

Michigan Senior Olympics

2005 Summer Games Result Book
Kalamazoo, Michigan





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A Message from the MSO Board of Directors

To all athletes:

Congratulations and thank you to the athletes and volunteers who joined Michigan Senior Olympics in Kalamazoo for the 26th Annual Summer Games. What a wonderful week it was!

Athletes, I commend your sportsmanship and athletic abilities. Your participation in the games demonstrates that you are committed to prove what the MSO mission is about; to promote healthy lifestyle in the 50 plus population. On behalf of the board, I applaud you.

To our many volunteers, without the many hours that you dedicated towards the games, the games would not happen. The tireless efforts of the Kalamazoo Local Organizing Committee and all of its many volunteers provided the support needed to host successful games.

I would also like to congratulate all of the athletes who have competed in the National Senior Games in Pittsburgh, June 3rd-18th, 2005! 2006 will be a qualifying year for the 2007 National Senior Games to be held in Louisville, Kentucky!

A thank you out as well to those who have provided financial support. You allow MSO to provided the essential components to continue to operate year after year.

With the memories of the 2005 Summer Games behind us, I invite you to join us in Kalamazoo next year for the 27th Annual Summer Games. See you next year!

Marye Miller
MSO Chair

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MARY ZICK
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LYNN ZIMMER
ZBIGY ZLOBICKI

Athlete's Pledge

I pledge to be the best athlete I can be by preparing myself for the contest to come.

I pledge to uphold the creed of good sportsmanship by applauding my competitors' victories.

I pledge to compete with all my heart so that when my race is over I will have finished with pride.

Author





History

Michigan Senior Olympics (MSO) was founded in 1979. MSO is dedicated to providing wellness opportunities for the 50 plus population. This is the foundation for all MSO endeavors. More specifically, Michigan Senior Olympics has focused on enhancing the quality of life for seniors by providing and developing programs in physical fitness, nutrition, mental strength, enhancing of sport skills, and health and wellness.

Michigan Senior Olympics initially channeled its efforts into implementing the annual Summer Senior Olympics Games. The first games were hosted by the City of Pontiac at the Pontiac Silverdome. In the years after, the games have traveled to Farmington Hills, Southfield, Battle Creek, Holland, Warren, Frankenmuth, and Midland and Lansing was home to the 2003/2004 games. Kalamazoo will be our host for 2005/2006. Participation in the games continues to rise with current athletes numbering over 1,000. The number of spectators has also risen dramatically over the last several years.

Michigan Senior Olympics chose Gaylord as the backdrop for the 2001 Inaugural Winter Olympic Games. With over fifteen winter events offered, these games saw a ten percent increase in participation in their second year. In 2005 Oakland County hosted the Games and will again in early February 2006.

As a 501 © (3) non-profit organization, Michigan Senior Olympics operates through the generosity of corporate sponsors who share in the MSO vision. Such forward thinking corporate leaders who share the vision and realize that the senior market is one the fastest growing markets and will continue to grow even larger in the future. Sponsors have not only supported the games but have taken the opportunity to support the MSO health & wellness clinics, sports instructional clinics, senior leadership programs and more. This allows the sponsor to support local programs that promote good nutrition and physical fitness habits in the community as well as programs that educate, encourage, and motivate 50 plus adults to participate and enhance their skills and quality of life.

Michigan Senior Olympics is dispelling the myths of aging as well as serving as the impetus for the 50 plus population continue to maintain a healthy body, mind, and spirit. The result is a healthier and more productive life for us all.

MSO VOLUNTEERS

Michigan Senior Olympics includes a dedicated group of volunteers. They range from games organizers, membership recruiters, public relations specialists, sports advisors, fund-raisers, office assistance, and more. The strong and active volunteer corps is a vital component of MSO and it's years of success. MSO could not survive without the generosity of all the people who volunteer throughout the year.



MSO Programs

Michigan Senior Olympics Inc. has been a leading advocate in the area of health, wellness, fitness, and nutrition for over 26 years. MSO has continually provided the mature adult population of Michigan with the information and opportunities to create or recreate a healthy, active lifestyle. The annual MSO games are an important part of the MSO program, but not the whole story.

MSO provides a number of programs to assist the 50 plus adult interested in advancing their quality of life. MSO provides programs in health, fitness, wellness, and nutrition; sports instruction; informational programs on a number of topics; a forum for local games organizers; tournaments and meets; “how-to” conferences;



Vision

Michigan Senior Olympics' vision is to provide all individuals 50 years plus with the programs to enjoy healthy and active lifestyles.

◆ **Local Organizing Committee**

The local organizing committee organizes the MSO statewide games. This team is made up of dedicated individuals, organizations, and business from the local community where the games are taking place. They are responsible for the overall games setup including securing the venues, recruiting games volunteers, arranging hotel accommodations, and much more. The committee usually operates for two years the length of time MSO games are traditionally held in one location.

◆ **Local Games Coordinators**

Local games are held at different locations throughout the state. Local games coordinators are the organizers of these community games. MSO is bringing local games coordinators together to exchange ideas and information. The goal is to have everyone working in the senior sports movement communicating and assisting each other to strengthen all of the programs.

◆ **Board of Directors**

The Michigan Senior Olympics Board of Directors is a non-paid group of dedicated volunteers. They have maintained MSO for its last 26-plus years, without paid staff for the first 16 years and with minimal staff since then. To say that the Board of Directors is a working board is an understatement they are the force that keeps the organization functioning and successful in all of its programs. The tireless efforts of these women and men, in the worthy cause of better lives for seniors, are awesome.

◆ **Sports Committee**

Sports advisor athletes serve as representatives of their sport and as an advisory group for the planning of games, meets, and tournaments. They are experienced and knowledgeable in the rules, regulations, and techniques of their sport(s) of choice. The sports advisors give their opinions on rules and rule changes, as well as their ideas for improving the overall caliber of the organization. The committee members are from across the state, with the largest concentration from southeast Michigan.

◆ **Ambassadors**

MSO ambassadors are a group of athletes who serve as an information network throughout the state. Each ambassador represents his or her county. On a county wide basis, ambassadors promote the annual games, recruit members, serve as public relations liaisons, and more.

Singles Results

Archery

ARCHERY - Compound Release Gender: M

50-54	1	873	Mike Goodrich	Portage, MI
55-59	1	862	Lester Kerbyson	Marlette, MI
	2	850	Allen Marden	Standish, MI
	3	780	Dennis Taylor	North Branch, MI
60-64	1	694	Albert Ouellette	Westland, MI
65-69	1	829	Charles Syms	Clifford, MI
	2	812	Jerry Young	Brighton, MI
	2	812	Norman Suwinski	Rochester, MI
70-74	1	749	Karl Little	Pymouth, MI
	2	679	William Thumm	Plymouth, MI

ARCHERY - Recurve Gender: F

55-59	1	500	Paula Serra	Waterford, MI
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ARCHERY - Recurve Gender: M

50-54	1	838	Thomas Booth	Brighton, MI
60-64	1	425	Fred Douglass	South Lyon, MI
65-69	1	735	James Hart	Central Lake, MI
70-74	1	739	Roy Rider	Jackson, MI

ARCHERY- Compound Finger Gender: M

55-59	1	780	Dennis Taylor	North Branch, MI
60-64	1	425	Fed Douglass	South Lyon, MI
75-79	1	529	Albert Temple	Livonia, MI

ARCHERY- Barebow Recurve: M

50-54	1	750	James Powell	Grand Ledge, MI
60-64	1	515	Larry White	Riverdale, MI

Badminton

Badminton Gender: F

50-54	1	Phyllis Cupp	Mendon, MI
55-59	1	Sheryl Judd	Harrison, MI
	2	Mary Kaechele	Kalamazoo, MI
65-69	1	Wanda Vasko	Sterling Hgts, MI
70-74	1	Pat Lemanski	Kalamazoo, MI
	2	Pat Hunter	Rochester, MI
75-78	1	Clara Gamble	Kalamazoo, MI

BADMINTON Gender: M

50-54	1	Roger Leung	Canton, MI
	2	Bill Pillai	Kalamazoo, MI
60-64	1	Michael Quatro	Detroit, MI
65-69	1	Roger Bechtol	Taylor, MI
	2	Richard Jonseck	Grand Ledge, MI
	3	Richard Guilford	Portland, MI

Bowling

BOWLING Gender: F

55-59	1	417	Diane Schroder	Hartland, MI
	2	412	Mary Boes	Lake Orion, MI
	3	396	Suzette Pelton	Berrien Springs, MI
60-64	1	378	Diane Carr	Clinton Twp., MI
65-69	1	449	Geri Husek	W. Bloomfield, MI
	2	415	Elsie Wells	Osseo, MI
70-74	1	445	Anne Spencer	Plymouth, MI
	2	432	Janet Henderson	Kalamazoo, MI
75-79	1	418	Marion Converse	Troy, MI
	2	414	Ann Edwards	Paw Paw, MI

80-84	1	424	Margaret Russell	Walled Lake, MI
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BOWLING Gender: M

50-54	1	625	Tom Spigelmoyer	Kalamazoo, MI
	2	562	Gary Siegel	West Bloomfield, MI
	3	526	Robert Pinewski	Canton, MI
55-59	1	701	James Rock	Kalamazoo, MI
60-64	1	486	Tom Poisson	Ontonagon, MI
65-69	1	549	James Hensler	Saginaw, MI
	2	546	Gerald Hensler	Saginaw, MI
	3	539	Philip Horowitz	W. Bloomfield, MI
70-74	1	568	Gene Wells	Osses, MI
	2	533	Joseph Husek	W. Bloomfield, MI
	3	480	Eugene Olson	South Lyon, MI
75-79	1	525	Edward Czech	Harper Woods, MI
	2	506	George Stadlmayer	St. Joseph, MI
	3	459	Jack Converse	Troy, MI
80-84	1	397	Nile Russell	Walled Lake, MI
85-89	1	552	Earl Hubenthal	Grand Rapids, MI
	2	408	Joseph Dorn	Clinton Twp., MI
90-94	1	501	John Boesenhofer	Toledo, OH
	2	494	James Kales	Whitemore Lake, MI

Cycling

CYCLING - 5K Timed Trial Gender: F

50-54	1	10:17.03	Linda McGiness	Lake City, MI
55-59	1	18:26.00	Diane Schroder	Hartland, MI
65-69	1	10:00.00	Janet Sanderson	Quincy, MI
	2	10:40.09	Robetta Kohnen	Frankfort, MI
	3	12:14.01	Sylvia Graves	Traverse City, MI
75-79	1	11:52.05	Janice Brennan	Farmington Hills, MI
	2	12:17.01	Peg Quigley	Novi, MI
	3	12:42.05	Harriet Swanson	Traverse City, MI

CYCLING - 5K Timed Trial Gender: M

50-54	1	7:39.04	Roger Antoniu	Edwardsburg, MI
	2	7:54.01	James Hendeson	Kalamazoo, MI
	3	8:09.04	Richard Keidan	W. Bloomfield, MI
55-59	1	8:06.01	Sterling Putt	Vicksburg, MI
	2	8:23.08	Rodney Howard	Okemos, MI
	3	8:47.04	Michael Cushnier	Rochester, MI
60-64	1	8:28.00	James Meekoff	Grand Rapids, MI
	2	8:30.02	Richard Sheff	Milan MI
	3	9:43.06	Ray Martin	Sturgis, MI
65-69	1	8:06.00	Fred Swartz	Perry, MI
	2	9:08.04	Jack Kroeze	Twin Lake, MI
	3	10:55.00	Robert Ferguson	Portage, MI
70-74	1	8:22.04	Gerald Bartels	Mt. Clemens, MI
	2	9:33.07	Louis Monacelli	Farmington, MI
	3	10:24.08	John Borneo	Bay City, MI
75-79	1	8:43.01	James Georgas	Collingwood, ON
	2	9:19.07	Gene Rundell	Traverse City, MI
	3	9:28.00	Richard Graves	Traverse City, MI
85-89	1	12:46.04	Victor Vanfleet	Kalamazoo, MI

CYCLING - 10K Timed Trial Gender: F

50-54	1	18:33.00	Linda McGiness	Lake City, MI
65-69	1	20:31.02	Peggy Acton	Manistee, MI
	2	21:09.08	Janet Sanderson	Quincey, MI
	3	26:22.05	Sylvia Graves	Traverse City, MI
75-79	1	24:25.09	Janice Brennan	Farmington, MI
	2	25:29.05	Peg Quigley	Novi, MI

Singles Results

CYCLING - 10K Timed Trial Gender: M

50-54	1	17:21.08	Roger Antoniu	Edwardsburg, MI
	2	17:23.04	Mark McCormick	Kalamazoo, MI
	3	17:24.08	James Henderson	Kalamazoo, MI
55-59	1	17:57.00	Sterling Putt	Vicksburg, MI
	2	18:42.09	Rodney Howard	Okemos, MI
	3	19:19.04	Michael Cushnier	Rochester Hills, MI
60-64	1	18:18.04	James Meekoff	Grand Rapids, MI
	2	18:46.07	Richard Sheff	Milan, MI
	3	23:38.04	Robert Unser	Kalamazoo, MI
65-69	1	18:03.01	Fred Swartz	Perry, MI
	2	18:49.02	Richard Dreist	Royal Oak, MI
	3	20:34.06	Jack Kroeze	Twin Lake, MI
70-74	1	18:58.02	Gerald Bartels	MT. Clemens, MI
	2	21:07.00	Louis Monacelli	Farmington, MI
75-79	1	19:07.07	James Georgas	Collingwood, ON
	2	20:29.09	Gene Rundell	Traverse City, MI
	3	20:43.07	Michael Baughman	Jackson, M
85-89	1	25:13.08	Victor Vanfleet	Kalamazoo, MI

CYCLING - 20K Road Race Gender: F

55-59	1	Jane Norton	Delton, MI
65-69	1	Janet Sanderson	Quincy, MI
	2	Roberta Kohnen	Frankfort, MI
	3	Sylvia Graves	Traverse City, MI
75-79	1	Peg Quigley	Novi, MI
	2	Harriet Swanson	Kalamazoo, MI

CYCLING - 20K Road Race Gender: M

50-54	1	Roger Antoniu	Edwardsburg, MI
	2	Daniel Hoff	Mattawan, MI
	3	Dallas Townsend	Paw Paw, MI
55-59	1	Sterling Putt	Vicksburg, MI
	2	Michael Cushnier	Rochester Hills, MI
	3	Peter Sprecher	St. Clair Shores, MI
60-64	1	Richard Sheff	Milan, MI
	2	James Robinson	Novi, MI
	3	James Meekoff	Grand Rapids, MI
65-69	1	Fred Swartz	Perry, MI
	2	Richard Dreist	Royal Oak, MI
	3	Jack Kroeze	Twin Lake, MI
70-74	1	Gerald Bartels	MT Clemens, MI
	2	Louis Monacelli	Farmington, MI
	3	John Borneo	Bay City, MI
75-79	1	James Georgas	Collingwood, ON
	2	Gene Rundell	Traverse City, MI
	3	Richard Graves	Traverse City, MI
85-89	1	Victor Vanfleet	Kalamazoo, MI

CYCLING - 40K Road Race Gender: F

60-64	1	Kathleen Van Tubbergen	Holland, MI
65-69	1	Janet Sanderson	Quincey, MI
	2	Sylvia Graves	Traverse City, MI
75-79	1	Harriet Swanson	Kalamazoo, MI

CYCLING - 40K Road Race Gender: M

50-54	1	Rob Hair	Livonia, MI
	2	Roger Antoniu	Edwardsburg, MI
	3	Richard Keiden	W. Bloomfield, MI
55-59	1	Sterling Putt	Vicksburg, MI
	2	Peter Sprecher	St. Clair Shores, MI
	3	Michael Cushnier	Rochester, MI
60-64	1	Richard Sheff	Milan, MI
	2	Robert Unser	Kalamazoo, MI
65-69	1	Fred Swartz	Perry, MI
	2	Jack Kroeze	Twin Lakes, MI
	3	Dick Nivala	Kalamazoo, MI
70-74	1	Gerald Bartels	MT. Clemens, MI
	2	Louis Monacelli	Farmington, MI

	3	Bill Bailey	Battle Creek, MI
75-79	1	James Georgas	Collingwood, ON
	2	Gene Rundell	Traverse City, MI
	3	Michael Baughman	Jackson, MI
85-89	1	Victor Vanfleet	Kalamazoo, MI

*Please note golf scores reflect a 54 hole total

Golf

GOLF Gender: F

50-54	1	286	Julie Miller	Washington Twp., MI
	2	287	Suzanne Riggs	Livonia, MI
	3	308	Patricia Robb	East China, MI
55-59	1	291	Priscilla Spencer	Flint, MI
	2	323	Veronica Legutko	Flint, MI
	3	359	Patsy Friend	Flint, MI
60-64	1	274	Lily Ly	Davison, MI
	2	278	Marilyn Knoth	Shelby, MI
	3	297	Diane Johnson	St. Clair Shores, MI
65-69	1	302	Janice Kietzmann	Hastings, MI
	2	335	Peg Acton	Manistee, MI
	3	378	Constance Fontana	Madison Hgts., MI
70-74	1	282	Dee Martin	Wyoming, MI
	2	339	Madeline Brockway	Dewitt, MI
	3	343	Deno Applebee	Ovid, MI
75-79	1	317	Irene Gariepy	Royal Oak, MI
	2	326	Shirley Wilson	Clawson, MI
85-89	1	306	Mary Allen	Wayne, MI

GOLF Gender: M

50-54	1	216	Mark McCormick	Kalamazoo, MI
	2	232	Bill Roberts	Kalamazoo, MI
	3	241	John Phillips	Saint Joseph, MI
60-64	1	232	Enrico Odorico	Macomb, MI
	2	248	William Knoth	Shelby, MI
	3	268	Lionel Wells	Mt. Morris, MI
65-69	1	238	Carl Goff	Saint Joseph, MI
	2	250	Denny Semrau	Greenville, MI
	3	263	Jim Hock	Kalamazoo, MI
70-74	1	265	John Cosby	Detroit, MI
75-79	1	260	Edward Acton	Manistee, MI
80-84	1	268	Erv Bauer	Rochester, MI
	2	295	William Kowalski	Portage, MI
	3	318	Edward Radebaugh	Temperance, MI

