

Free Throw Contest Rules:

- Practice shots: each contestant will be allowed 2 practice free throw shots when they step up to the line. If they do not want to take the practice shots they must let the scorekeeper know. Both the scorekeeper and contestant must announce the start of the 20 free throws.
- Each Contestant will shoot two sets of 20 Consecutive free throws. We will then take the score from your best set. (20 is the max score)
- Any shooting violation (stepping on or over the foul line) will count as a missed shot.
- In an event of a tie, we will have the tied players compete in a 5 shot overtime round. If the score is still tied they will continue 1 shot shootout rounds until a winner is determined.

3 Point Contest Rules:

- Each contestant will attempt 3 shots from 5 designated locations on the floor behind the arc. (pictured below). (Each contestant will get to do 2 rounds and we will take your best score.)
- All 3 shots must be completed in order at each designated spot before moving on to next location but you may start in any order.
- Every made basket counts as 1 point.
- Any shooting violation (stepping on or over the 3 point line) will count as a missed shot on that attempt, with the exception of the 80+ age groups. Anyone ages 80+ will have the option of taking one step in from the 3 point arch.
- After all 15 shots are completed, the contestant will have an opportunity for 2 “bonus shots” which can be shot at any location of the contestants liking behind the 3 point line, any made “bonus” shot constitutes 2 points to the contestants overall score.
- The contestant with the highest score after all shots are completed will be the winner. Max score 19.
- In the event of a tie, we will have the tied players do a 1 shot shoot-out until a winner is determined.

