006
Triathlon	M	55	1:04:45.00	NORMAN, JOHN	WILLIAMSBURG, MI	2006
Triathlon	M	60	1:05:24.00	FASING, TED	YPSILANTI, MI	1993
Triathlon	M	65	0:55:16.00	VANBLARICUM, HARLAN	DEXTER, MI	2006
Triathlon	M	70	1:12:25.00	LOVAT, JAMES	WARREN, MI	1996
Triathlon	M	75	1:20:44.00	ACTON, HUGH	AUGUSTA, MI	2000
Triathlon	M	80	1:28:47.00	ACTON, HUGH	AUGUSTA, MI	2006
Triathlon	M	85				
Triathlon	M	90				

Weight Lifting <b>**NEW MEDAL EVENT IN 2008</b>						
Weight Lifting	F	50				
Weight Lifting	F	55	<b>134.19</b>	<b>Wetenhall, Katherine</b>	<b>Sylvania, OH</b>	<b>2008</b>
Weight Lifting	F	60	<b>144.13</b>	<b>Lumbert, Shirlian</b>	<b>Battle Creek, MI</b>	<b>2008</b>
Weight Lifting	F	65				
Weight Lifting	F	70	<b>89.12</b>	<b>Spears, Evelyn</b>	<b>East Lansing, MI</b>	<b>2008</b>
Weight Lifting	F	75				
Weight Lifting	F	80	<b>72.29</b>	<b>Gamble, Clara</b>	<b>Kalamazoo, MI</b>	<b>2008</b>
Weight Lifting	F	85				
Weight Lifting	M	50	<b>221.31</b>	<b>Nicolen, Wayne</b>	<b>Kalamazoo, MI</b>	<b>2008</b>
Weight Lifting	M	55	<b>157.71</b>	<b>Terwellen, Gary</b>	<b>Melvindale, MI</b>	<b>2008</b>
Weight Lifting	M	60	<b>187.11</b>	<b>Bokuniewicz, Len</b>	<b>Clarkston, MI</b>	<b>2008</b>
Weight Lifting	M	65	<b>212.8</b>	<b>Suhuba-Baruti, Antonio</b>	<b>Lansing, MI</b>	<b>2008</b>
Weight Lifting	M	70	<b>125.13</b>	<b>DeAngelo, Sal</b>	<b>Sterling Heights, MI</b>	<b>2008</b>
Weight Lifting	M	75	<b>104.37</b>	<b>Twardowski, Harry</b>	<b>Jackson, MI</b>	<b>2008</b>
Weight Lifting	M	80				
Weight Lifting	M	85				