Horseshoes

HORSESHOES Gender: F

65-69	1	Irene Wing	Saint Johns, MI
70-74	1	Anne Spencer	Plymouth, MI
75-79	1	Harriet Swanson	Kalamazoo, MI
	2	Maxine Swanson	Kalamazoo, MI
85-89	1	Jerry Gawura	Canton, MI

HORSESHOES Gender: M

50-54	1	Richard Sinclair	Plainwell, MI
55-59	1	David Burns	Mattawan, MI
70-74	1	Gene Wells	Osseo, MI
	2	Lynn Longley	Portage, MI
75-79	1	Clayton Champion	Galesburg, MI
	2	Donald Mattingly	Kalamazoo, MI
	3	William Vincent	Troy, MI
85-89	1	Harold Schrupp	Paw Paw, MI

Race Walk

RACE WALK - 1500M Gender: F

50-54	1	08:19.10	Debbie Topham	Mayville, MI
	2	10:06.90	Sue Haroldson	Portage, MI
	3	11:54.80	Carol Queen	Kingston, MI
60-64	1	11:41.30	Marika Blumerick	Shelby, MI
	2	13:03.80	Connie Bohm	Plainwell, MI
65-69	1	12:05.20	Jackie Rossi	Birmingham, MI

Singles Results

70-74	1	13:11.40	Lurline Sears	Warren, MI
75-79	1	12:13.00	Carolyn Selby	Portage, MI
	2	13:08.10	Thelma Fallows	Portage, MI
80-84	1	12:04.90	Alice Segar	West Branch, MI
85-89	1	13:42.20	Mary Jean Chaffee	Kentwood, MI

RACE WALK - 1500M Gender: M

50-54	1	07:34.10	Bill Reed	Scotts, MI
	2	09:31.90	Gary Terwellen	Melvindale, MI
55-59	1	08:25.10	Rick Sack	Parchment, MI
	2	09:49.50	Thomas Brenner	Sturgis, MI
	3	13:04.90	Lynn Zimmer	Gobles, MI
60-64	1	09:06.80	Marshall Sanders	Flushing, MI
	2	10:06.50	Harlan Vanblaricum	Dexter, MI
	3	10:58.70	Ray Bentley	Hillsdale, MI
65-69	1	10:17.90	Thomas Soper	Sturgis, MI
	2	10:46.70	Philip Veenhuis	Troy, MI
	3	11:17.80	David Cook	Rockford, MI
70-74	1	09:40.00	Robert Ferguson	St. Joseph, MI
	2	10:41.10	John Borneo	Bay City, MI
	3	11:06.70	Bruce Rice	Detroit, MI
85-89	1	11:48.40	Abe Ulanoff	Southfield, MI
90-94	1	13:39.70	Manny Hauer	West Bloomfield, MI

RACE WALK - 5K Gender: F

50-54	1	29:48	Debbie Topham	Mayville, MI
	2	35:06	Carol Weber	Kalamazoo, MI
	3	35:23	Sue Haroldson	Portage, MI
55-59	1	40:15	Kathy Kuk	Portage, MI
	2	46:12	Jane Norton	Delton, MI
60-64	1	46:32	Jeanne Turner	Hickory Corners, MI
70-74	1	46:13	Lurline Sears	Warren, MI
75-79	1	44:21	Carolyn Selby	Portage, MI
	2	46:33	Thelma Fallows	Portage, MI
80-84	1	41:24	Alice Segar	West Branch, MI
85-89	1	46:50	Mary Jean Chaffee	Kentwood, MI

RACE WALK - 5K Gender: M

50-54	1	34:01	Gary Terwellen	Melvindale, MI
55-59	1	32:48	Rick Sack	Parchment, MI
	2	33:34	Thomas Brenner	Sturgis, MI
	3	43:25	Lynn Zimmer	Gobles, MI
60-64	1	32:33	Marshall Sanders	Flushing, MI
	2	32:34	Harlan Vanblaricum	Dexter, MI
65-69	1	36:50	Thomas Soper	Sturgis, MI
	2	39:14	Philip Veenhuis	Troy, MI
70-74	1	34:09	Robert Ferguson	St. Joseph, MI
	2	42:10	Bruce Rice	Detroit, MI
75-79	1	37:40	Michael Piperides	Warren, MI
85-89	1	37:75	Abe Ulanoff	Southfield, MI

Racquetball

RACQUETBALL Gender: F

50-54	1	Deborah Sherrod	Harrison, MI
55-59	1	Sheryl Judd	Harrison, MI
75-79	1	Clara Gamble	Kalamazoo, MI
	2	Norma Stafford	Kalamazoo, MI

RACQUETBALL Gender: M

50-54	1	Andrew Mitchell	Harrison, MI
	2	Gary Anjeski	Troy, MI
	3	Martin Bruce	Kalamazoo, MI
55-59	1	Joseph Kiebala	Kalamazoo, MI
	2	Richard Points	Beaverton, MI
60-64	1	Larry Anderson	Battle Creek, MI
	2	Ronald Johnson	Vicksburg, MI
	3	Frank Cody	Kalamazoo, MI
65-69	1	Carl Gilsdorf	St. Clair Shores, MI

70-74	1	Daniel Altenburg	South Haven, MI
75-79	1	Michael Piperides	Warren, MI

Road Race

ROAD RACE 5K Gender: F

50-54	1	25:08	Deborah Sherrod	Harrison, MI
	2	26:12	Karen Buys	Coldwater, MI
	3	31:17	Mary Whitney	Marcellus, MI
55-59	1	22:32	Maggy Zidar	Pontiac, MI
	2	29:06	Linda Flues	Munger, MI
60-64	1	21:49	Sharon Dolan	Fowler, MI
65-69	1	31:58	Glenn Ellen Thomas	Bay City, MI

ROAD RACE 5K Gender: M

50-54	1	17:59	Daniel Washburn	Tekonshe, MI
	2	18:23	Tom Nehil	Kalamazoo, MI
	3	18:33	David Avery	Stockbridge, MI
55-59	1	19:28	Tim Flues	Munger, MI
	2	20:56	Bob Byers	Kalamazoo, MI
	3	23:44	Greg Merwin	Lake Isabella, MI
65-69	1	25:31	Thomas Soper	Sturgis, MI
70-74	1	28:21	Bob Root	Niles, MI
	2	29:40	Marvin Stevenson	Rochester, MI
75-79	1	30:59	Kingsley Sears	Warren, MI

ROAD RACE 10K Gender: F

50-54	1	69:08	Mary Whitney	Marcellus, MI
55-59	1	47:49	Maggy Zidar	Pontiac, MI
	2	60:57	Linda Flues	Munger, MI
65-69	1	70:37	Glenn Ellen Thomas	Bay City, MI

ROAD RACE 10K Gender: M

50-54	1	38:31	Daniel Washburn	Tekonshe, MI
	2	40:09	James Henderson	Kalamazoo, MI
	3	47:03	Brad Borgeson	Brighton, MI
55-59	1	40:44	Tim Flues	Munger, MI
	2	44:47	Bob Byers	Kalamazoo, MI
70-74	1	58:49	Marvin Stevenson	Rochester, MI
75-79	1	69:17	Kingsley Sears	Warren, MI

Shuffleboard

SHUFFLEBOARD Gender: F

65-69	1	Elaine Bisel	Holland, MI
70-74	1	Betty Mattingly	Kalamazoo, MI
75-79	1	Marion Converse	Troy, MI
80-84	1	Mary Holland	Comstock Park, MI
	2	Kaye Gould	Breckenridge, MI

SHUFFLEBOARD Gender: M

65-69	1	Gary Makinen	Manistee, MI
70-74	1	Robert Alburtus	Centerville, MI
	2	Eugene Meyer	Saint Clair Shores, MI
	3	Noel Bisel	Holland, MI
75-79	1	Jack Converse	Troy, MI
	2	Donald Mattingly	Kalamazoo, MI
80-84	1	Dale Gould	Breckenridge, MI
85-89	1	David Stefansky	Farmington Hills, MI

Swimming

50Y BACKSTROKE Gender: F

55-59	1	1:09.15	Robbie Owens	Troy, MI
65-69	1	1:34.37	Sondra Levin	Benton Harbor, MI
70-74	1	0:58.65	Frances Hocking	Redford, MI
75-79	1	01:05.89	Teresa Diguiseppe	Holland, MI
80-84	1	01:07.97	Shirley Crandell	Willowdale, ON

50Y BACKSTROKE Gender: M

55-59	1	00:35.92	Thomas Brenner	Sturgis, MI
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Singles Results

60-64	1	00:35.79	Ray Martin	Sturgis, MI
65-69	1	00:34.44	David Diget	Mattawan, MI
	2	00:46.14	Michael Medvezky	Fort Gratiot, MI
	3	01:16.97	Steven Heeter	Battle Creek, MI
70-74	1	00:49.48	William Lesage	Rockwood, MI
75-79	1	00:48.37	Carlton Chopp	Allegan, MI
85-89	1	01:01.10	Harry Class	Kitchener, ON

100Y BACKSTROKE Gender: F

55-59	1	1:49.14	Karen Teichman	Marquette, MI
	2	2:33.91	Robbie Owens	Troy, MI
65-69	1	3:18.16	Sondra Levin	Benton Harbor, MI
80-84	1	2:39.98	Shirley Crandell	Willowdale Ontario

100Y BACKSTROKE Gender: M

50-54	1	1:20.45	Kenneth Mange	Portage, MI
55-59	1	1:26.78	Thomas Brenner	Sturgis, MI
65-69	1	1:20.76	David Diget	Mattawan, MI
	2	1:40.39	Michael Medvezky	Fort Gratiot, MI
70-74	1	1:51.59	William Lesage	Rockwood, MI
75-79	1	1:47.78	Carlton, Chopp	Allegan, MI
85-89	1	2:39.69	Harry Class	Kitchener, ON

200Y BACKSTROKE Gender: F

55-59	1	4:38.42	Virginia Lane	Saginaw, MI
80-84	1	5:56.79	Shirley Crandell	Willowdale Ontario

200Y BACKSTROKE Gender: M

55-59	1	2:50.38	Gregory Pash	Traverse City, MI
	2	6:33.32	Michael Kowal	Taylor, MI
65-69	1	2:50.16	David Diget	Mattawan, MI
	2	2:50.79	Steven Heeter	Battle Creek, MI
70-74	1	4:14.75	William Lesage	Rockwood, MI

50Y BREASTSTROKE Gender: F

60-64	1	0:49.51	Mickey Stillwell	Grand Rapids, MI
70-74	1	1:06.30	Joan Vanzoeren	Kalamazoo, MI
75-79	1	1:12.21	Teresa Diguiseppe	Holland, MI

50Y BREASTSTROKE Gender: M

55-59	1	39.47	Thomas Teichman	Marquette, MI
60-64	1	37.34	Ray Martin	Sturgis, MI
	2	42.32	Frank Cody	Kalamazoo, MI
	3	50.77	Philip Varilone	Dearborn, MI
65-69	1	1:02.78	Steven Heeter	Battle Creek, MI
80-84	1	59.26	Arlon Quigley	Novi, MI
	2	1:07.45	Robert Doud	Battle Creek, MI
85-89	1	1:26.78	Harry Class	Kitchener, ON

100Y BREASTSTROKE Gender: F

65-69	1	2:23.47	Mary Zick	Saint Joseph, MI
70-74	1	2:15.56	Joan Vanzoeren	Kalamazoo, MI

100Y BREASTSTROKE Gender: M

55-59	1	1:32.59	Thomas Teichman	Marquette, MI
	2	2:41.02	Michael Kowal	Taylor, MI
60-64	1	1:35.24	Frank Cody	Kalamazoo, MI
65-69	1	1:31.67	David Diget	Mattawan, MI
	2	2:26.29	Steven Heeter	Battle Creek, MI
85-89	1	3:43.28	Harry Class	Kitchener, ON

200Y BREASTSTROKE Gender: F

55-59	1	3:51.38	Judith Jansen	Kalamazoo, MI
65-69	1	4:54.69	Mary Zick	Saint Joseph, MI
70-74	1	4:48.79	Joan Vanzoeren	Kalamazoo, MI

200Y BREASTSTROKE Gender: M

55-59	1	3:04.72	Gregory Pash	Traverse City, MI
60-64	1	3:34.62	Frank Cody	Kalamazoo, MI

50Y BUTTERFLY Gender: F

50-54	1	45.96	Christine Maxbauer	Traverse City, MI
55-59	1	49.10	Karen Teichman	Marquette, MI
	2	50.43	Judith Jansen	Kalamazoo, MI
	3	1:13.14	Virginia Lane	Saginaw, MI
75-79	1	1:07.02	Teresa Diguiseppe	Holland, MI

50Y BUTTERFLY Gender: M

50-54	1	30.06	Kenneth Mange	Portage, MI
55-59	1	28.37	Mark Pawlowski	Three Rivers, MI
	2	33.64	Thomas Brenner	Sturgis, MI
	3	1:20.80	Michael Kowal	Taylor, MI
60-64	1	33.91	Joe Buys	St. Clair Shores, MI
	2	43.60	Frank Cody	Kalamazoo, MI
65-69	1	41.21	Michael Medvezky	Fort Gratiot, MI
80-84	1	1:04.97	Robert Doud	Battle Creek, MI

100Y BUTTERFLY Gender: F

50-54	1	1:59.24	Christine Maxbauer	Traverse City, MI
55-59	1	2:01.92	Karen Teichman	Marquette, MI

100Y BUTTERFLY Gender: M

50-54	1	1:08.47	Kenneth Mange	Portage, MI
55-59	1	1:08.16	Greg Pash	Traverse City, MI
80-84	1	2:29.17	Robert Doud	Battle Creek, MI

50Y FREESTYLE Gender: F

55-59	1	37.90	Karen Teichman	Marquette, MI
	2	47.78	Virginia Lane	Saginaw, MI
60-64	1	37.94	Mickey Stillwell	Grand Rapids, MI
65-69	1	44.26	Darla Morrisette	Bay City, MI
	2	49.56	Glenn Ellen Thomas	Bay City, MI
75-79	1	51.32	Teresa Diguiseppe	Holland, MI
80-84	1	52.93	Shirley Crandell	Willowdale Ontario

50Y FREESTYLE Gender: M

50-54	1	27.00	Kenneth Mange	Portage, MI
	2	37.34	Robert Schuler	Otsego, MI
55-59	1	27.31	Mark Pawlowski	Three Rivers, MI
	2	28.03	Norman Kato	Pinconning, MI
	3	32.62	Thomas Teichman	Marquette, MI
60-64	1	27.41	Ray Martin	Sturgis, MI
	2	28.56	Joe Buys	St. Clair Shores, MI
	3	36.76	Philip Varilone	Dearborn, MI
65-69	1	31.08	Meade Gougeon	Bay City, MI
	2	46.65	Robert Ferguson	Portage, MI
	3	1:09.35	Steven Heeter	Battle Creek, MI
70-74	1	38.95	William Lesage	Rockwood, MI
	2	39.58	Ernest Schillinger	Rochester, MI
	3	41.29	John Borneo	Bay City, MI
75-79	1	38.30	Richard Graves	Traverse City, MI
	2	38.95	Carlton Chopp	Allegan, MI
80-84	1	49.10	Robert Doud	Battle Creek, MI
85-89	1	53.91	Harry Class	Kitchener, ON

100Y FREESTYLE Gender: F

50-54	1	1:30.26	Christine Maxbauer	Traverse City, MI
55-59	1	1:27.31	Judith Jansen	Kalamazoo, MI
65-69	1	1:40.92	Darla Morrisette	Bay City, MI
	2	1:56.23	Glenn Ellen Thomas	Bay City, MI
70-74	1	2:11.43	Joan Vanzoeren	Kalamazoo, MI
75-79	1	1:58.27	Teresa Diguiseppe	Holland, MI
80-84	1	2:10.96	Shirley Crandell	Willowdale, ON

100Y FREESTYLE Gender: M

50-54	1	1:16.10	Robert Schuler	Otsego, MI
55-59	1	1:01.50	Mark Pawlowski	Three Rivers
	2	1:24.34	James Schroder	Hartland, MI
60-64	1	1:03.07	Ray Martin	Sturgis, MI
	2	1:04.06	Joe Buys	St. Clair Shores, MI
65-69	1	1:14.94	Meade Gougeon	Bay City, MI
	2	1:27.17	Michael Medvezky	Fort Gratiot, MI
70-74	1	1:35.10	Ernest Schillinger	Rochester, MI
	2	1:35.73	William Lesage	Rockwood, MI
	3	1:40.23	John Borneo	Bay City, MI
75-79	1	1:32.38	Richard Graves	Traverse City, MI
	2	1:33.43	Carlton Chopp	Allegan, MI
85-89	1	1:58.75	Harry Class	Kitchener, MI

200Y FREESTYLE Gender: F

55-59	1	3:10.97	Karen Teichman	Marquette, MI
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Singles Results

2	3:11.15	Judith Jansen	Kalamazoo, MI
70-74	1 4:51.85	Joan Vanzoeren	Kalamazoo, MI
80-84	1 5:00.63	Shirley Crandell	Willowdale, ON

200Y FREESTYLE Gender: M

50-54	1 2:23.03	Kenneth Mange	Marquette, MI
	2 3:13.17	Robert Schuler	Otsego, MI
55-59	1 2:17.64	Gregory Pash	Traverse City, MI
	2 2:25.67	Mark Pawlowski	Three Rivers, MI
	3 3:13.86	James Schroder	Hartland, MI
60-64	1 2:21.49	Joe Buys	St. Clair Shores, MI
65-69	1 3:09.28	Meade Gougeon	Bay City, MI
70-74	1 3:26.77	Ernest Schillinger	Rochester, MI
75-79	1 3:24.82	Richard Graves	Willowdale, ON

500Y FREESTYLE Gender: F

50-54	1 8:00.67	Shon Field	Kalamazoo, MI
	2 8:39.76	Christine Maxbauer	Traverse City, MI
55-59	1 10:09.78	Virginia Lane	Saginaw, MI
65-69	1 10:03.68	Darla Morrisette	Bay City, MI
	2 10:46.40	Glenn Ellen Thomas	Bay City, MI

500Y FREESTYLE Gender: M

50-54	1 7:36.96	Samuel Field	Kalamazoo, MI
	2 9:29.71	Robert Schuler	Otsego, MI
55-59	1 6:22.34	Gregory Pash	Traverse City, MI
	2 9:00.51	James Schroder	Hartland, MI
60-64	1 6:36.79	Joe Buys	St. Clair Shores, MI
65-69	1 8:28.54	Meade Gougeon	Bay City, MI
	2 13:20.43	Don Cooney	Kalamazoo, MI
70-74	1 9:39.83	Ernest Schillinger	Rochester, MI
75-79	1 9:37.95	Richard Graves	Traverse City, MI

100Y INDIVIDUAL MEDLEY Gender: F

55-59	1 1:42.70	Judith Jansen	Kalamazoo, MI
	2 2:20.29	Virginia Lane	Saginaw, MI
75-79	1 2:23.72	Teresa Diguissepe	Holland, MI

100Y INDIVIDUAL MEDLEY Gender: M

55-59	1 1:15.43	Thomas Brenner	Sturgis, MI
	2 1:17.66	Mark Pawlowski	Three Rivers, MI
60-64	1 1:12.73	Joe Buys	St. Clair Shores, MI
65-69	1 1:14.34	David Diget	Mattawan, MI
	2 1:34.65	Michael Medvezky	Fort Gratiot, MI
70-74	1 1:48.56	Ernest Schillinger	Rochester, MI
	2 2:01.47	William Lesage	Rockwood, MI
80-84	1 2:26.02	Robert Doud	Battle Creek, MI

200Y INDIVIDUAL MEDLEY Gender: F

50-54	1 3:51.91	Christine Maxbauer	Traverse City, MI
55-59	1 3:51.69	Karen Teichman	Marquette, MI
	2 5:07.48	Virginia Lane	Saginaw, MI

200Y INDIVIDUAL MEDLEY Gender: M

50-54	1 2:57.16	Kenneth Mange	Portage, MI
55-59	1 2:40.64	Gregory, Pash	Traverse City, MI
65-69	1 2:54.96	David Diget	Mattawan, MI
70-74	1 3:57.60	Ernest Schillinger	Rochester, MI
80-84	1 5:10.57	Robert Doud	Battle Creek, MI

Table Tennis

TABLE TENNIS Gender: F

50-54	1	Patricia Hodgman	Kalamazoo, MI
	2	Carol Bender	Gregory, MI
55-59	1	Mary Kaechele	Kalamazoo, MI
	2	Dawn Vollink	Kalamazoo, MI
60-64	1	Kathleen Van Tubbergen	Holland, MI
	2	Dora Weir	Kalamazoo, MI
	3	Ruth Borski	Kalamazoo, MI
65-69	1	Lisa Sandovale	Battle Creek, MI
	2	Joan Bild	Gregory, MI
	3	Mary Hudson	Brighton, MI
70-74	1	Mary Strehlow	Kalamazoo, MI

TABLE TENNIS Gender: M

50-54	1	Daniel Hoff	Mattawan, MI
	2	Martin Bruce	Kalamazo, MI
55-59	1	Teymour Sepahbodi	Fair Haven, MI
	2	James Barton	Cotrellville, MI
	3	Keith Shell	Grand Haven, MI
60-64	1	Andy Garrow	Nunica, MI
	2	Phil Tanner	Brighton, MI
65-69	1	Lynn Johnson	Battle Creek, MI
	2	Carmen De Rubies	Warren, MI
	3	Donald, Alsbro	Benton Harbor, MI
70-74	1	Samual Holloway	Ann Arbor, MI
	2	John Levens	Ann Arbor, MI
	3	Grover Niergarth	Atlanta, MI
75-79	1	Robert Quinn	Madison Hght, MI
	2	John Zentner	Shelby Twp, MI
	3	William Strehlow	Kalamazoo, MI
85-89	1	Wilfred Grondin	Ada, MI

Tennis Singles

TENNIS SINGLES Gender: F

50-54	1	Carol Weber	Kalamazoo, MI
55-59	1	Dusanka Radovic	Sterling Heights, MI
	2	Carolyn Nielsen	Trufani, MI
	3	Suzette Pelton	Berrien Springs, MI
65-69	1	Willie Vinson	Lansing, MI
	2	Mary Borgert	Three Rivers, MI
75-79	1	Evelyn McLaughlin	Kalamazoo, MI
85-89	1	Mickey Pavlat	Livonia, MI

TENNIS SINGLES Gender: M

50-54	1	William Conklin	Saint Joseph, MI
55-59	1	James Phillips	White Pigeon, MI
	2	Chuck Rubino	Bridgman, MI
	3	Don Margoni	St. Joseph, MI
60-64	1	Robert Chene	Dearborn, MI
	2	Jack Grier	Bridgman, MI
	3	James Robinson	Novi, MI
65-69	1	James Elsman	Birmingham, MI
	2	Keith Collett	Taylor, MI
	3	Gary Nielsen	Trufant, MI
70-74	1	Jack Vredevelt	Kalamazoo, MI
	2	Raymond Burdett	Haslett, MI
	3	Larry Faber	Wyoming, MI
75-79	1	Stuart Bender	Midalnd, MI
	2	Jack Olds	Livonia, MI
	3	Larry Lewis	Jackson, MI
80-84	1	John Shingleton	East Lansing, MI
85-89	1	Abe Ulanoff	Southfield, MI
90-94	1	James Kales	Whitmore Lake, MI

Track and Field

100M RUN TRACK Gender: F

50-54	1	15.77	Deborah Feltz	Williamston, MI
55-59	1	16.17	Sharada Sarnaik	Grosse Pointe, MI
60-64	1	19.81	Marika Blumerick	Shelby Twp, MI
65-69	1	28.75	Charlotte Ambrose	Comstock Park, MI
75-79	1	19.32	Georgia Johnson	Lansing, MI
	2	25.05	Ann Edwards	Paw Paw, MI
85-89	1	47.71	Dorothy Ray	Portage, MI

100M RUN TRACK Gender: M

50-54	1	12.93	Charles Brown	Sturgis, MI
	2	13.54	John Fulgoni	Kalamazoo, MI
	3	13.75	Dave Czech	Farmington Hills, MI
55-59	1	12.92	James Seiler	Lake Saint Louis, MI
	2	13.45	Len Bokuniewicz	Clarkston, MI
	3	15.50	Eric Stacey	Clarkston, mi

Singles Results

60-64	1	13.52	Ziggy Pakiet	Troy, MI
	2	14.64	Philip Varilone	Dearborn, MI
	3	15.06	Ray Bentley	Hillsdale, MI
65-69	1	15.79	Robert Doumanian	Ypsilanti, MI
	2	16.23	Jerry White	Dearborn Heights, MI
	3	16.56	Joseph Gormley	Livonia, MI
70-74	1	15.40	Ernest Alcocer	Dearborn Heights, MI
	2	15.64	Frank Ayers	Okemos, MI
75-79	1	17.68	Freddie Taylor	Inkster, MI
	2	19.93	William Riekels	St. Joseph, MI
80-84	1	18.75	Nile Russell	Walled Lake, MI
	2	19.02	Jack Hipple	South Lyon, MI
	3	26.61	Earl Wickman	Alma, MI
85-89	1	22.84	Abe Ulanoff	Southfield, MI
90-94	1	24.02	John Boesenhofer	Toledo, OH

200M RUN TRACK Gender: F

55-59	1	35.31	Sharada Sarnaik	Grosse Pointe, MI
60-64	1	36.32	Ruth Thelen	St. Johns, MI
65-69	1	55.54	Lorraine Stuecken	Shelby Twp, MI
	2	1:06.45	Charlotte Ambrose	Comstock Park, MI
75-79	1	45.86	Georgia Johnson	Lansing, MI
85-89	1	2:21.25	Dorothy Ray	Portage, MI

200M RUN TRACK Gender: M

50-54	1	27.61	Charles Brown	Sturgis, MI
	2	29.58	Kenneth Mange	Portage, MI
	3	30.57	Gary Anjeski	Troy, MI
55-59	1	26.97	James, Seiler	Lake Saint Louis, MO
	2	28.47	Len Bokuniewicz	Clarkston, MI
	3	30.75	Joe Mason	Canton, MI
60-64	1	28.89	Ziggy Pakiet	Troy, MI
	2	31.04	Philip Varilone	Dearborn, MI
	3	31.59	Howard Booth	Gregory, MI
65-69	1	32.98	Jerry White	Dearborn Heights, MI
	2	33.47	Joseph Gormley	Livonia, MI
	3	35.68	Thomas Merchant	Grand Rapids, MI
70-74	1	33.44	Ernest Alcocer	Dearborn Heights, MI
	2	33.67	Frank Ayers	Okemos, MI
	3	58.21	Walter Stuecken	Shelby Twp, MI
75-79	1	35.98	Freddie Taylor	Inkster, MI
	2	42.08	William Riekels	St. Joseph, MI
	3	46.56	Michael Fiorillo	Waterford, MI
80-84	1	40.74	Jack Hipple	South Lyon, MI
	2	41.64	Nile Russell	Walled Lake, MI
	3	57.31	Earl Wickman	Alma, MI
85-89	1	54.59	Abe Ulanoff	Southfield, MI

400M RUN TRACK Gender: F

50-54	1	1:27.60	Marilyn Reichenbach	Brighton, MI
65-69	1	2:21.00	Lorraine Stuecken	Shelby Twp, MI
	2	2:50.20	Charlotte Ambrose	Comstock Park, MI
75-79	1	2:19.50	Georgia Johnson	Lansing, MI

400M RUN TRACK Gender: M

50-54	1	1:01.40	David Avery	Stockbridge, MI
	2	1:05.60	John Davis	Kalamazoo, MI
	3	1:09.40	Gary anjeski	Troy, MI
55-59	1	1:11.60	Bruce Peterson	St. Joseph, MI
	2	1:18.00	Eric Stacey	Grandville, MI
	3	1:18.60	James Schroder	Hartland, MI
60-64	1	1:07.50	Leon Savenas	St. Joseph, MI
	2	1:14.70	Philip Varilone	Dearborn, MI
	3	1:17.40	Ray Bentley	Hillsdale, MI
65-69	1	1:15.90	Jerry White	Dearborn Heights, MI
	2	1:20.10	Joseph Gormley	Livonia, MI
	3	1:23.40	Charles Broberg	Galesburg, MI
75-79	1	1:28.60	Freddie Taylor	Inkster, MI
	2	2:15.40	Douglas Vincent	Plymouth, MI
80-84	1	2:12.50	Earl Wickman	Alma, MI
85-89	1	2:27.90	Abe Ulanoff	Southfield, MI
90-94	1	2:08.30	Frederick Winter	Holand, MI

800M RUN TRACK Gender: F

50-54	1	3:00.30	Deborah Feltz	Williamston, MI
	2	3:43.50	Karen Buys	Coldwater, MI
60-64	1	3:17.50	Ruth Thelen	St. Johns, MI
65-69	1	6:05.00	Charlotte Ambrose	Comstock Park, MI

800M RUN TRACK Gender: M

50-54	1	2:24.50	David Avery	Stockbridge, MI
	2	2:30.00	Craig Prether	Haslett, MI
	3	3:04.00	Dan Bergman	Lake Odessa, MI
55-59	1	2:49.80	Bruce Peterson	St. Joseph, MI
	2	3:08.30	James Schroder	Hartland, MI
	3	3:17.40	Doug Jaques	Niles, MI
60-64	1	3:03.70	Harlan Vanblaricum	Dexter, MI
65-69	1	3:07.80	Jerry White	Dearborn Heights, MI
	2	3:24.10	Thomas Soper	Sturgis, MI
	3	4:19.80	Wendall Dilling	Midland, MI
70-74	1	3:56.80	Marvin Stevenson	Rochester Hills, MI
75-79	1	5:52.20	Douglas Vincent	Plymouth, MI
85-89	1	5:22.60	Abe Ulanoff	Southfield, MI

1500M RUN TRACK Gender: F

50-54	1	6:15.60	Shon Field	Kalamazoo, MI
	2	7:28.90	Karen Buys	Coldwater, MI
65-69	1	12:49.50	Charlotte Ambrose	Comstock Park, MI

1500M RUN TRACK Gender: M

50-54	1	4:53.90	Tom Nehil	Kalamazoo, MI
	2	5:12.30	Daniel Washburn	Tekonsha, MI
	3	5:13.90	William Wilson	South Lyon, MI
55-59	1	5:59.90	Bruce Peterson	St. Joseph, MI
60-64	1	5:58.90	Richard Brandley	New Buffalo, MI
	2	6:28.10	Harlan Vanblaricum	Dexter, MI
65-69	1	6:30.10	Jerry White	Dearborn Heights, MI
	2	8:40.50	Wendell Dilling	Midland, MI
75-79	1	8:39.50	Kingsley Sears	Warren, MI
85-89	1	11:52.80	Abe Ulanoff	Southfield, MI

DISCUS THROW Gender: F

50-54	1	069'09"	Grace Riley	Kalamazoo, MI
	2	059'00"	Christine Maxbauer	Traverse City, MI
55-59	1	050'06"	Paula Serra	Waterford, MI
	2	031'02"	Diane Schroder	Hartland, MI
60-64	1	082'10"	Carol Griffith	Sturgis, MI
	2	062'10"	Marika Blumerick	Shelby Twp, MI
	3	050'06"	Jane Cook	Cadillac, MI
65-69	1	039'03"	Charlotte Ambrose	Comstock Park, MI
	2	027'00"	Lorraine Stuecken	Shelby Twp, MI
70-74	1	055'08"	Patricia Lemanski	Kalamazoo, MI
	2	045'00"	Beverly Rutz	Portage, MI
	3	043'01"	Dolores Marquis	Warren, MI
75-79	1	047'05"	Clara Gamble	Kalamazoo, MI
	2	037'09"	Thelma Fallows	Portage, MI
	3	036'08"	Georgia Johnson	Lansing, MI
80-84	1	031'02"	Mary Holland	Comstock Park, MI
85-89	1	039'09"	Jerry Gawura	Canton, MI
	2	023'01"	Dorothy Ray	Portage, MI

DISCUS THROW Gender: M

50-54	1	093'04"	Dave Czech	Farmington Hills, MI
	2	091'02"	Wayne Renner	West Chester, MI
	3	088'11"	Gary Johnson	Sterling Heights, MI
55-59	1	132'00"	Hilary George	Lansing, MI
	2	110'00"	Ross Arnold	Howell, MI
	3	104'11"	Dave Knott	Lafayette, IN
60-64	1	125'05"	Richard Dana	Calumet, MI

Singles Results

2	103'04"	George Burton	Albion, MI	
3	098'08"	Neil Sisco	Freeland, MI	
65-69	1	109'10"	Dan LaRose	Luther, MI
	2	101'07"	William Rykhus	Lapeer, MI
	3	087'00"	Wendell Dilling	Midland, MI
70-74	1	090'07"	Arthur Hesskamp	Bloomfield, MI
	2	087'10"	Paul Schutter	Scotts, MI
	3	069'09"	Bill Baily	Battle Creek, MI
75-79	1	095'07"	Karlis Ezerins	Three Rivers, MI
	2	077'07"	Jim Kellede	Marlette, MI
	3	066'00"	Jones Martin	Lansing, MI
80-84	1	051'11"	Arlon Quigley	Novi, MI
90-94	1	050'06"	Frederick Winter	Holland, MI
	2	048'06"	John Boesenhofer	Toledo, OH

HIGH JUMP FIELD Gender: F

50-54	1	03'10"	Gail Kantak	Midland, MI
	2	3'08"	Marilyn Reichenbach	Brighton, MI
55-59	1	3'06"	Judith Jansen	Kalamazoo, MI

HIGH JUMP FIELD Gender: M

50-54	1	04'06"	James Pocan	Lansing, MI
	2	04'04"	Kenneth Mange	Portage, MI
	3	04'04"	Steven Duperon	Saginaw, MI
55-59	1	04'06"	Dave Knott	Lafayette, IN
	2	04'06"	Michael Blowers	Portage, MI
	3	03'10"	Ross Arnold	Howell, MI
60-64	1	04'00"	Dennis Manning	Waterford, MI
	2	03'10"	Ziggy Pakiet	Troy, MI
	3	03'10"	Ray Bentley	Hillsdale, MI
65-69	1	03'08"	Wendell Dilling	Midland, MI
	2	03'04"	Dan LaRose	Luther, MI
70-74	1	03'08"	John Lamb	Holland, MI
	2	03'06"	Paul Schutter	Scotts, MI
75-79	1	03'06"	Michael Fiorillo	Waterford, MI
80-84	1	03'02"	Arlon Quigley	Novi, MI
85-89	1	03'00"	John Bosenhofer	Toledo, OH

JAVELIN Gender: F

55-59	1	058'04"	Paula Serra	Waterford, MI
60-64	1	083'00"	Carol Griffith	Sturgis, MI
	2	058'02".5	Marika Blumerick	Shelby Twp, MI
65-69	1	025'05"	Charlotte Ambrose	Comstock Park, MI
70-74	1	055'06"	Patricia Lemanski	Kalamazoo, MI
	2	042'07"	Beverly Rutz	Portage, MI
75-79	1	037'02".75	Clara Gamble	Kalamazoo, MI
	2	033'04"	Thelma Fallows	Portage, MI
80-84	1	033'04"	Mary Holland	Comstock Park, MI
85-89	1	033'00".75	Jerry Gawura	Canton, MI
	2	022'04"	Dorothy Ray	Portage, MI

JAVELIN Gender: M

50-54	1	119'06"	Wayne Renner	West Chester, MI
	2	113'07"	Bruce Ritter	Brighton, MI
55-59	1	124'08".5	Dave Knott	Lafayette, IN
	2	118'02".5	Michael Blowers	Portage, MI
	3	091'04"	Ross Arnold	Howell, MI
60-64	1	113'11"	Richard Dana	Calumet, MI
	2	096'00"	Neil Sisco	Freeland, MI
	3	077'11"	Ray Bentley	Hillsdale, MI
65-69	1	077'0".75	Richard Otzman	Alto, MI
	2	069'06"	Wendell Dilling	Midland, MI
70-74	1	124'03"	Stanley Koster	Zeeland, MI
	2	102'00"	Arthur Hesskamp	Bloomfield Hills, MI
	3	088'00"	Jay Vandaalen	Zeeland, MI
75-79	1	090'06"	Karlis Ezerins	Three Rivers, MI
	2	072'04"	William Brownson	Holland, MI
	3	056'04".5	Michael Fiorillo	Waterford, MI
80-84	1	066'10"	Jack Hipple	South Lyon, MI
	2	050'01"	Nile Russell	Walled Lake, MI
90-94	1	043'04".5	Frederick Winter	Holland, MI

2	042'02"	John Boesenhofer	Toledo, OH
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SHOT PUT FIELD Gender: F

50-54	1	29'02".5	Grace Riley	Kalamazoo, MI
	2	27'09".5	Gail Kantak	Midland, MI
	3	24'04"	Linda McGiness	Lake City, MI
55-59	1	25'04"	Judith Jansen	Kalamazoo, MI
	2	20'11".75	Paula Serra	Waterford, MI
	3	14'10".5	Diane Schroder	Hartland, MI
60-64	1	27'07".75	Carol Griffith	Sturgis, MI
	2	24'03"	Jane Cook	Cadillac, MI
	3	23'03".5	Marika Blumerick	Shelby Twp, MI
65-69	1	15'03"	Lorraine Stuecken	Shelby Twp, MI
	2	14'01".5	Charlotte Ambrose	Comstock Park, MI
70-74	1	23'00"	Patricia Lemanski	Kalamazoo, MI
	2	19'08"	Dolores Marquis	Warren, MI
	3	18'05"	Beverly Rutz	Portage, MI
75-79	1	20'03"	Clara Gamble	Kalamazoo, MI
	2	18'04".75	Georgia Johnson	Marlette, MI
	3	13'04".25	Thelma Fallows	Portage, MI
80-84	1	16'09".5	Mary Holland	Comstock Park, MI
85-89	1	17'00"	Jerry Gawura	Canton, MI
	2	13'05".75	Dorothy Ray	Portage, MI

SHOT PUT FIELD Gender: M

50-54	1	34'09".	Gary Johnson	Sterling Heights, MI
	2	34'07".75	Wayne Renner	West Chester, OH
	3	33'08"	Daniel Stencil	Waterford, MI
55-59	1	45'02".75	Hilary George	Lansing, MI
	2	32'01".5	Richard Myers	Vicksburg, MI
	3	31'00".5	Ross Arnold	Howell, MI
60-64	1	36'07".5	Richard Dana	Calumet
	2	33'10".75	Neil Sisco	Freeland, MI
	3	33'10".5	Richard Enos	Kalamazoo, MI
65-69	1	39'01"	Dan LaRose	Luther, MI
	2	32'09".25	William Rykhus	Lapeer, MI
	3	29'06".25	Richard Guilford	Portland, MI
70-74	1	39'04".5	Arthur Hesskamp	Bloomfield Hills, MI
	2	30'07".5	Paul Schutter	Scotts, MI
	3	22'11".25	Bill Bailey	Battle Creek, MI
75-79	1	31'08".5	Karlis Ezerins	Three Rivers, MI
	2	26'09"	Jim Kellede	Marlette, MI
	3	26'06".25	Michael Fiorillo	Waterford, MI
80-84	1	20'08"	Arlon Quigley	Novi, MI
	2	19'08".5	Ralph Loveless	Rockford, MI
90-94	1	22'03".75	John Boesenhofer	Toledo, OH
	2	18'08"	Frederick Winter	Holland, MI

LONG JUMP FIELD Gender: F

55-59	1	11'06".5	Sharada Sarnaik	Grosse Pointe, MI
	2	05'11"	Kathryn Augustin	Bloomfield Hills, MI
65-69	1	06'02".5	Lorraine Stuecken	Shelby Twp, MI
	2	05'04"	Charlotte Ambrose	Comstock Park, MI
70-74	1	08'11"	Patricia Lemanski	Kalamazoo, MI
80-84	1	07'09"	Mary Holland	Comstock Park, MI

LONG JUMP FIELD Gender: M

50-54	1	16'06"	Charles Brown	Sturgis, MI
	2	15'02"	Dave Czech	Farmington Hills, MI
	3	14'09"	John Fulgoni	Kalamazoo, MI
55-59	1	14'00"	Michael Blowers	Portage, MI
	2	11'11"	Lynn Zimmer	Gobles, MI
	3	11'02"	James Schroder	Hartland, MI
60-64	1	15'02".5	Ziggy Pakiet	Troy, MI
	2	13'07"	Howard Booth	Gregory, MI
	3	13'06".5	Richard Dana	Calumet
65-69	1	10'11"	Thomas Merchant	Grand Rapids, MI
	2	07'06"	Wendell Dilling	Midland, MI
70-74	1	09'01".5	Ernest Alcocer	Dearborn Hght, MI

Singles Results

75-79	1	10'01".5	Michael Fiorillo	Waterford, MI
	2	06'10"	Richard Ruch	Holland, MI
	3	05'06"	Douglas Vincent	Plymouth, MI
80-84	1	09'01".5	Nile Russell	Walled Lake, MI
	2	07'04"	Jack Hipple	South Lyon, MI
90-94	1	08'07"	John Boesehofer	Toledo, OH
	2	02'10"	Frederick Winter	Holland, MI

POLE VAULT FIELD Gender: M

50-54	1	08'00"	Bob Levering	Ada, MI
55-59	1	10'00"	Michael Blowers	Portage, MI
	2	06'00"	Lynn Zimmer	Gobles, MI
60-64	1	09'03"	Howard Booth	Gregory, MI
	2	07'06"	Harlan Vanblarcium	Dexter, MI
	3	06'00"	Sam Smith	Grosse Pointe Park
65-69	1	05'00"	Wendall Dilling	Midland, MI
70-74	1	07'00"	John Lamb	Holland, MI
	2	06'00"	Bob Root	Niles, MI
75-79	1	03'06"	Michael Fiorillo	Waterford, MI
90-94	1	03'06"	John Boesenhofer	Toledo, OH

Triathlon

TRIATHLON Gender: F

50-54	1	1:29.48	Maggy Zidar	Pontiac, MI
	2	1:32.21	Linda Flues	Munger, MI
	3	1:40.53	Jill Burleson	Traverse City, MI
60-64	1	1:51.20	Georgia Makens	Grand Rapids, MI
65-69	1	1:28.50	Peggy Acton	Manistee, MI
	2	1:36:34	Glenn Ellen Thomas	Bay City, MI
	3	2:43.92	Julie Mills	Hope, MI

TRIATHLON Gender: M

50-54	1	1:02.13	James Henderson	Kalamazoo, MI
	2	1:31.24	John Baker	Farmington Hills, MI
	3	1:32.26	Robert Schuler	Otsego, MI
55-59	1	1:11.30	Bob Beyers	Kalamazoo, MI
	2	1:15:01	James Schroder	Hartland, MI
	3	1:23.41	Richard Motter	Plainwell, MI
60-64	1	1:13:47	Harlan Vanblaricum	Dexter, MI
65.69	1	1:13.57	Meade Gougeon	Bay City, MI
70-74	1	1:36.45	Marvin Stevenson	Rochester Hills, MI
	2	1:38:52	Ernest Schillinger	Rochester, MI
75-79	1	1:31:17	Richard Graves	Traverse City, MI

Doubles Results

Badminton

BADMINTON DOUBLES Gender: F

50-54	1	Phyllis Cupp	Mendon, MI
		Mary Kaechele	Kalamazoo, MI
65-69	1	Clara Gamble	Kalamazoo, MI
		Wanda Vasko	Sterling Hts, MI

BADMINTON DOUBLES Gender: M

50-54	1	Bijoy Bhuyan	Portage, MI
		Bill Pillai	Kalamazoo, MI
	2	Michael Kowal	Taylor, MI
		Roger Leung	Canton, MI
55-59	1	Norman Heinrich	Grosse Pte Farm, MI
		Michael Quatro	Detroit, MI
65-69	1	Richard Guilford	Portland, MI
		Richard Jonseck	Grand Ledge, MI
75-79	1	Arlon Quigley	Novi, MI
		Michael Fiorillo	Waterford, MI

BADMINTON MIXED DOUBLES Gender: C

50-54	1	Phyllis Cupp	Mendon, MI
		Bill Pillai	Kalamazoo, MI
55-59	1	Wanda Vasko	Sterling Hgths, MI
		Norman Heinrich	Grosse Pte Farm, MI
70-74	1	Clara Gamble	Kalamazoo, MI
		Bijoy Bhuyan	Portage, MI
	2	Arlon Quigley	Novi, MI
		Patricia Hunter	Rochester, MI

Doubles Results

Bowling

BOWLING DOUBLES Gender: F

66-65	2	846	Geri Husek	West Bloomfield, MI
			Christine Preston	West Bloomfield, MI
75-79	1	916	Violet Morley	Clinton Twp., MI
			Georgina Trudelle	Clinton Twp., MI
	2	771	Karleen Gordinier	Commerce Twp., MI
			Ruth Beatty	Walled Lake, MI

BOWLING DOUBLES Gender: M

50-54	1	1306	Tom Spigelmoyer	Kalamazoo, MI
			James Rock	Kalamazoo, MI
	2	1198	Philip Horowitz	W. Bloomfield, MI
			Robert Pniewski	Canton, MI
	3	966	Seymour Zate	West Bloomfield, MI
			Gary Siegel	West Bloomfield, MI
65-69	1	1056	Gerald Hensler	Saginaw, MI
			James Hensler	Saginaw, MI
	2	815	Ralph Loveless	Rockford, MI
			David Cook	Rockford, MI
70-74	1	1000	Eugene Olsen	South Lyon, MI
			Thomas Dewitt	Oakland, MI
	2	973	Robert Preston	W. Bloomfield, MI
			Joseph Husek	W. Bloomfield, MI
75-79	1	1014	John Boesenhofer	Toledo, OH
			James Kales	Whitemore Lake, MI

BOWLING MIXED DOUBLES Gender: C

60-64	1	882	Diane Carr	Clinton Twp., MI
			Edward Carr	Clinton Twp., MI
65-69	1	959	Gene Wells	Osseo, MI
			Elsie Wells	Osseo, MI
	2	956	Robert Preston	W. Bloomfield, MI
			Christine Preston	W. Bloomfield, MI
	3	951	Offie Kuss	Sodus, MI
			George Stadlmayr	Saint Joseph, MI
70-74	1	806	Anne Spencer	Plymouth, MI
			William Vincent	Troy, MI
75-79	1	959	Marion Converse	Troy, MI
			Jack Converse	Troy, MI
	2	876	Joe Dorn	Clinton Twp., MI
			Georgina Trudelle	Clinton Twp., MI
	3	855	Violet Morley	Clinton Twp., MI
			Jerry Gordinier	Commerce Twp., MI
80-84	1	861	Nile Russell	Walled Lake, MI
			Margaret Russell	Walled Lake, MI

Horseshoes

50-54	1	Richard Sincler	Plainwell, MI
55-59	1	George Burton	Albion, MI
		Glen Caldwell	Albion, MI
75-79	1	Clayton Champion	Galesburg, MI
		Harold Schrupp	Paw Paw, MI
	2	William Vincent	Troy, MI
		Douglas Vincent	Plymouth, MI

Shuffleboard

SHUFFLEBOARD DOUBLES Gender: C

65-69	1	Noel Bisel	Holland, MI
		Elaine Bisel	Holland, MI
	2	Eugene Meyer	St. Clair Shores, MI
		Gary Makinen	Manistee, MI
70-74	1	Betty Mattingly	Kalamazoo, MI
		Donald Mattingly	Kalamazoo, MI
75-79	1	Marion Converse	Troy, MI
	2	Jack Converse	Troy, MI
80-84	1	Dale Gould	Breckenridge, MI
		Kaye Gould	Breckenridge, MI

Doubles Results

TABLE TENNIS DOUBLES Gender: M

55-59	1	James Barton	Cottrellville, MI
		Teymour Sepahbodi	Fair Haven, MI
	2	Keith Shell	Grand Haven, MI
		Andy Garrow	Nunica, MI
	3	Maurice Grondin	Ada, MI
		Wilfred Grondin	Ada, MI
65-69	1	Carmen DeRubies	Warren, MI
		Lynn Johnson	Battle Creek, MI
70-74	1	Samual Holloway	Ann Arbor, MI
		John Levens	Ann Arbor, MI
75-79	1	Robert Quinn	Madison Hghts, MI
		John Zentner	Shelby Twp, MI

Tennis

TENNIS DOUBLES Gender: F

50-54	1	Joann Sprayberry	St. Joseph, MI
		Suzette Pelton	Berrien Springs, MI
55-59	1	Connie Bruno	Saint Joseph, MI
		Mary Workinger	St. Joseph, MI
	2	Emily Douma	Kalamazoo, MI
		Janice Block	Kalamazoo, MI
	3	Carolyn Nielsen	Trufani, MI
		Bobbi Humbracht	Kentwood, MI
60-64	1	Marlene Jabara	Kalamazoo, MI
		Donna Richmond	Portage, MI
65-69	1	Joan Holcomb	Coloma, MI
		Joan Burke	Kalamazoo, MI
	2	Dorothy Gamble	Mason, OH
		Margery McNally	Cincinnati, MI
	3	Evelyn McLaughlin	Kalamazoo, MI
		Mary Borgert	Thee Rivers, MI

TENNIS DOUBLES Gender: M

50-54	1	William Conklin	Saint Joseph, MI
		Jack Grier	Bridgman, MI
55-59	1	Phillip Augustyn	Ann Arbor, MI
		Jeffrey Augustyn	Highland, MI
	2	George Burton	Albion, MI
		Glen Caldwell	Albion, MI
60-64	1	Robert Chene	Dearborn, MI
		James Robinson	Novi, MI
	2	Gary Bishop	Richland, MI
		Norman Pell	Kalamazoo, MI
65-69	1	George Schuur	Stevensville, MI
		Harry Bullard	St. Joseph, MI
	2	Gary Nielsen	Trufant, MI
		Larry Faber	Wyoming, MI
	3	Lowell Smith	Stevensville, MI
		Joseph Smith	St. Joseph, MI
70-74	1	Paul Schutter	Scotts, MI
		Wilfred Whelan	Vicksburgh, MI
75-79	1	Larry Lewis	Jackson, MI
		Stuart Bender	Midland, MI
	2	David Bowen	Troy, MI
		John Wieck	Cheboygan, MI
	3	Bill Bateman	Richland, MI
		Mike Durock	Kalamazoo, MI

TENNIS MIXED DOUBLES Gender: C

50-54	1	Joann Sprayberry	St. Joseph, MI
		Don Margoni	St. Joseph, MI
80-84	1	Connie Cronin	Northville, MI



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Team Results

Basketball 3 on 3

BASKETBALL 3 ON 3 Gender: M

50-54

TIDEY'S AUTO REPAIR

- | | | |
|---|-----------------|---------------|
| 1 | Daniel Washburn | Tekonsha, MI |
| | Peter Kile | Marshall, MI |
| | Joseph Hayes | Coldwater, MI |
| | Ron Labelle | Coldwater, MI |

HIT THE JUMPER

- | | | |
|---|-----------------|------------------|
| 2 | Mark Puff | Newaygo, MI |
| | Dennis Adama | Grand Rapids, MI |
| | Jack Manciu | Ionia, MI |
| | James Vansyckle | Ionia, MI |

55-59

CEREAL CITY SENIORS

- | | | |
|---|------------------|------------------|
| 1 | Philip Vanvraken | Battle Creek, MI |
| | William Howland | Richland, MI |
| | Steven Murray | Galesburgh, MI |
| | Jeff Paradise | Battle Creek, MI |
| | Richard Miller | Battle Creek, MI |

OPC

- | | | |
|---|---------------|----------------|
| 2 | Hal Commerson | Rochester, MI |
| | Paul Greene | Birmingham, MI |
| | Gary Grobson | Rochester, MI |
| | Dan Oreilly | Rochester, MI |
| | David Werk | Rochester, MI |

60-64

JM SCHOONERS

- | | | |
|---|-------------------|------------------|
| 1 | Ron Flinn | Crystal, MI |
| | Gerald Hopkins | Belmont, MI |
| | Burton Mills | Grand Rapids, MI |
| | Richard Mackowiak | Inoia, MI |

PARCHMENT

- | | | |
|---|-----------------|---------------|
| 2 | Gary Bishop | Richland, MI |
| | Norman Pell | Kalamazoo, MI |
| | John Williams | Augusta, MI |
| | James Walters | Lawton, MI |
| | William Vroegop | Kalamazoo, MI |
| | Richard Shilts | Kalamazoo, MI |

70-74

OLDIES BUT GOODIES

- | | | |
|---|-----------------|------------------|
| 1 | Calvin Dilworth | Detroit, MI |
| | Jack Kennedy | Sylvania, OH |
| | Scott Cutler | Port Clinton, OH |
| | Cliff Hammeren | Berea, OH |
| | Dale Badyna | Toledo, OH |

GREENVILLE MICHIGAN

- | | | |
|---|-----------------|----------------|
| 2 | James Sims | Belding, MI |
| | Robert Hansen | Greenville, MI |
| | Einer Jorgensen | Greenville, MI |
| | Jack Wolf | Greenville, MI |
| | Robert Simpson | Saginaw, MI |

Volleyball

VOLLEYBALL Gender: F

REED CITY SENIORS

- | | | | |
|-------|---|-------------------|--------------------|
| 50-54 | 1 | Donna Bregg | Grand Rapids, MI |
| | | Kathy Gondick | Reed City, MI |
| | | Evelyn Hare | Reed City, MI |
| | | Diane Scrues | Hersey, MI |
| | | Jayne Kage | Reed City, MI |
| | | Ellen Rambadt | Reed City, MI |
| | 2 | Mary Prange | Portage, MI |
| | | Dora Weir | Kalamazoo, MI |
| | | Jeanne Devisser | Mattawan, MI |
| | | Debra Berkey | Grand Junction, MI |
| | | Linda Curvey | Mattawan, MI |
| | | Bobbie Hutchinson | Kalamazoo, MI |
| | | Nancy Hyet | Vicksburg, MI |
| | | Carol Nowling | Kalamazoo, MI |
| | | Diann Morris | Gobles, MI |

RIBBON RESULTS

DanceSport Competition

Award and Heat List

Place

East Coast Swing

Newcomer Division

- | | | |
|---|------|-----------------------------|
| 1 | #116 | John Kasza & Linda Crockett |
| 2 | #113 | Denny & Julia Nelson |

Intermediate Division

- | | | |
|---|------|-----------------------------|
| 1 | #124 | Bill & Carol Chaddock |
| 2 | #127 | Bob Northrop & Melissa Muha |
| 3 | #117 | Chas & Ruth Hagland |

Pro Am Intermediate Division

- | | | |
|---|------|------------------------------------|
| 1 | #110 | David Howard with Deborah Blackmer |
| 2 | #111 | James Kirklin with Sharon Fisher |

West Coast Swing

Newcomer Division

- | | | |
|---|------|-----------------------------|
| 1 | #116 | John Kasza & Linda Crockett |
| 2 | #113 | Denny & Julia Nelson |

Intermediate Division

- | | | |
|---|------|------------------------------|
| 1 | #124 | Bill & Carol Chaddock |
| 2 | #127 | Bob Northrop & Melissa Muha |
| 3 | #119 | John Degoede & Marilyn Davis |

Pro Am Intermediate Division

- | | | |
|---|------|------------------------------------|
| 1 | #110 | David Howard with Deborah Blackmer |
|---|------|------------------------------------|

Hustle

Newcomer Division

- | | | |
|---|------|-----------------------------|
| 1 | #116 | John Kasza & Linda Crockett |
|---|------|-----------------------------|

Intermediate Division

- | | | |
|---|------|--------------------------------|
| 1 | #124 | Bill Chaddock & Carol Chaddock |
| 2 | #122 | Dave Peese & Melissa Muha |

Ribbon Results

Merengue (DANCE SPORT CONTINUED)

Intermediate Division

- 1 #123 Ron & Rubydean Weston
- 2 #118 James Guzinski & Jenny Grunberg
- 3 #127 Bob Northrop & Melissa Muha

Cha Cha – Ballroom

Newcomer Division

- 1 #113 Denny & Julia Nelson
- 2 #116 John Kasza & Linda Crockatt

Intermediate Division

- 1 #118 James Guzinski & Jenny Grunberg
- 2 #127 Bob Northrop & Melissa Muha
- 3 #119 John Degoede & Marilyn Davis

Pro Am Newcomer Division

- 1 #109 Tom Ruthvan with Sharon Fisher
- 2 #108 Ken Armuck with Diane Carlson

Cha Cha –Country

Intermediate Division

- 1 #124 Bill & Carol Chaddock

Pro Am Intermediate Division

- 1 #110 David Howard with Deborah Blackmer

Mambo/Salsa

Intermediate Division

- 1 #123 Ronald & Rubydean Weston
- 2 #127 Bob Northrop & Melissa Muha
- 3 #125 Larry Bates & Marilyn Davis

Rumba

Newcomer Division

- 1 #113 Denny & Julia Nelson
- 2 #116 John Kasza & Linda Crockatt
- 3 #115 Phillip Lebednick & Mary Kay Millard

Pro Am Newcomer Division

- 1 #112 Phil Gross with Sharon Fisher

Intermediate Division

- 1 #123 Ronald & Rubydean Weston
- 2 tie #118 James Guzinski & Jenny Grunberg
- 2 tie #119 John Degoede & Marilyn Davis
- 3 #127 Bob Northrop & Melissa Muha

Nightclub

Newcomer Division

- 1 #113 Denny & Julia Nelson
- 2 #116 John Kasza & Linda Crockatt

Intermediate Division

- 1 #124 Bill & Carol Chaddock
- 2 #127 Bob Northrop & Melissa Muha

Pro Am Intermediate Division

- 1 #110 David Howard with Deborah Blackmer

Samba

Intermediate Division

- 1 #123 Ron & Rubydean Weston
- 2 #127 Bob Northrop & Melissa Muha

- 3 #118 James Guzinski & Jenny Grunberg

Bolero

Intermediate Division

- 1 #127 Bob Northrop & Melissa Muha
- 2 #123 Ron & Rubydean Weston
- 3 #118 James Guzinski & Jenny Grunberg

Polka

Newcomer Division

- 1 #114 Bill & Peg Fischang
- 2 #115 Phillip Lebednick & Mary Kay Millard

Intermediate Division

- 1 #124 Bill & Carol Chaddock

Waltz -- Ballroom

Newcomer Division

- 1 #116 John Kasza & Linda Crockatt
- 2 #114 Bill & Peg Fischang

Intermediate Division

- 1 #127 Bob Northrop & Melissa Muha
- 2 #118 James Guzinski & Jenny Grunberg
- 3 #119 John Degoede & Marilyn Davis

Pro Am Newcomer Division

- 1 #109 Tom Ruthven with Sharon Fisher
- 2 #108 Ken Armuck with Diane Carlson

Waltz – Country

Intermediate Division

- 1 #124 Bill and Carol Chaddock

Pro Am Intermediate Division

- 1 #110 David Howard with Deborah Blackmer

Tango

Intermediate Division

- 1 #127 Bob Northrop & Melissa Muha
- 2 #123 Ronald Rubydean Weston
- 3 #118 James Guzinski & Jenny Grunberg

Two Step

Intermediate Division

- 1 #124 Bill & Carol Chaddock

Pro Am Intermediate Division

- 1 #110 David Howard with Deborah Blackmer

Foxtrot

Newcomer Division

- 1 #114 Bill & Peg Fischang

Pro Am Intermediate Division

- 1 #108 Ken Armuck with Diane Carlson

Intermediate Division

- 1 #127 Bob Northrop & Melissa Muha
- 2 #122 David Pease & Bonnie Lewis
- 3 #119 John Degoede & Marilyn Davis

Quickstep

Intermediate Division

- 1 #127 Bob Northrop & Melissa Muha
- 2 #118 James Guzinski & Jenny Grunberg

3 #128 Ziggy Pakiet & Kathryn Augustin

3-D Archery Compound Release

3-D ARCHERY COMPOUND RELEASE Gender: M			
50-54	1	292	Mike Goodrich Portage,MI
	2	256	Larry Wesner Battle Creek, MI
55-59	1	261	Lester Kerbyson Marlette, MI
	2	172	Bill Powell Rose City, MI
60-64	1	179	Albert Ouellette Westland, MI
	2	122	Fred Douglass South Lyon, MI
65-69	1	234	Charles Syms Clifford, MI
70-74	1	208	Karl Little Plymouth, MI
	2	158	William Thumm Plymouth, MI

3-D Archery Recurve

3-D ARCHERY RECURVE Gender: M			
55-59	1	259	Bill Powell Rose City, MI
60-64	1	122	Fred Douglas South Lyon, MI

Basketball Free Throw

BASKETBALL FREE THROW Gender: F			
55-59	1		Robbie Owens Troy, MI
60-64	1		Marika Blumerick Shelby Twp., MI
70-74	1		Pat Lemanski Kalamazoo, MI
75-79	1		Clara Gamble Kalamazoo, MI

BASKETBALL FREE THROW Gender: M

50-54	1		Daniel Washburn Tekonsha, MI
	2		Richard Miller Battle Creek, MI
	3		Steven Duperon Saginaw, MI
	3		Peter Kile Marshall, MI
55-59	1		Richard Myers Vicksburg, MI
	2		James Schroder Hartland, MI
60-64	1		Bob Woodrow Kalamazoo, MI
	2		Richard Shilts Kalamazoo, MI
	3		James Robinson Novi, MI
65-69	1		Robert Hamet Kalamazoo, MI
	2		David Cook Rockford, MI
	3		Norman Pell Kalamazoo, MI
70-74	1		Bill Bailey Battle Creek, MI
	2		Eugene Meyer St. Clair Shores, MI

Billiards

BILLIARDS Gender: F			
55-59	1		Diane Schroder Hartland, MI
BILLIARDS Gender: M			
65-69	1		Robert Williams Carsonville, MI
70-74	1		Tom Horn Vicksburg, MI
90-94	1		Creston Bruce Saint Joseph, MI

Disc Golf

DISC GOLF Gender: M			
55-59	1		Scott Gardner Kalamazoo, MI
60-64	1		Richard Frederick Byron Center, MI

Canoe/Kayak 1500K TANDEM

65-69	1		Robbins Burling Ann Arbor, MI
			Alice Hartman Whitmore Lake, MI
	2		Robert Hutchinson Dexter, MI
			Jean Willing Ann Arbor, MI

CANOE/KAYAK 5K SOLO

	1		Jerry Hutchins Kalamazoo, MI
	2		David Diget Mattawan, MI
	3		Scott Gardner Kalamazoo, MI

CANOE/KAYAK 1500M SOLO

	1		Jerry Hutchinson Kalamazoo, MI
	2		David Diget Mattawan, MI
	3		Scott Gardner Kalamazoo, MI

Pickleball

PICKBALL Gender: M			
60-64	1		Daryl Meloche Climax, MI

PICKLEBALL DOUBLES Gender: M

55-59	1		George Burton Albion, MI
			Glen Caldwell Albion, MI
60-64	1		Noel Bisel Holland, MI
			John Ulrich Concord, MI
75-79	1		William Vincent Troy, MI
			Douglas Vincent Plymouth, MI

Volleyball Serving

VOLLEYBALL SERVING Gender: F			
65-69	1		Robbie Owens Troy, MI
70-74	1		Patricia Lemanski Kalamazoo, MI

VOLLEYBALL SERVING Gender: M

50-54	1		Mark Versluis Plainwell, MI
70-74	1		Eugene Meyer St. Clair Shores, MI

Benchpress

BENCHPRESS Gender: F			
55-59	1		Diane Schroeder Hartland, MI
65-69	1		Evelyn Spears East Lansing, MI
	2		Phyllis Rice Ceresco, MI
	3		Amy South Battle Creek, MI
75-79	1		Georgia Johnson Lansing, MI
	2		Clara Gamble Kalamazoo, MI

BENCHPRESS Gender: M

50-54	1		Gary Terwellen Melvindale, MI
	2		Wayne Hettler Saint Johns, MI
	3		Abiade Zawdie Kalamazoo, MI
55-59	1		Ross Arnold Howell, MI
	2		Joseph Brodski Saginaw, MI
	3		Len Bokuniewicz Clarkston, MI
60-64	1		Jack Culp Kalamazoo, MI
	2		Daryl Meloche Climax, MI
	3		Neil Sisco Freeland, MI
65-69	1		Charles Broberg Galesburg, MI

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State Records

Archery

Compound Finger

F 50				
F 55	696	SHERRI WISSER	BRIGHTON, MI	2004
F 60				
F 65				
F 70				
F 75				
F 80				
F 85				
F 90				
M 50	695	KERSJES, ROBER	CORUNNA, MI	2000
M 55	796	TAYLOR, DENNIS	NORTH BRANCH, MI	2003
M 60	746	LESNIAK, GERALD	PLYMOUTH, MI	2004
M 65	742	KELLY, THOMAS	FRANKENMUTH, MI	2003
M 70	750	MEEKS, JOHN	NEWFANE, NY	1996
M 75	529	AL TEMPLE	LIVONIA, MI	2005
M 80				
M 85				
M 90	604	HOBACK, SILAS	DEARBORN, MI	2000

Compound Release

F 50	873	MIKE GOODRICH	PORATGE, MI	2005
F 55	855	FENTON, ROBERT	MIDLAND, MI	2001
F 60	754	FRANK, JANET	LIVONIA, MI	1999
F 65	798	THOMAS, DOLORES	ATLANTA, MI	1996
F 70				
F 75				
F 80				
F 85				
F 90				
M 50	873	GOODRICH, MIKE	PORTAGE, MI	2005
M 55	884	CAMPBELL, GLENN	LINCOLN PARK, MI	2003
M 60	872	SANDERS, GARY	PAW PAW, MI	2003
M 65	847	LOVASZ, GENE	LIVONIA, MI	2003
M 70	802	ROBERTS, DICKIE	THREE RIVERS, MI	2001
M 75	770	SINGLE, CHARLES	ANN ARBOR, MI	2004
M 80				
M 85				
M 90	589	HOBACK, SILAS	DEARBORN, MI	2003

Recurve

F 50	494	HELLER, JANICE	WARREN, MI	2004
F 55	500	SERRA, PAULA	WATERFORD, MI	2005
F 60	313	DEMPESEY, SUE	SOUTHFIELD, MI	2004
F 65				
F 70				
F 75				
F 80				
F 85				
F 90				
M 50	827	BOOTH, THOMAS	BRIGHTON, MI	2003
M 55	745	WISSER, MICHAEL	BRIGHTON, MI	2004
M 60	718	SHABERMAN, MARC	WEST BLOOMFIELD, MI	2004
M 65	740	DEMPESEY, LLOYD	SOUTHFIELD, MI	1996
M 70	771	RIDER, ROY	JACKSON, MI	2003
M 75				
M 80	577	WICKMAN, EARL	ALMA, MI	2003
M 85				
M 90				

Barebow Recurve

F 50				
F 55				
F 60	515	VASKO, WANDA	RIVERDALE, MI	2004
F 65				
F 70				
F 75				
F 80				
F 85				
F 90				
M 50	750	POWELL, JAMES	GRAND LEDGE, MI	2004
M 55				
M 60	515	LARRY WHITE	RIVERDALE, MI	2005
M 65				
M 70				
M 75				
M 80				
M 85				
M 90				

Bowling

Singles

F 50	527	SHELTON, CAROLYN	LATHRUP, MI	1996
F 55	575	THORNTON, RUTH	KALAMAZOO, MI	1996
F 60	640	MOHACSI, MARY	LIVONIA, MI	1996
F 65	593	VIEIRA, MARIE	CLARKSTON, MI	2002
F 70	524	ALLEN, MARY	WAYNE, MI	1991
F 75	521	OGG, ANNABELLE	WATERFORD, MI	1996
F 80	505	HIGGINBOTHAM, LUPHILIA	LANSING, MI	1999
F 85	421	SIMMONS, DOROTHY	MARYSVILLE, MI	1996
F 90	391	CROUCH, PAT	HOWELL, MI	1999
M 50	709	BRINK, CARNEY	MIDLAND, MI	2002
M 55	708	REBANT, JAMES	MIDLAND, MI	2001
M 60	733	HOROWITZ, PHILIP	BLOOMFIELD, MI	2002
M 65	711	WELLS, GENE	OSSES, MI	2002
M 70	756	LAUGHLAND, WILLIAM	WINDSOR ONTARIO	2002
M 75	647	GRANT, EDMUND	RICHESTER HILLS, MI	2004
M 80	594	HUBENTHAL, EARL	GRAND RAPIDS, MI	1999
M 85	583	HUBENTHAL, EARL	GRAND RAPIDS, MI	2002
M 90	501	JOHN BOESENHOFER	TOLEDO, OH	2005

Doubles

F 50	974	SPENCER, PRISCILLA	FLINT, MI	1999
F 50	974	FRIEND, PAT	FLINT, MI	1999
F 55	1060	COBB, TORY	KALAMAZOO, MI	1994
F 55	1060	THORNTON, RUTH	KALAMAZOO, MI	1994
F 60	1044	COBB, TORY	KALAMAZOO, MI	1996
F 60	1044	THORNTON, RUTH	KALAMAZOO, MI	1996
F 65	1022	REVOLDT, LEONA	CLARKSTON, MI	1991
F 65				
F 70	1001	GLUSAC, EDITH	DETROIT, MI	1996
F 70	1001	KALTZ, LORRIE	DECKERVILLE, MI	1996
F 75	917	LEVERETT, RACHEL	LANSING, MI	2000
F 75	917	WILKINSON, MARY	LANSING, MI	2000
F 80	960	HIGGINBOTHAM LUPHILIA	ANN ARBOR, MI	1996
F 80	960	MCNEIL, PECIE	DETROIT, MI	1996
F 85				
F 90	697	KIRKEGAARD, ESTHER	PORT HURON, MI	1996
F 90	697	SIMMONS, DOROTHY	MARYSVILLE, MI	1996
M 50	1340	LAREGINA, JOSE	MIDLAND, MI	2001
M 50	1340	REBANT, JAMES	MIDLAND, MI	2001
M 55	1355	FRIEDMAN, MORT	BLOOMFIELD, MI	1996
M 55	1355	HOROWITZ, PHILIP	BLOOMFIELD, MI	1996
M 60	1297	FREIDMAN, MORT	BLOOMFIELD, MI	2002
M 60	1297	HOROWITZ, PHILIP	BLOOMFIELD, MI	2002
M 65	1291	SWORDS, DOUGLAS	OXFORD, MI	2000
M 65	1291	FUNKE, WILLIAM	LIVONIA, MI	2000
M 70	1337	LAUGHLAND, WILLIAM	WINDSOR ONTARIO	2002
M 70	1337	MCNABB, LLOYD	WARREN, MI	2002
M 75	1275	BELL, ROBERT	WARREN, MI	2001
M 75	1275	FOSTER, JOE	PONTIAC, MI	2001
M 80	833	LESNEK, JOSEPH	WALLED LAKE, MI	2002
M 80	833	RUSSELL, NILE	WALLED LAKE, MI	2002
M 85	970	BOESENHOFER, JOHN	TOLEDO, OH	1996
M 85	970	BROWN, RUSSELL	TOLEDO, OH	1996
M 90				
M 90				

Mixed Doubles

50	1049	CARD, JAN	LINWOOD, MI	2001
50	1049	CARD, DONALD	LINWOOD, MI	2001
55	1090	TEASLEY, GAINELL	PONTIAC, MI	2002
55	1090	BRADLEY, OTIS	PONTIAC, MI	2002
60	1317	MOHACSI, MARY	LIVONIA, MI	1996
60	1317	FUNKE, WILLIAM	LIVONIA, MI	1996
65	1203	MOHACSI, MARY	LIVONIA, MI	2000
65	1203	FUNKE, WILLIAM	LIVONIA, MI	2000
70	1112	CONVERSE, MARION	TROY, MI	1996
70	1112	CONVERSE, JACK	TROY, MI	1996
75	1056	CARR, ALICE	REDFORD, MI	1999
75	1056	CARR, LEONARD	REDFORD, MI	1999
80	972	HUBENTHAL, MYRTLE	GRAND RAPIDS, MI	1999
80	972	HUBENTHAL, EARL	GRAND RAPIDS, MI	1999
85	797	HUBENTHAL, EARL	GRAND RAPIDS, MI	2003
85	797	HUBENTHAL, MYRTLE	GRAND RAPIDS, MI	2003
90				
90				

State Records

Cycling

5K Time Trails

F 50	0:08:39.94	BAYNE, MARIANE	WESTLAND, MI	1996
F 55	0:08:42.25	STRALEY, SUE	FLUSHING, MI	1996
F 60	0:09:09.27	ACTON, PEGGY	BEAR LAKE, MI	1996
F 65	0:08:25.00	DOUD, LORIS	BATTLE CREEK, MI	1991
F 70	0:11:16.00	BRENNAN, JANICE	FARMINGTON, MI	2001
F 75	0:11:08.00	BRENNAN, JANICE	FARMINGTON, MI	2004
F 80	0:18:33.00	BAKER, CHARLOTTE MT	CLEMENS, MI	1999
F 85				
F 90				
M 50	0:07:01.00	BAUMAN, MICHAEL	HILLSDALE, MI	2000
M 55	0:07:27.00	HUYGHE, ANTOON	DETROIT, MI	1991
M 60	0:06:52.00	WEBB, TEDD	ONTARIO, CAN	1993
M 65	0:07:23.00	HOGARTH, EDWARD	PORT PERRY ONT	2000
M 70	0:07:38.00	HOGARTH, EDWARD	PORT PERRY ONT	2002
M 75	0:08:27.00	GEORGAS, JAMES	COLLINGWOOD, MI	2004
M 80	0:09:22.30	MCGRATH, BRIAN	ONTARIO, CAN	1996
M 85	0:10:07.00	MCGRATH, BRIAN	ONTARIO, CAN	1999
M 90	0:27:18.00	BUTTERS, EDWIN	COLDWATER, MI	2003
M 95	0:29:39.00	BUTTERS, EDWIN	COLDWATER, MI	2004

10K Time Trials

F 50	0:16:25.51	RHEA, FONDA	PORTAGE, MI	1996
F 55	0:17:34.57	STRALEY, SUE	FLUSHING	1996
F 60	0:18:20.01	ACTON, PEGGY	BEAR LAKE, MI	1996
F 65	0:17:06.00	STRALEY, SUE	FLUSHING, MI	2001
F 70	0:19:48.00	BRENNAN, JANICE	FARMINGTON, MI	2001
F 75	0:23:28.00	BRENNAN, JANICE	FARMINGTON, MI	2004
F 80	0:39:05.00	BAKER, CHARLOTTE	MT CLEMENS, MI	2000
F 85				
F 90				
M 50	0:14:30.00	BAUMAN, MICHAEL	HILLSDALE, MI	2000
M 55	0:14:14.00	GREGG, ROBERT	ESCANABA, MI	2001
M 60	0:14:38.01	PENNINGTON, GORDON	ONTARIO, CAN	1996
M 65	0:14:06.00	SHULL, SAMUEL	MIDLAND, MI	2001
M 70	0:14:44.00	HUYGHE, ANTOON	DETROIT, MI	2001
M 75	0:16:17.00	FEDRIGON, DON	ELK RAPIDS, MI	2001
M 80	0:18:47.51	MCGRATH, BRIAN	ONTARIO, CAN	1996
M 85	0:17:52.00	MCGRATH, BRIAN	ONTARIO, CAN	2001
M 90				

20K ROAD RACE

*Due to course variations, records will not change

F 50	0:36:49.00	BAYNE, MARIANE	WESTLAND, MI	1996
F 55	0:36:50.00	ACTON, PEGGY	BEAR LAKE, MI	1993
F 60	0:37:44.00	ACTON, PEGGY	BEAR LAKE, MI	1996
F 65	0:47:21.00	DASEN, MARY	PERRY, MI	1996
F 70	0:49:51.00	RAMBOW, NORMA	BATTLE CREEK, MI	1996
F 75				
F 80				
F 85				
F 90				
M 50	0:35:04.00	KOLASSA, THOMAS	BATTLE CREEK, MI	1999
M 55	0:31:32.00	BARTELS, GERALD	MT CLEMENS, MI	1993
M 60	0:29:36.00	HOGARTH, EDWARD	ONTARIO, CAN	1993
M 65	0:30:28.00	GEORGAS, JIMMIE	ONTARIO, CAN	1994
M 70	0:33:48.00	FEDRIGON, DON	LIVONIA, MI	1994
M 75	0:35:07.00	MOTTERSHEAD, FRANK	BEVERLY MI	1999
M 80	0:40:04.00	MCGRATH, BRIAN	ONTARIO, CAN	1996
M 85	0:42:35.00	MCGRATH, BRIAN	ONTARIO, CAN	1999
M 90				

40K ROAD RACE

*Due to course variations, records will not change

F 50	1:33:05.00	RHEA, FONDA	PORTAGE, MI	1996
F 55	2:03:57.00	SEEFELD, JANET	BERKLEY, MI	2001
F 60	1:54:05.00	GRAVES, SYLVIA	TRAVERSE CITY, MI	2001
F 65	1:54:20.00	PHILLIPS, VIVIAN	YPSILANTI, MI	2001
F 75	1:57:00.00	CONSTAS, YVONNE	LIVONIA, MI	1996
M 50	1:16:29.00	BEGLE, FRED	LIVONIA, MI	2001
M 55	1:06:45.00	DREIST, RICHARD	ROYAL OAK, MI	1996
M 60	1:06:45.00	CHAPPELL, BRIAN	BATTLE CREEK, MI	1996
M 65	1:07:33.00	DANTZER, PETER	BRIGHTON, MI	1996
M 70	1:16:29.00	HUYGHE, ANTOON	DETROIT, MI	2001
M 75	1:22:19.00	JUKES, EARLE	ONTARIO, CAN	1996
M 80	1:29:24.00	MCGRATH, BRIAN	ONTARIO, CAN	1996

1 MILE

F 50				
F 55	0:03:01.22	ACTON, PEGGY	BEAR LAKE, MI	1995
F 60	0:02:51.00	DASEN, MARY	PERRY, MI	1991
F 65	0:03:19.77	GRINNELL, ELAINE	DETROIT, MI	1995
F 70	0:03:32.00	YOUNG, NORA	ONTARIO, CAN	1992
F 75	0:04:43.65	MILLER, HELEN	ROMEO, MI	1995
F 80				
F 85				
F 90				
M 50				
M 55	0:02:15.00	HUYGHE, ANTOON	DETROIT, MI	1991
M 60	0:02:27.00	HOGARTH, EDWARD	ONTARIO, CAN	1993
M 65	0:02:35.00	GEORGAS, JIMMIE	ONTARIO, CAN	1993
M 70	0:02:44.00	JUKES, EARLE	ONTARIO, CAN	1993
M 75	0:02:39.00	MCGRATH, BRIAN	ONTARIO, CAN	1991
M 80	0:03:09.61	MCGRATH, BRIAN	ONTARIO, CAN	1995
M 85				
M 90				

Golf

F 50	82	KANG, SOPHIA	WEST BLOOMFIELD, MI	2000
F 55	80	FIGA, JUDITH	WEST BLOOMFIELD, MI	1996
F 55	80	HAMILTON, JUDITH	MT. MORRIS, MI	2004
F 60	79	OWENS, PAT	FLINT, MI	2001
F 65	80	ANTIEAU, JANICE	ZEELAND, MI	2000
F 70	84	KLEINHEKSEL, CELIA	Zeeland, MI	2004
F 75	86	VANDEBROKER, LILLIAN	DEARBORN HEIGHTS, MI	1996
F 80	82	VANDEBROKER, LILLIAN	DEARBORN HEIGHTS, MI	2003
F 85	103	BARHITTE, GENEVIEVE	DAVISON, MI	2001
F 90				
M 50	80	FOLSOM, EDWARD	CHARLOTTE, MI	2001
M 55	73	TULS, PAUL	HOLLAND, MI	2001
M 60	71	ODORICO, ENRICO	MACOMB, MI	2004
M 65	75	WHITED, ALVIN	TAYLOR, MI	2000
M 70	76	COLLIER, EARL	WESTLAND, MI	1995
M 70	76	WALTERS, ROBERT	WESTLAND	2004
M 75	74	LIBBY, CHARLES	PORT HURON, MI	1996
M 80	81	WRONSKI, STANLEY	OKEMOS, MI	2001
M 85	90	OWEN, WILLIAM	FLINT, MI	1996
M 90				
M 95	103	OWEN, WILLIAM	FLINT, MI	2002

Racewalk

1500M

F 50	0:08:19.10	DEBBIE TOPHAM	MAYVILLE, MI	2005
F 55	0:09:10.00	YOUNG-GRADY,	MICHIGAN CITY, IN	1994
F 60	0:08:20.70	PARKS, JOANNE	LAPEER, MI	1996
F 65	0:10:34.50	LONG, PATRICIA	DEARBORN, MI	1996
F 70	0:10:34.00	KENNEY, FRANCES	GRAND RAPIDS, MI	1994
F 75	0:11:39.02	NICHOLS, MARY	DEARBORN, MI	1991
F 80	0:12:04.90	SEGAR, ALICE	WEST BRANCH, MI	2005
F 85	0:13:42.20	MARYJ CHAFFEE	KENTWOOD, MI	2005
F 90				
F 95				
M 50	0:07:34.10	BILL REED	SCOTTS, MI	2005
M 55	0:06:51.00	ELWARNER, JOHN	STERLING HEIGHTS, MI	1996
M 60	0:06:59.30	GREEN, MAX	TAYLOR, MI	1996
M 65	0:08:20.80	MCKAY, KENNETH	MT MORRIS, MI	1996
M 70	0:08:26.50	ACTON, HUGH	AUGUSTA, MI	1996
M 75	0:09:21.00	ACTON, HUGH	AUGUSTA, MI	2000
M 80	0:09:52.50	ULANOFF, ABE	SOUTHFIELD, MI	1996
M 85	0:10:59.00	ULANOFF, ABE	SOUTHFIELD, MI	2002
M 90	0:13:04.90	HAUER, MANNY	WEST BLOOMFIELD, MI	2004
M 95	0:16:58.80	SPIELBERG, JULIUS	SOUTHFIELD, MI	1999

5000M

F 50	0:29:48.00	DEBBIE TOPHAM	MAYVILLE, MI	2005
F 55	0:30:38.10	TICHY, WALDA	WHITE LAKE, MI	1996
F 60	0:30:55.10	PARKS, JOANNE	LAPEER, MI	1996
F 65	0:35:44.00	SELBY, CAROLYN	PORTAGE, MI	1996
F 70	0:36:13.05	KENNY, FRANCES	GRAND RAPIDS, MI	1993
F 75	0:39:08.00	NICHOLS, MARY	DEARBORN, MI	1991
F 80	0:41:24.00	SEGAR, ALICE	WEST BRANCH, MI	2005
F 85	0:46:50.00	MARY J CHAFFEE	KENTWOOD, MI	2005
F 90				
M 50	0:30:07.85	SACK, RICK	PARCHMENT	2003
M 55	0:29:16.00	SACK, RICK	PARCHMENT	2004
M 60	0:25:18.10	GREEN, MAX	TAYLOR, MI	1996

State Records

M 65	0:30:45.00	ELWARNER, JOHN	STERLING HEIGHTS	2004
M 70	0:32:13.00	JEROME, JERRY	BIRMINGHAM, MI	1991
M 75	0:36:21.20	ULANOFF, ABE	SOUTHFIELD, MI	1995
M 80	0:36:24.60	ULANOFF, ABE	SOUTHFIELD, MI	1996
M 85	0:39:24.16	ULANOFF, ABE	SOUTHFIELD, MI	2003
M 90				

Road Race

5K				
F 50	0:24:09.00	ZIDAR, MAGGI	PONTIAC, MI	2004
F 55	0:22:32.00	ZIDAR, MAGGI	PONTIAC, MI	2005
F 60	0:21:49.00	DOLAN, SHARON	FOWLER, MI	2005
F 65	0:30:40.00	FERGUSON, JOY	EAST LANSING	2004
F 70	0:31:48.00	HARDY, ANNETTE	TRAVERSE CITY, MI	2002
F 75	0:31:36.00	VARANI, MARY	STERLING HEIGHTS, MI	1995
F 80	0:42:19.00	NICHOLS, MARY	DEARBORN, MI	1995
F 85	0:39:56.50	LUGERS, LEONA	HOLLAND, MI	1993
F 90	0:51:02.00	DAVID, CATHERINE	ANN ARBOR, MI	1995
M 50	0:17:59.00	WASHBURN, DANIEL	TEKONSHA, MI	2005
M 55	0:17:30.00	NICHOLSON, LARRY	ROCKFORD, MI	1992
M 60	0:18:47.00	MALACZYNSKI, GERALD	BLOOMFIELD HILLS, MI	2004
M 65	0:19:27.10	JOHNCOCK, JERRY	GRAND RAPIDS, MI	1993
M 70	0:20:09.00	FORSHEE, JIM	ANN ARBOR, MI	1996
M 75	0:22:41.00	EVANS, JOHN	GRANDVILLE, MI	1992
M 80	0:28:35.00	THORNBURG, JOE	TROY, MI	1996
M 85	0:46:52.00	DILS, IRVING	ADRIANNE, MI	
M 2002				
M 90				

10K				
F 50	0:48:33.00	ZIDAR, MAGGY	PONTIAC, MI	2004
F 55	0:47:49.00	ZIDAR, MAGGY	PONTIAC, MI	2005
F 60	0:50:25.00	GULA, LAVON	WATERFORD, MI	1994
F 65	1:06:05.00	HARDY, ANNETTE	TRAVERSE CITY, MI	1999
F 70	1:09:34	HARDY, ANNETTE	TRAVERSE CITY, MI	2004
F 75	1:07:15.00	VARANI, MARY	STERLING HEIGHTS, MI	1996
F 80				
F 85				
F 90				
M 50	0:37:05.00	RUFFIN, RONALD	DETROIT, MI	1999
M 55	0:37:04.00	NICHOLSON, LARRY	ROCKFORD, MI	1992
M 60	0:39:01.00	TELLMAN, HARRY	HOLLAND, MI	1999
M 65	0:40:00.04	FORSHEE, JIM	ANN ARBOR, MI	1991
M 70	0:42:27.00	FORSHEE, JIM	ANN ARBOR, MI	1996
M 75	0:47:55.00	EVANS, JOHN	GRANDVILLE, MI	1992
M 80	1:02:01.00	THORNBURG, JOE	TROY, MI	1996
M 85				
M 90				

Swimming

*All Swimming records were newly set in 2000 because distance is in yards

50Y BACKSTROKE				
F 50	0:00:49.04	TEICHMAN, KAREN	MARQUETTE, MI	2003
F 55	0:00:50.98	TEICHMAN, KAREN	MARQUETTE, MI	2004
F 60	0:00:47.27	BUCK, KITTY	GRANDVILLE, MI	2000
F 65	0:00:44.85	STRALEY, SUE	FLUSHING, MI	2001
F 70	0:00:48.68	CLARKE, MARY	GRAND RAPIDS, MI	2002
F 75	0:00:50.51	NOCHMAN, LOIS	HUNTINGTON WDS, MI	2001
F 80	0:00:59.77	GLUSAC, EDITH	DETROIT, MI	2001
F 85	0:01:53.32	FORSTER, MARTHA	TRAVERSE CITY, MI	2002
F 90				
M 50	0:00:35.92	BRENNER, THOMAS	STURGIS, MI	2005
M 55	0:00:38.00	BECK, MARSHALL	CLARKSTON, MI	2004
M 60	0:00:33.70	DIGET, DAVID	MATTAWAM, MI	2003
M 65	0:00:34.31	MARTIN, RAY	NORTHVILLE, MI	2002
M 70	0:00:37.17	WEDDELL, ROBERT	BRIGHTON, MI	2001
M 75	0:00:48.37	CHOPP, CARLTON	ALLEGAN, MI	2005
M 80	0:01:01.03	KENNEL, TOM	SANTA ROSA BEACH, FL	2001
M 85	0:01:01.10	CLASS, HARRY	KITCHENER, MI	2005
M 90	0:01:50.31	CLARK, WELDON	NORTHVILLE, MI	2003

50Y BREASTSTROKE				
F 50	0:00:45.19	ENMARK, MARILYN	STERLING HEIGHTS, MI	2002
F 55	0:00:47.46	JOHNSON, BETTY	OKEMOS, MI	2000
F 60	0:00:47.43	EWERS, SIGRID	LAPEER, MI	2000
F 65	0:00:53.19	KOPPERUD, TOVA	AMARILLO, TX	2002
F 70	0:00:54.24	CLARKE, MARY	GRAND RAPIDS, MI	2002
F 75	0:00:53.97	NOCHMAN, LOIS	HUNTINGTON WDS, MI	2001
F 80	0:01:02.10	GLUSAC, EDITH	DETROIT, MI	2000
F 85	1:15:79.00	SEKHAR, VARANASI	TROY, MI	2004
F 90				
M 50	0:00:33.56	VARANASI, SEKHAR	TROY, MI	2004
M 55	0:00:34.70	GLASSBURN, ROBERT	GRAND RAPIDS, MI	2003

M 60	0:00:37.34	MARTIN, RAY	STURGIS, MI	2005
M 65	0:00:38.53	DOBLER, WALLY	LANSING, MI	2002
M 70	0:00:46.18	BREMMER, BART	MIDLAND, MI	
M 2001				
M 75	0:00:48.07	EDWARDS, FREDDY	DETROIT, MI	2000
M 80	0:00:59.26	QUIGLEY, ARLO	NOVI, MI	
M 2005				
M 85	0:01:23.33	EATON, JEFF	ST CLAIR SHORES, MI	2000
M 90				

50Y BUTTERFLY				
F 50	0:00:30.06	MANGE, KENNETH	PORTAGE, MI	2005
F 55	0:00:48.18	KOWALSKI, JOYCE	MARINE CITY, MI	2000
F 60	0:00:33.91	BUYS, JOE	ST. CLAIR SHORES, MI	2005
F 65	0:00:56.81	GOGOLA, LAURA	BERKLEY, MI	2003
F 70	0:01:02.58	WILLIAMS, MARY	REDFORD, MI	
M 2002				
F 75	0:00:49.81	NOCHMAN, LOIS	HUNTINGTON WDS, MI	2000
F 80	0:01:18.03	GLUSAC, EDITH	DETROIT, MI	2000
F 85	1:27:05.00	GLUSAC, EDITH	DETROIT, MI	2004
F 90				
M 50				
M 55	0:00:28.76	PAWLOWSKI, MARK	THREE RIVERS, MI	2000
M 60	0:00:40.55	MEDVEZKY, MICHAEL	FORT GRATIOT, MI	2001
M 65	0:00:32.45	DOBLER, WALLY	LANSING, MI	2003
M 70	0:00:40.72	MARTIN, ROBERT	LUM, MI	2000
M 75	0:00:51.22	EDWARDS, FREDDY	DETROIT, MI	2002
M 80	0:01:03.57	DOUD, ROBERT	BATTLE CREEK, MI	2004
M 85				
M 90				

50Y FREESTYLE				
F 50	0:00:34.71	TEICHMAN, KAREN	MARQUETTE, MI	2002
F 55	0:00:37.90	TEICHMAN, KAREN	MARQUETTE, MI	2005
F 60	0:00:37.94	STILLWELL, MICKEY	GRAND RAPIDS, MI	2005
F 65	0:00:39.11	STRALEY, SUE	FLUSHING, MI	2001
F 70	0:00:46.57	CLARKE, MARY	GRAND RAPIDS, MI	2002
F 75	0:00:42.36	NOCHMAN, LOIS	HUNTINGTON WDS, MI	2001
F 80	0:00:52.93	CRANDELL, SHIRLEY	WILLOWDALE, ON	2005
F 85	0:01:23.89	FORSTER, MARTHA	TRAVERSE CITY, MI	2002
F 90				
M 50	0:00:27.00	MANGE, KENNETH	PORTAGE, MI	2005
M 55	0:00:27.16	PAWLOWSKI, MARK	THREE RIVERS, MI	2000
M 60	0:00:26.81	CHAFFEE, PAUL	OWOSSO, MI	2002
M 65	0:00:30.09	DOBLER, WALLY	LANSING, MI	2002
M 70	0:00:31.32	DOBLER, WALLY	LANSING, MI	2004
M 75	0:00:33.33	MUCK, DUANE	ADRIAN, MI	2003
M 80	0:00:45.61	DOUD, ROBERT	BATTLE CREEK, MI	2003
M 85	0:00:34.22	EATON, JEFF	ST CLAIR SHORES, MI	2000
M 90	0:01:02.90	SHEATHELM, REX	MUSKEGON, MI	2002

100Y BACKSTROKE				
F 50	0:01:42.04	TEICHMAN, KAREN	MARQUETTE, MI	2002
F 55	0:01:44.30	JOHNSON, BETTY	OKEMOS, MI	2000
F 60	0:01:54.80	BUCK, KITTY	RANDVILLE, MI	2000
F 65	0:01:39.79	STRALEY, SUE	FLUSHING, MI	2001
F 70	0:01:47.14	CLARKE, MARY	GRAND RAPIDS, MI	2003
F 75	0:01:57.14	NOCHMAN, LOIS	HUNTINGTON WDS, MI	2002
F 80	0:02:14.20	GLUSAC, EDITH	DETROIT, MI	2000
F 85	0:02:33.03	GLUSAC, EDITH	DETROIT, MI	2004
F 90				
M 50	0:01:09.90	BEERS, JOHN	JENISON, MI	2000
M 55	0:01:25.41	BECK, MARSHALL	CLARKSTON, MI	2004
M 60	0:01:15.39	DIGET, DAVID	MATTAWAM, MI	2003
M 65	0:01:16.00	MARTIN, RAY	NORTHVILLE, MI	2002
M 70	0:01:21.27	WEDDELL, ROBERT	BRIGHTON, MI	2001
M 75	0:01:47.78	CHOPP, CARLTON	ALLEGAN, MI	2005
M 80	0:05:21.94	LOVELESS, RALPH	ROCKFORD, MI	2004
M 85	0:02:39.69	CLASS, HARRY	KITCHNER, MI	2005
M 90				

100 Y BREASTSTROKE				
F 50	0:01:39.42	ENMARK, MARILYN	STERLING HEIGHTS, MI	2002
F 55	0:01:46.00	STILLWELL, MICKEY	GRAND RAPIDS, MI	2004
F 60	0:01:40.80	EWERS, SIGRID	LAPEER, MI	2000
F 65	0:01:59.84	KOPPERUD, TOVA	AMARILLO, TX	2002
F 70	0:02:15.56	VANZOEREN, JOAN	KALAMAZOO, MI	2005
F 75	0:01:56.20	NOCHMAN, LOIS	HUNTINGTON WDS, MI	2000
F 80	0:02:26.30	GLUSAC, EDITH	DETROIT, MI	2000
F 85				
F 90				
M 50	0:01:16.36	VARANASI, SEKHAR	TROY, MI	2004
M 55	0:01:22.34	GLASSBURN, ROBERT	GRAND RAPIDS, MI	2003
M 60	0:01:31.38	CLAIR, RUSSELL	ROCHESTER, MI	2004

State Records

M 65	0:01:29.57	DOBLER, WALLY	LANSING, MI	2002	F 85	0:05:48.36	GLUSAC, EDITH	DETROIT, MI	2004
M 70	0:01:42.36	BREMMER, BART	MIDLAND, MI		F 90				
	2001				F 95				
M 75	0:01:55.96	EDWARDS, FREDDY	DETROIT, MI	2000	M 50	0:02:26.11	THOMPSON, FRANK	WEST BLOOMFIELD, MI	2002
M 80					M 55	0:02:50.38	PASH, GREGORY	TRAVERSE CITY, MI	2005
M 85	0:03:24.97	EATON, JEFF	ST CLAIR SHORES, MI	2000	M 60	0:02:51.84	DIGET, DAVID	MATTAWAN, MI	2003
M 90					M 65	0:02:50.16	DIGET, DAVID	MATTAWAN, MI	2005
					M 70	0:03:11.68	DOBLER, WALLY	LANSING, MI	2004
					M 75	0:05:20.09	ANDERSON, WAYNE	KALAMAZOO, MI	2003
					M 80	0:05:44.92	SPREEN, JOHANNES	MARINE CITY, MI	2000
					M 85				
					M 90				
100 Y BUTTERFLY					200Y BREASTSTROKE				
F 50	0:01:59.24	MAXBAUER, CHRISTINE	TRAVERSE CITY, MI	2005	F 50	0:03:36.02	ENMARK, MARILYN	STERLING HGTS, MI	2002
F 55	0:02:01.92	TEICHMAN, KAREN	MARQUETTE, MI	2005	F 55	0:03:51.38	JANSEN, JUDITH	KALAMAZOO, MI	2005
F 60	0:01:54.83	BRUIN, PEGGY	BYRON CENTER, MI	2004	F 60	0:03:40.78	EWERS, SIGRID	LAPEER, MI	2000
F 65	0:02:17.70	WILLIAMS, MARY	REDFORD, MI		F 65	0:04:21.38	KOPPERUD, TOVA	AMARILLO, TX	2002
	2002				F 70	0:04:48.79	VANZOEREN, JOAN	KALAMAZOO, MI	2005
F 70	0:02:20.43	DIGUISEPPE, THERESA	HOLLAND, MI	2000	F 75	0:04:37.06	NOCHMAN, LOIS	HUNTINGTON WDS,	2003
F 75	0:01:53.31	NOCHMAN, LOIS	HUNTINGTON WDS,MI	2001	F 80				
F 80	0:02:15.87	GLUSAC, EDITH	DETROIT, MI	2000	F 85				
F 85					F 90				
F 90					F 95				
M 50	0:01:08.47	MANGE, KENNETH	PORTAGE, MI	2005	M 50	0:02:50.51	VARANASI, SEKHAR	TROY, MI	2004
M 55	0:01:08.16	PASH, GREG	TRAVERSE CITY, MI	2005	M 55	0:03:04.72	PASH, GREGORY	TRAVERSE CITY, MI	2005
M 60					M 60	0:03:29.46	CLAIR, RUSSELL	ROCHESTER, MI	2004
M 65	0:01:15.26	DOBLER, WALLY	LANSING, MI	2002	M 65	0:03:21.29	DOBLER, WALLY	LANSING, MI	2000
M 70	0:01:21.54	DOBLER, WALLY	LANSING, MI	2004	M 70	0:04:05.07	KORTEN, DON	BATTLE CREEK, MI	2000
M 75	0:01:52.08	EDWARDS, FREDDY	DETROIT, MI	2000	M 75	0:03:01.73	QUIGLEY, ARLON	TROY, MI	2002
M 80	0:02:14.45	DOUD, ROBERT	BATTLE CREEK, MI	2003	M 80	0:05:10.19	DOUD, ROBERT	BATTLE CREEK, MI	2004
M 85					M 85	0:06:57.54	EATON, JEFF	ST CLAIR SHORES, MI	2000
M 90					M 90				
100Y FREESTYLE					200Y FREESTYLE				
F 50	0:01:19.61	TEICHMAN, KAREN	MARQUETTE, MI	2002	F 50	0:03:03.78	TEICHMAN, KAREN	MARQUETTE, MI	2003
F 55	0:01:21.66	KOWALSKI, JOYCE	MARINE CITY, MI	2000	F 55	0:03:10.97	TEICHMAN, KAREN	MARQUETTE, MI	2005
F 60	0:01:32.27	RATTRAY, KATHRYN	BURLINGTON, OT	2000	F 60	0:03:15.63	RATTRAY, KATHRYN	BURLINGTON, OT	2000
F 65	0:01:36.08	MCINTOSH, FRANCES	GUELPH, OT	2000	F 65	0:03:17.92	MCINTOSH, FRANCES	GUELPH, OT	2000
F 70	0:01:46.98	DIGUISEPPE, THERESA	HOLLAND, MI	2000	F 70	0:04:29.28	WILLIAMS, MARY	REDFORD,MI	
F 75	0:01:33.12	NOCHMAN, LOIS	HUNTINGTON WDS, MI	2000		2002			
F 80	0:02:10.96	CRANDELL, SHIRLEY	WILLOWDALE, MI	2005	F 75	0:03:29.84	NOCHMAN, LOIS	HUNTINGTON WDS, MI	2001
F 85	0:03:14.50	FORSTER, MARTHA	TRAVERSE CITY, MI	2002	F 80	0:05:00.63	CRANDELL, SHIRLEY	WILLOIDALE, ON	2005
F 90					F 85	0:06:04.62	FORSTER, MARTHA	TRAVERSE CITY, MI	2002
M 50	0:01:03.42	BOWMAN, CRAIG	ROCHESTER, MI	2002	F 90				
M 55	0:01:01.50	PAWLOWSKI, MARK	THREE RIVERS, MI	2005	M 50	0:02:40.45	BAUER, MICHEAL	GRAND RAPIDS, MI	2001
M 60	0:01:03.00	DIGET, DAVID	MATTAWAN, MI	2003	M 55	0:02:29.63	KROEGER, DONALD	MONROE, MI	
M 65	0:01:09.80	DOBLER, WALLY	LANSING, MI	2001		2003			
M 70	0:01:20.40	MUCK, DUANE	ADRIAN, MI	2001	M 60	0:02:25.26	BUYS, JOE	ST. CLAIR SHORES, MI	2004
M 75	0:01:17.25	MUCK, DUANE	ADRIAN, MI	2003	M 65	0:02:39.84	DOBLER, WALLY	LANSING, MI	2003
M 80	0:01:44.18	DOUD, ROBERT	BATTLE CREEK, MI	2003	M 70	0:02:49.26	DOBLER, WALLY	LANSING, MI	2004
M 85	0:01:58.75	CLASS, HARRY	KITCHNER, MI	2005	M 75	0:03:15.88	MUCK, DUANE	ADRIAN, MI	2003
M 90	0:02:31.99	SHEATHELM, REX	MUSKEGON, M	2002	M 80				
100Y INDIVIDUAL MEDLEY					200Y INDIVIDUAL MEDLEY				
F 50	0:01:38.41	TEICHMAN, KAREN	MARQUETTE, MI	2003	M 85	0:06:13.62	MCCONNELL, ROBERT	HILLSDALE, MI	2001
F 55	0:01:42.70	JANSEN, JUDITH	KALAMAZOO, MI	2005	M 90	0:06:16.20	SHEATHELM, REX	MUSKEGON	2003
F 60					200Y INDIVIDUAL MEDLEY				
F 65	0:01:58.33	GOGOLA, LAURA	BERKLEY, MI	2002	F 50	0:03:51.91	MAXBAUER, CHRISTINE	TRAVERSE CITY, MI	2005
F 70	0:01:55.91	CLARKE, MARY	GRAND RAPIDS, MI	2003	F 55	0:03:33.92	JOHNSON, BETTY	OKEMOS, MI	2000
F 75	0:01:53.08	NOCHMAN, LOIS	HUNTINGTON WDS, MI	2002	F 60	0:03:47.34	BRUIN, PEGGY	BYRON CENTER, MI	2004
F 80					F 65	0:04:14.51	STEVENS, ANN	EVANSTON, IL	2000
F 85	0:02:51.47	GLUSAC, EDITH	TROY, MI	2004	F 70	0:03:58.83	CLARKE, MARY	GRAND RAPIDS, MI	2002
F 90					F 75	0:03:52.30	NOCHMAN, LOIS	HUNTINGTON WDS, MI	2000
F 95					F 80	0:05:29.15	GLUSAC, EDITH	DETROIT, MI	2000
M 50					F 85	0:06:25.37	GLUSAC, EDITH	DETROIT, MI	2004
M 55	0:01:15.43	BRENNER, THOMAS	STURGIS, MI	2005	F 90				
M 60	0:01:12.73	BUYS, JOE	ST. CLAIR SHORES, MI	2005	M 50	0:02:30.37	THOMPSON, FRANK	WEST BLOOMFIELD, MI	2002
M 65	0:01:13.15	DOBLER, WALLY	LANSING, MI	2002	M 55	0:02:40.64	PASH, GREGORY	TRAVERSE CITY, MI	2005
M 70	0:01:47.50	LESAGE, WILLIAM	ROCKWOOD, MI	2003	M 60	0:02:52.95	DAVID DIGET	MATTAWAN, MI	2003
M 75	0:01:51.78	EDWARDS, FREDDY	DETROIT, MI	2002	M 65	0:02:50.66	DOBLER, WALLY	LANSING, MI	2001
M 80	0:02:18.01	DOUD, ROBERT	BATTLE CREEK, MI	2003	M 70	0:03:04.08	DOBLER, WALLY	LANSING, MI	2004
M 85					M 75	0:04:36.47	EDWARDS, FREDDY	DETROIT, MI	2001
M 90					M 80	0:04:57.48	DOUD, ROBERT	BATTLE CREEK, MI	2004
M 95					M 85				
					M 90				
200Y BACKSTROKE					400Y FREESTYLE				
F 50	0:04:27.63	CORDES, LAUREL	THREE RIVERS, MI	2004	F 50				
F 55	0:04:36.01	LANE, VIRGINA	SAGINAW, MI	2004	F 55	0:08:59.64	BRUIN, PEGGY	BYRON CENTER, MI	2000
F 60	0:03:59.90	RATTRAY, KATHRYN	BURLINGTON, OT	2000	F 60	0:08:39.39	RATTRAY, KATHRYN	BURLINGTON, OT	2000
F 65	0:03:59.90	BRUIN, PEGGY	BYRON CENTER, MI	2004	F 65	0:08:44.21	MCINTOSH, FRANCES	GUELPH, OT	2000
F 70	0:03:43.11	CLARKE, MARY	GRAND RAPIDS, MI	2001	F 70				
F 75	0:03:43.11	CLARKE, MARY	GRAND RAPIDS, MI	2002	F 75				
F 80	0:05:24.67	GLUSAC, EDITH	DETROIT, MI	2003	F 80				

State Records

F	85				
F	90				
M	50				
M	55	0:11:58.87	FLAKER, MICHAEL	SHELBY TWP, MI	2000
M	60				
M	65	0:07:34.58	DOBLER, WALLY	LANSING, MI	2000
M	70	0:09:33.80	ANDERSON, WAYNE	KALAMAZOO, MI	2000
M	75	0:11:03.24	DOUD, ROBERT	BATTLE CREEK, MI	2000
M	80	0:11:59.64	SPREEN, JOHANNES	MARINE CITY, MI	2000
M	85	0:14:35.37	EATON, JEFF	ST CLAIR SHORES, MI	2000
M	90				

500Y FREESTYLE

F	50	0:08:00.67	FIELD, SHON	KALAMAZOO, MI	2005
F	55	0:06:04.77	TEICHMAN, KAREN	MARQUETTE, MI	2004
F	60				
F	65	0:08:38.86	GOGOLA, LAURA	BERKLEY, MI	2002
F	70	0:11:31.43	WILLIAMS, MARY	REDFORD, MI	2002
F	75				
F	80	0:14:47.37	VENCELOV, DORTHY	DEARBORN, MI	2002
F	85	0:16:09.95	FORSTER, MARTHA	TRAVERSE CITY, MI	2002
F	90				
M	50	0:07:36.96	FIELD, SAMUEL	KALAMAZOO, MI	2005
M	55	0:06:22.34	PASH, GREGORY	TRAVERSE CITY, MI	2005
M	60	0:06:36.79	BUYS, JOE	ST. CLAIR SHORES, MI	2005
M	65	0:06:59.61	DOBLER, WALLY	LANSING, MI	2002
M	70	0:09:11.31	SCHILLINGER, ERNEST	ROCHESTER, MI	2003
M	75	0:09:37.95	GRAVES, RICHARD	TRAVERSE CITY, MI	2005
M	80				
M	85				
M	90				

Track & Field

100M

F	50	0:00:14.45	KANTAK, GAIL	MIDLAND, MI	2004
F	55	0:00:15.75	SARNAIK, SHARADA	GROSSE POINTE, MI	2003
F	60	0:00:16.40	EISENBRAUN, CAROL	BATTLE CREEK, MI	1996
F	65	0:00:27.50	AMBROSE, CHARLOTTE	COMSTOCK PARK, MI	2004
F	70	0:00:17.08	HOLLAND, MARY	COMSTOCK PARK, MI	1994
F	75	0:00:18.35	HOLLAND, MARY	COMSTOCK PARK, MI	1999
F	80	0:00:21.08	HOLLAND, MARY	COMSTOCK PARK, MI	2004
F	85	0:00:34.14	RAY, DOROTHY	PORTAGE, MI	2002
F	90				
M	50	0:00:12.28	ZLOBICKI, ZIGGY	FARMINGTON HILLS, MI	2004
M	55	0:00:12.57	WALLACE, RALPH	ANN ARBOR, MI	2002
M	60	0:00:12.81	BUTTS, TIM	FERNDALE, MI	2003
M	65	0:00:13.06	SOCHOR, CHUCK	GOWEN, MI	1994
M	70	0:00:14.80	SHAW, DEAN	HIGHLAND, MI	2001
M	70	0:00:14.80	ALCOCER, ERNEST	DEARBORN HEIGHTS, MI	2002
M	75	0:00:14.78	SHAW, DEAN	HIGHLAND, MI	2002
M	80	0:00:15.50	KENNEL, TOM	SANTA ROSA BEACH, FL	2001
M	85	0:00:18.40	BOESENHOFER, JOHN	TOLEDO, OH	2000
M	90	0:00:24.02	BOESENHOFER, JOHN	TOLEDO, OH	2005

200M

F	50	0:00:30.97	KANTAK, GAIL	MIDLAND, MI	2002
F	55	0:00:32.96	ROBINSON, MARY	GAHANNA, OH	1999
F	60	0:00:34.90	EISENBRAUN, CAROL	BATTLE CREEK, MI	1996
F	65	0:00:41.70	JOHNSON, GEORGIA	LANSING, MI	1998
F	70	0:00:41.10	JOHNSON, GEORGIA	LANSING, MI	2001
F	75	0:00:43.47	HOLLAND, MARY	COMSTOCK PARK, MI	1999
F	80	0:00:58.04	HOLLAND, MARY	COMSTOCK PARK, MI	2004
F	85	0:01:20.64	RAY, DOROTHY	PORTAGE, MI	2002
F	90				
M	50	0:00:25.84	ZLOBICKI, ZBIGY	FARMINGTON, MI	2003
M	55	0:00:25.85	LLOYD, ROBERT	FENNVILLE, MI	1999
M	60	0:00:27.68	BONHAM, FRANK	GLADWIN, MI	2002
M	65	0:00:28.01	SOCHOR, CHUCK	LINCOLN LAKE, MI	1994
M	70	0:00:30.04	HIPPLE, JACK	SOUTH LYON, MI	1994
M	75	0:00:31.29	SHAW, DEAN	HIGHLAND, MI	2002
M	80	0:00:35.20	KENNEL, TOM	SANTA ROSA BEACH, FL	2001
M	85	0:00:43.80	BOESENHOFER, JOHN	TOLEDO, OH	2000
M	90				

400M

F	50	0:01:12.45	KANTAK, GAIL	MIDLAND, MI	
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					2002
F	55	0:01:14.29	ROBINSON, MARY	GAHANNA, OH	1999
F	60	0:01:21.60	ESIENBRAUN, CAROL	BATTLE CREEK, MI	1996
F	65	0:02:04.21	JOHNSON, GEORGIA	LANSING, MI	1999
F	70	0:01:43.95	DUGAL, CAROL	GRAND BLANC, MI	2002
F	75	0:01:57.04	HOLLAND, MARY	COMSTOCK PARK, MI	1999
F	80	0:02:18.30	HOLLAND, MARY	COMSTOCK PARK, MI	2004
F	85	0:03:24.25	RAY, DOROTHY	PORTAGE, MI	2002
F	90				
M	50	0:00:57.50	LLOYD, ROBERT	FENNVILLE, MI	1996
M	55	0:00:57.75	LLOYD, ROBERT	FENNVILLE, MI	1999
M	60	0:01:03.60	BONHAM, FRANK	GLADWIN, MI	2002
M	65	0:01:03.00	SOCHOR, CHUCK	GOWEN, MI	1993
M	70	0:01:11.40	BEALL, JAMES	WATERFORD, MI	2000
M	75	0:01:21.41	HIPPLE, JACK	SOUTH LYON, MI	1999
M	80	0:01:45.40	WINTER, FREDERICK	HOLLAND, MI	1996
M	85	0:02:05.40	LAWRENCE, PHIL	SUN LAKES, AZ	2001
M	90	0:02:08.30	WINTERS, FREDRICK	HOLLAND, MI	2005

800M

F	50	0:02:59.60	KANTAK, GAIL	MIDLAND, MI	2002
F	55	0:02:52.48	THELEN, RUTH	ST JOHNS, MI	1999
F	60	0:03:17.00	THELEN, RUTH	ST JOHNS, MI	2005
F	65	0:04:30.30	HARDY, ANNETTE	TRAVERSE CITY, MI	1999
F	70	0:04:13.02	DEAN, CAROL	ROCHESTER, MI	2004
F	75	0:04:39.10	VARANI, MARY	STERLING HEIGHTS, MI	1996
F	80				
F	85	0:07:15.58	RAY, DOROTHY	PORTAGE, MI	2002
F	90				
M	50	0:02:24.50	AVERY, DAVID	STROCKBRIDGE, MI	2005
M	55	0:02:18.29	GAIDE, DALE	PARMA, MI	2002
M	60	0:02:28.93	MILLER, JACK	LEWIS CENTER, OH	1999
M	65	0:02:49.63	WHITE, JERRY	DEARBORN, MI	2003
M	70	0:02:43.30	BEALL, JAMES	WATERFORD, MI	2000
M	75	0:03:23.90	GATES, HAROLD	SAGINAW, MI	2000
M	80	0:04:34.40	WINTER, FREDERICK	HOLLAND, MI	1996
M	85	0:04:32.55	LAWRENCE, PHIL	SUN LAKES, AZ	1999
M	90				

1500M

F	50	0:06:15.60	FIELD, SHIN	KALAMAZOO, MI	2005
F	55	0:06:20.30	THELEN, RUTH	ST JOHNS, MI	2000
F	60	0:07:37.06	DASEN, MARY	PERRY, MI	1991
F	65	0:09:02.60	HARDY, ANNETTE	TRAVERSE CITY, MI	2001
F	70	0:08:18.00	VARANI, MARY	STERLING HEIGHTS, MI	1992
F	75	0:11:22.66	NICHOLS, MARY	DEARBORN, MI	1992
F	80	0:12:53.07	NICHOLS, MARY	DEARBORN, MI	1994
F	85	0:14:43.53	RAY, DOROTHY	PORTAGE, MI	2002
F	90	0:28:06.00	SAGE, ELEANOR	CLARE, MI	2002
M	50	0:04:53.90	NEHIL, TOM	KALAMAZOO, MI	2005
M	55	0:05:05.00	RAVINS CROFT, ALVIN	GRAND RAPIDS, MI	1993
M	60	0:05:16.76	MALACZYNSKI, GERALD	BLOOMFIELD, MI	2004
M	65	0:05:40.06	BEALL, JAMES E	WATERFORD, MI	1994
M	70	0:05:51.40	BEALL, JAMES E	WATERFORD, MI	2000
M	75	0:06:32.88	EVANS, JOHN	GRANDVILLE, MI	1992
M	80				
M	85	0:11:49.80	STEELE, HERBERT	ST PETERSBURG, FL	1996
M	90				

DISCUS

F	50	92'14.00"	MCGINESS, LINDA	LAKE CITY, MI	2003
F	55	87'07.5"	GRIFFITH, CAROL	STURGIS, MI	2000
F	60	82'10.0"	GRIFFITH, CAROL	STURGIS, MI	2005
F	65	60'08.0"	SAMPSON, LUCILLE	CARLISLE, MI	1996
F	70	55'08.0"	LEMANSKI, PATRICIA	KALAMAZOO, MI	2005
F	75	53'11.0"	GAWURA, JERRY	CANTON, MI	1996
F	80	51'04.0"	GAWURA, JERRY	CANTON, MI	2000
F	85	39'09.0"	GAWURA, JERRY	CANTON, MI	2005
F	90				
M	50	141'07.0"	GEORGE, HILARY	LANSING, MI	1999
M	55	147'02.00"	GEORGE, HILARY	LANSING, MI	2004
M	60	137'06.0"	KELLEDES, JIM	MARLETTE, MI	1992
M	65	123'03.0"	KELLEDES, JIM	MARLETTE, MI	1993
M	70	117'07.0"	SAMPSON, CLIFFORD	CARLISLE, MI	1996
M	75	113'08.50"	EZERINS, KARLIS	THREE RIVERS, MI	2001
M	80	084'04.00"	ELLIOTT, KENNETH	GOOD HART, MI	1997
M	85	70'07.0"	ELLIOTT, KENNETH	GOOD HART, MI	1999
M	90	69'05.0"	SIMMONS, KENNETH	ANN ARBOR, MI	2000

HIGH JUMP

F	50	03'10.0"	KANTAK, GAIL	MIDLAND, MI	2005
F	55	04'02.0"	MARTIN, CHERIE ANN	LASALLE ONTARIO	2000

State Records

F 60	03'06.0"	HINSHON, NANCY	NORTHVILLE, MI	1999	M 50	16'06.00"	BROWN, CHARLES	STURGIS, MI	2005
F 65	03'00.0"	HOLLAND, MARY	COMSTOCK PARK, MI	1991	M 55	15'42.00"	PAKIET, ZIGGY	TROY, MI	2003
F 70	03'03.0"	QUIGLEY, PEG	TROY, MI	2000	M 60	15'03.00"	MONROE, LOREN	DETROIT, MI	1995
F 75					M 65	14'09.00"	ROTHLEY, WILLIAM	LIVONIA, MI	1999
F 80					M 70	13'10.00"	ROTHLEY, WILLIAM	LIVONIA, MI	
F 85						2004			
F 90					M 75	12'05.50"	SOCHOR, CHUCK	GOWEN, MI	2002
M 50	04'09.25"	POCAN, JAMES	LANSING, MI	2003	M 80	10'40.00"	RUSSELL, NILE	WALLED LAKE, MI	2003
M 55	04'08.0"	RICHARDSON, REUBEN	GRAND RAPIDS, MI	2000	M 85	09'04.50"	BOESENHOFER, JOHN	TOLEDO, OH	2002
M 60	04'08.0"	NEWMAN, ROGER	OTSEGO, MI	1996	M 90	08'07.00"	BOESENHOFER, JOHN	TOLEDO, OH	
M 65	04'08.0"	MONROE, LOREN	DETROIT, MI	2000		2005			
M 70	04'04.0"	GREEN, FRANCIS	NILES, MI	1994	POLE VAULT				
M 75	04'00.0"	BOESENHOFER, JOHN	TOLEDO, OH	1991	F 50	05'06.00"	MCGINESS, LINDA	LAKE CITY, MI	2003
M 75	04'00.0"	MORNIGSTAR, HAMILTON	YPSILANTI, MI	1994	F 55				
M 80	03'20.0"	BUSCHMAN, MELVIN	EAST LANSING, MI	2004	F 60	05'01.00"	HINSHON, NANCY	NORTHVILLE, MI	2001
M 80	03'10.0"	BOESENHOFER, JOHN	TOLEDO, OH	1996	F 65				
M 85	03'08.0"	BOESENHOFER, JOHN	TOLEDO, OH	2000	F 70				
M 90					F 75				
					F 80				
					F 85				
					F 90				
JAVELIN					M 50	11'00.00"	KOOYER, WALT	HOLLAND, MI	2000
F 50	058'04.00"	SERRA, PAULA	WATERFORD, MI	2005	M 55	11'00.00"	KOOYER, WALT	HOLLAND, MI	2003
F 55	089'02.75"	GRIFFITH, CAROL	STURGIS, MI	2000	M 60	09'03.00"	BOOTH, HOWARD	GREGORY, MI	
F 60	068'11.00"	GRIFFITH, CAROL	STURGIS, MI	2005		2005			
F 65	067'00.00"	LEMANSKI, PATRICIA	KALAMAZOO, MI	2002	M 65	08'03.00"	LAMB, JOHN	HOLLAND, MI	1999
F 70	057'08.00"	LEMANSKI, PATRICIA	KALAMAZOO, MI	2004	M 70	08'05.00"	LAMB, JOHN	HOLLAND, MI	2004
F 75	050'02.00"	GAWURA, JERRY	CANTON, MI	1994	M 75	06'06.00"	MORNIGSTAR, HAMILTON	YPSILANTI, MI	1994
F 80	040'07.00"	GAWURA, JERRY	CANTON, MI	2001	M 80	05'06.00"	BOESENHOFER, JOHN	TOLEDO, OH	1995
F 85	035'11.0"	GAWURA, JERRY	CANTON, MI	2004	M 85	05'00.00"	BOESENHOFER, JOHN	TOLEDO, OH	2000
F 90					M 90	03'06.00"	BOESENHOFER, JOHN	TOLEDO, OH	2005
M 50	146'08.50"	GEORGE, HILARY	LANSING, MI	2001	SHOT PUT				
M 55	144'04.0"	MCGRUDER, MALACHI	DETROIT, MI	1996	F 50	37'09.0"	SZANTO, ERIKA	OLMSTEAD FALLS, OH	1996
M 60	145'00.00"	MCGRUDER, MALACHI	DETROIT, MI	2002	F 55	30'11.5"	MARTIN, CHERIE ANN	LASALLE ONTARIO	2000
M 65	140'00.00"	KOSTER, STANLEY	HOLLAND, MI	2001	F 60	27'07.75"	GRIFFITH, CAROL	STURGIS, MI	2005
M 70	124'03.00"	KOSTER, STANLEY	ZEELAND, MI	2005	F 65	26'03.2"	SAMPSON, LUCILLE	CARLISLE, MI	1996
M 75	98'01.00"	EZERNIS, KARLIS	THREE RIVER, MI		F 70	24'00.0"	GAMBLE, CLARA	KALAMAZOO, MI	2000
	2002				F 75	20'03.0"	GAMBLE, CLARA	KALAMAZOO, MI	2005
M 80	076'07.5"	ELLIOTT, KENNETH	GOOD HART, MI	1996	F 80	18'07.0"	GAWURA, JERRY	CANTON, MI	1999
M 85	066'06.0"	SIMMONS, KENNETH	ANN ARBOR, MI	1995	F 85	17'00.0"	GAWURA, DOROTHY	PORTAGE, MI	2005
M 90	043'04.05"	WINTER FREDRICK	HOLLAND, MI	2005	F 90				
M 95	025'06.0"	BUTTERS, EDWIN	COLDWATER, MI	2004	M 50	45'10.0"	GEORGE, HILARY	LANSING, MI	1999
					M 55	45'02.75"	GEORGE, HILARY	LANSING, MI	2005
LONG JUMP					M 60	43'05.0"	KELLEDES, JIM	MARLETTE, MI	1991
F 50	15'42.00"	GOTHRO-DEFEVER, KATHY	ASHLEY, MI	2003	M 65	38'03.3"	KELLEDES, JIM	MARLETTE, MI	1993
F 55	12'14.00"	SARNAIK, SHARADA	GROSSE POINTE, MI	2003	M 70	46'08.0"	LOOMAN, HERBERT	KENTWOOD, MI	1991
F 60	11'03.00"	HINSHON, NANCY	NORTHVILLE, MI	2002	M 75	34'04.50"	EZERINS, KARLIS	THREE RIVERS, MI	2001
F 65	09'05.50"	LEMANSKI, PATRICIA	KALAMAZOO, MI		M 80	32'04.0"	SIMMONS, KENNETH	ANN ARBOR, MI	1991
	2000				M 85	26'07.0"	SIMMONS, KENNETH	ANN ARBOR, MI	1995
F 70	09'02.75"	DUGAL, CAROL	GRAND BLANC, MI	2002	M 90	22'04.25"	SIMMONS, KENNETH	ANN ARBOR, MI	2000
F 75	09'05.00"	HOLLAND, MARY	COMSTOCK, MI	1999					
F 80	08'70.00"	HOLLAND, MARY	COMSTOCK, MI	2004					
F 85									
F 90									




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2006 Update

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the 2006

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In Kalamazoo, July 8th -15th , 2006

**Watch for registration booklet in April. If you
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